



Denton County MHMR Center

Resource Packet

24-Hour Crisis Hotline:
(800) 762-0157
(940) 387-5555

Locations:

Denton Outpatient Clinic

2519 Scripture
Post Office Box 2346
Denton, TX 76202
(940) 381-5000
(940) 383-1804 (fax)

Services Include:

Intake, Crisis Intake/Program, Adult Mental Health Program, Child & Adolescent Mental Health Program. (Both locations)

Crisis Outpatient Clinic

(Psychiatric Triage Clinic)
2509 Scripture Street
Suite 103
Denton, TX 76201
(940) 381-9965

Services include: 24/7 Crisis Intervention,
Intake, Support and Referral

McKinney Outpatient Clinic

3835 Morse Street
Suite 101
Denton, TX 76208
940-891-0970

Services Include: HCS Care Coordination,
HCS Residential, Community Support/Vocational,
HCS Family Living Services, Connections Program

Lewisville Outpatient Clinic

101 East Corporate Drive
Suite 180
Lewisville, TX 76057
(214) 488-0121
(972) 459-2642 (fax)

Morse Street Clinic

3827 Morse Street
Suite 101
Denton, TX 76208
940-381-5000

Services Include: HCS Service Coordination

HELPFUL PHONE NUMBERS

Attorney General (Child Support Division)	(469) 241-6500
Animal Control for the City of Denton	(940) 349-1600
Animal Control for Denton County	(940) 349-7594
Bereaved Parents of North Texas	(940) 387-1074
City of Argyle	(940) 464-7273
City of Aubrey	(940) 440-9343
City of Corinth	(940) 498-3200
City of Denton	(940) 349-8200
City of Justin	(940) 648-2541
City of Krugerville	(940) 365-5833
City of Krum	(940) 482-3491
City of Lake Dallas	(940) 497-2226
City of Lewisville	(972) 219-3400
City of Pilot Point	(940) 686-2165
City of Ponder	(940) 479-2396
City of Sanger	(940) 458-7930
City of Tioga	(940) 437-2351
Denton Chamber of Commerce	(940) 382-9693
Denton County Juvenile Probation	(940) 349-2400
Denton Independent School District	(940) 369-0000
Denton Public Library	(940) 349-8752
Denton Record-Chronicle	(940) 387-3811
Department of Family Protective Services	(940) 387-8544
Fire Marshall/ Emergency Management	(940) 349-2840
Lewisville Chamber of Commerce	(972) 346-9571
Lewisville Public Library	(972) 219-3570
Mayor/ City Council of Denton	(940) 349-7717
North Central Texas College	(940) 498-6282
Texas Department of Public Safety	(940) 484-6666
Texas Woman's University	(940) 898-2000
United Way of Denton County, Inc.	(940) 566-5851
Univesity of North Texas	(940) 565-2000
United States Post Office	(940) 387-8555
Voters Registration	(940) 349-3200

POLICE DEPARTMENTS

Argyle Police
PO Box 609
Argyle, TX 76226
940-464-7254

Aubrey Police
108 E Elm St. Aubrey,
TX 76227
940-365-2601

Bridgeport Police
1000 Thompson St.
Bridgeport, TX 76206
940-683-3430

Carrollton Police
2025 E. Jackson Rd.
Carrollton, TX 75006
972-466-3333

The Colony Police
5151 N. Colony Blvd. The
Colony, TX 75056
972-625-1887

Corinth Police
2003 S. Corinth St.
Corinth, TX 76210
940-498-2017

Cross Roads Police
100 Kruger Rd
Krugerville, TX 76227
940-365-2029

Decatur Police
1601 S. State St.
Decatur, TX 76234
1-940-627-1500

Denton Police
601 East Hickory
Denton, TX 76201
940-349-8181

Double Oak Police
320 Waketon
Double Oak, TX 75077
972-355-5995

Flower Mound Police
4150 Kirkpatrick Lane
Flower Mound, TX 75028
972-539-0525

Highland Village Police
1000 Highland Village Rd.
Highland Village, TX 75077
972-317-6551

Justin Police
Box 578
Justin, TX 76249
940-648-2541

Krugerville Police
100 Kruger Rd
Krugerville, TX 76227
940-365-2029

Krum Police
146 West Mccart
Krum, TX 76249
940-482-3171

Lake Dallas Police
PO Box 368
Lake Dallas, TX 75065
1-940-497-2228

Lewisville Police
PO Box 299002
Lewisville, TX 75029
972-219-3600

Little Elm Police
100 El Dorado West
Little Elm, TX 75068
214-975-0460

Pilot Point Police
100 West Main Street
Pilot Point, TX 76258
940-686-2969

Ponder Police
PO Box 297
Ponder, TX 76259
940-479-2396

Sanger Police
PO Box 578
Sanger, TX 76266
940-458-7444

TWU Police
Box 22867
Denton, TX 76204
940-898-2911

UNT Police
902 Avenue E Denton,
TX 76203
940-565-3000

Hotlines & Toll Free Numbers

CHILDREN

Abuse Hotline	(800) 252-5400
Child Care Information Hotline	(800) 862-5252
ChildHelp USA (missing children)	(800) 422-4453
Girls and Boys Town National Hotline	(800) 448-3000
Immunization Hotline	(800) 252-9152
Safe Riders (Infant Car Seats) Hotline	(800) 252-8255
National Missing/Exploited Children	(800) 843-5678
Attorney General Child Support Services	(800) 252-8014
SIDS Alliance	(800) 221-7437
National Runaway Switchboard	(800) 786-2929

YOUTH

Jason Foundation	(877) 778-2275
Texas Run Away Hotline	(800) 392-3352
Texas Youth Hotline	(800) 210-2278
The Trevor Lifeline	(866) 488-7386

SENIORS

AARP (Texas)	(866) 227-7443
Aging and Disability Resource Center	(877) 229-9084
Denton County Senior Center (local)	(940) 349-8720
Denton County SPAN (local)	(940) 243-8620
Department of Aging and Disability Services (60+ Hotline)	(800) 252-9240
Elder-Care Locator	(800) 677-1116
Legal Hotline for Older Texans	(800) 622-2520
Lewisville Senior Center (local)	(972) 219-5050
Medicare General Information	(800) 633-4227
Office of Attorney General Consumer Protection	(800) 252-8011
Social Security Administration	(800) 772-1213
Texas Department of Aging and Disability Services and Consumer Rights ...	(800) 458-9858

HEALTH & DISABLED

ALS (Lou Gehrig's)	(800) 782-4747
American Diabetes Association	(800) 342-2383
American Parkinson Disease Association	(800) 908-2732
Cancer Information Hotline	(800) 422-6237
Deaf Services	(800) 332-3873
Division of Blind Services (DARS)	(800) 628-5115
HIV/STD Hotline	(800) 299-2437
Infectious Disease Hotline	(800) 252-8239
National Alzheimer's Association	(800) 272-3900
Substance Abuse Database and Treatment Hotline	(800) 711-6375

ADDITIONAL RESOURCES

Abuse/Neglect Report Hotline	(800) 252-5400
Attorney General Crime Victim's Compensation	(800) 983-9933
Family Violence & Sexual Assault Legal Line	(800) 374-4673
Injured Worker's Hotline	(800) 252-7031
Lawyer Referral Service	(800) 252-9690
Family Law Hotline	(800) 777-3247
Literacy Hotline	(800) 441-7323
Mental Health & Drug Abuse Referral Hotline	(800) 662-4357
National Alcohol/Drug Referral	(800) 454-8966
National Domestic Violence Hotline	(800) 799-7233
National Sexual Assault Hotline	(800) 656-4673
Adapt Community Solutions (Mental Health/Chemical Dependency)	(800) 260-8000
Texas Workforce Commission Employer Hotline	(800) 832-9394
Texas Workforce Commission Unemployment Insurance Hotline	(800) 558-8321
Crisis Help Line	(800) 273-8255

Support Groups

Health Services of North Texas	(940) 381-1501
Alcoholics Anonymous	(940) 566-9989
ALS (Lou Gehrig's)	(800) 782-4747
Alzheimer's Caregivers	(940) 566-0902
Alzheimer's Association	(214) 827-0062
American Cancer Society	(940) 380-7908
Ann's Haven Hospice/VAA	(940) 349-5900
Bereaved Parents of North Texas	(940) 321-3302
Bulimia/Anorexia Peer Group	(940) 382-9965
Counseling Center of Denton	(940) 382-5328
Denton County MHMR	(940) 381-5000
Denton County Health Department	(940) 349-2900
Denton Regional Medical Center	(940) 384-3535
Diabetes	(940) 349-2900
Down Syndrome Partnership of Tarrant County	(817) 277-7064
Guild of Dallas Down Syndrome	(214) 267-1374
Friends of the Family	(940) 382-7273
La Leche League of Denton	(940) 383-5769
Medical Center of Lewisville	(972) 420-1000
Overeaters Anonymous	(505) 891-2664
Planned Parenthood of North Texas	(214) 363-2004
Texas Health Presbyterian Hospital Denton	(940) 898-7000
Women to Women Pregnancy Resource Center	(940) 383-4494

INFORMATION AND REFERRAL SERVICES

Statewide Information and Referral Services – 211 (landline)
1-877-541-7905 (cell phone)

COLLIN COUNTY

The Assistance Center of Collin County (972) 422-1125
Community Lifeline Center (McKinney) (972) 542-0020

COOKE COUNTY

United Way of Cooke County (940) 665-1793

DALLAS COUNTY

United Way of Metropolitan Dallas (214) 978-0000
211 - Texas (877) 541-7905

DENTON COUNTY

United Way of Denton County (940) 566-5851

GRAYSON COUNTY

United Way of Grayson County (903) 893-1920

TARRANT COUNTY

United Way of Tarrant County (817) 258-8000
Diocese of Fort Worth (Catholic Charities) (817) 281-6646

WISE COUNTY

United Way of Wise County (940) 627-2111
WARM (Wise Area Relief Mission) (940) 626-4676

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*Notes Spanish Speaking Staff available

Counseling and Therapy

***ABC Behavioral Health**

2626 Grove Hill Road – Dallas, TX – 75227 – (214) 275-8500 – abcbh.org

Mobile Crisis: 1(866) 260-8000 Suicide Hotline: (214) 828-1000

Español: (469) 955-0223

Psychiatric medication management, case management, dual disorders treatment, peer educational groups and supportive housing.

Manejo de medicamentos psiquiátricos, manejo de caso, tratamiento de enfermedades duales, grupos educacionales de pares y vivienda de apoyo.

AssuraSource

100 Allentown Parkway – Suite 206 – Dallas, TX – 75230 – (972) 233-1010 – assurasource.com

Provides in home mental health counseling to those in the DFW area. Accepts Medicaid & Medicare.

Caring Counseling

723 South I-35 East – Suite 106 – Denton, TX – 76205

Dr. Connie Danley: (940) 453-8846

Bob Danley, LPC: (940) 441-3962

Average cost per session \$50.

***CCD Counseling**

326 South Edmonds Lane – Lewisville, TX – 75067

1512 Scripture Street – Denton, TX – 76201

Scripture Doctors Park: 1614 Scripture Street – Suite 200 – Denton, TX – 76201

2727 Lyndon B Johnson Freeway – Suite 406 – Dallas, TX – 75234

(940) 382-5328/ 1 (800) 897-7068 – www.ccdcounseling.com

Intensive outpatient counseling, supportive outpatient counseling, anger management groups, ADHD assessments for youth and adults, workshops and classes available on divorce sanity, theft intervention, bullying intervention, and offers free family counseling.

Consejería intensiva, consejería de apoyo, grupos de manejo de enojo, evaluaciones de ADHD (Déficit de Atención con Hiperactividad) para jóvenes y adultos, talleres y clases sobre sanidad de divorcio, intervención de robo, intervención de bullying y ofrece consejería familiar gratis.

***CEMA of North Texas, LLC**

723 South I-35 East – Suite 222 – Denton, TX – 76205 – (940) 381-5010 – cema-nt.com

Child, adolescent, and adult counseling, marital counseling, family education, meditation and co-parenting classes available.

Consejería para niños, adolescentes y adultos, consejería de matrimonio, educación familiar, meditación y clases de co-paternidad disponible.

Christian Works for Children

5440 Harvest Hill Road #140 – Dallas, TX – 75230 – (970) 960-9981/ 1(800) 375-2229 – Christian-works.org

Individual, couples, and family therapy, adoption and post-adoption support groups, grief support for children (5-18 years old), and adults, support group for children experiencing divorce, and a free 1-week summer camp for children (5-17 years old) that have experienced the death of someone close.

***Child and Family Guidance Center**

Main Campus: 8915 Harry Hines Boulevard – Dallas, TX – 75235
4031 West Plano Parkway – Suite 211 – Plano, TX – 75093
120 West Main Street – Suite 220 – Mesquite, TX – 75149
Stephen J McManus – 210 West 10th Street – Dallas, TX – 75208
(214) 351-3490/ 1 (866) 695-3794 – childrenandfamilies.info

Clinical assessments, individual counseling, case management, psychiatric evaluation/diagnosis/medication management, community-based rehabilitative and skills training for adults and children, family and community education program. Sliding fee scale or insurance.

Evaluación clínica, consejería individual, manejo de caso, evaluación/diagnostico/manejo de medicamentos psiquiátricos, entrenamiento de rehabilitación para adultos y niños con habilidades en la comunidad. Se acepta seguro o cuota en escala.

Cumberland Presbyterian Children's Home

909 Greenlee Street – Denton, TX – 76201 – (940) 382-5112 – www.cpch.org

Children and adolescent residential program, safe residential care for single parent families, individual, couple, and family counseling, play therapy, and parent training.

Denton County Friends of the Family

4845 South I-35 – Suite 200 – Corinth, TX – 76210 – (940) 387-5131
Crisis Line: (940) 382-7273/ 1 (800) 572-4031

Professional group and individual counseling for child, adolescent, and adult survivors of relationship violence, sexual assault, and childhood sexual abuse, child and adolescent (3-17 years) counseling for victims or witnesses of relationship violence. Emergency shelter for survivors of relationship violence and sexual assault.

Denton Police Department Family Services Unit

601 East Hickory – Denton, TX – (940) 349-7909

Richard Godoy, MSSW-LCSW – Family Services Coordinator – richard.godoy@cityofdenton.com

Offers crisis intervention, short-term counseling, advocacy, education, information and referral to social services agencies.

Dr. Cindy Meyering LFMT

2008 Hollyhill Lane – Denton, TX – 76205 – (940) 453-4732

Serves 18 months & up, filial, play, individual, trauma recovery, and psychological issues related to medical diagnoses. Accepts Medicaid, Star, CHIP, Compcare and Private Pay.

Dr. Lisa M Elliott, PhD. (Cook's Children's)

3201 Teasley Lane – Suite 102 – Denton, TX – 76210 – (940) 484-4311

Serves children 4-18 years old. May have waitlist. Accepts most insurance including Medicaid/CHIP

Dr. Molly M. Arnold, PhD (Healthy Transitions)

101 West Main Street – Suite 103 – Lewisville, TX – 75052 – (972) 754-7308 – kfamilycounseling.com
6021 Morriss Road – Suite 110A – Flower Mound, TX – 75028

Family therapy, couples counseling, child and adolescent counseling, individual adult counseling and extended therapeutic assessments.

Dr. Susan A. Adams, PhD, LPC, NCC

225 West Hickory – Suite 121 – Denton, TX – 76201 – (940) 595-0940 – drsusanadams.com
3700 Forum – Suite 202 – Flower Mound, TX – 75208

Individual services include grief counseling, divorce counseling, adult survivors of past abuse, marital and premarital counseling, and Christian counseling. Confidential group counseling is also available.

***Family Tree Counseling (Through CCD Counseling Office)**

326 South Edmonds Lane – Suite 103 – Lewisville, TX – 75067

1614 Scripture Street – Suite 200 – Denton, TX – 76201

(940) 387-7517/ (888) 837-0666 Español: 1-800-972-3416 – familytreeprogram.org

Provides family counseling at no cost to families in Denton and Dallas Counties. Administered by CCD Counseling PA, The Family Tree Program provides family counseling to families who are experiencing change in life circumstances, school issues, behavioral issues, communication breakdowns, grief, and general family struggles.

Proporciona consejería de familia gratis a familias en los condados de Denton y Dallas. Administrado por CCD Counseling PA, el programa de Family Tree (Árbol de Familia), proporciona consejería familiar a familias pasando por cambios en circunstancias de la vida, problemas de escuela, problemas de conducta, falta de comunicación, luto y problemas generales de familia.

Family Wellness Center

131 Degan Avenue – Suite 103D – Lewisville, TX – 75057 – (972) 436-8881

Medicaid authorized provider for children and adolescents

***First Step Denton County Outreach Program**

1406 North Corinth Street – Denton, TX – 76208 – (940) 497-5576 – firststepdenton.com

Assists clients identify maladaptive patterns of thinking and behaviors through assessment, counseling, education and action plans.

Asiste a clientes a identificar patrones de pensamiento y comportamiento mal adaptados a través de evaluaciones, consejería, educación y planes de acción.

***Galaxy Counseling Center**

1025 Jupiter Road – Garland, TX – 75042 – (972) 272-4429 – galaxycounseling.org

2600 K Avenue – Suite 206 – Plano, TX – 75074

Individual therapy for adolescents and adults, family, play, and group therapy, couples counseling, psychological evaluations and testing, and depression screenings for teens and adults. Fee based on tiered basis.

Terapia individual para adolescentes y adultos, terapia de familia, de juego y en grupo, consejería de pareja, evoluciones y exámenes psicológicos, y pruebas en detección de depresión para adolescentes y adultos. Cuota basada en bases por niveles.

Gary Carpenter, PhD, LPC

5850 Town and Country Boulevard – Suite 801 – Frisco, TX – 75034 – (972) 377-4357

6600 Paige Road – The Colony, TX – 75056 – (972) 625-7407

Specializes in family violence. Sliding Scale Fee. Frisco and The Colony.

***Grace Counseling**

105 Kathryn Drive – Building 3 – Suite D – Lewisville, TX – 75067 – 1 (800) 972-0643

grace-counseling.com

Individual, couples, family and group therapy. Addiction counseling and relapse prevention, intensive outpatient program and caregiver family therapy.

Terapia individual, de pareja y en familia. Consejería de adicciones y prevención de recaída, programa ambulatorio intensivo y terapia para cuidadores de familia.

Healing Transitions Counseling

Barb Petsel, LPC, MS, FT, RN – healingtransitionscounseling.com

2809 Regal Road – Suite 110 – Plano, TX – 75075 – (214) 384-9272

Individual counseling for grief, job change, illness, relocation, divorce, care-giving, empty-nest adjustments and low self-esteem. Personal growth groups available.

Ichange Counseling & Psychiatry

608 North Bell Avenue – Denton, TX – 76204 – (940) 448-0304 – ichangetx.com

Counseling, coaching, testing, and psychiatric services for children, adolescents, and adults. For more details on services and fee rates contact main office. Accepts BlueCross/BlueShield.

Innovative Counseling Services

3740 North Josey Lane – Suite 156 – Carrollton, TX – 75007 – (469) 774-1305

innovativesounselingservices.com

Substance abuse, psychological evaluations, supportive outpatient and aftercare counseling for substance abuse issues Individual substance abuse and mental health counseling, anger management counseling, domestic abuse counseling and brief therapy.

Judy DeKuehn, M.Ed., LPC, NCC

501 South Carroll Boulevard – Suite 122 – Denton, TX – 76201 - (940) 380-1600

freshperspectivescounseling.com

Cognitive behavioral therapy, acceptance and commitment therapy, and dialectical behavioral therapy. Treats anxiety disorders, eating disorders, grief, OCD, Tourette's syndrome, Trichotillomania, PANS and life coaching.

Lewisville Counseling Services

751 Hebron Parkway – Suite 305B – Lewisville, TX – 75067 – (469) 645-1375

lewisvillecounselingservices.com

Individual, couples, marriage, LGBT, youth, and grief counseling as well as assistance with life's transitions.

LifeNet

9708 Skillman Street – Dallas, TX – 75243 – (214) 221-5433

Psychiatric services, counseling and housing services. For first time walk-ins bring picture ID, SS card, proof of residency, utility bill or lease contract, proof of income or award letter, and insurance card. If services are for a child, bring birth certificate and custodial letter (if not biological parent).

***LifeSmart Therapy Institute**

1005 West Jefferson Boulevard – Suite 205 – Dallas, TX – 75208 – (214) 941-1650 – lifesmarttherapy.com

1201 Richardson Drive – Suite 180 – Richardson, TX – 75080 – (972) 234-9000

Psychological evaluations and assessments, individual, couple, family and group therapy, anger management, substance abuse evaluations and counseling, and kinship assessments.

Evaluaciones psicológicas, terapia individual, para parejas, terapia familiar y en grupo, manejo de enojo, evaluaciones y consejería de abuso de sustancias, y evaluaciones de parentesco.

Lifeway Counseling Center

3309 Unicorn Lake Boulevard – Suite 161 – Denton, TX – 76210 – (940) 382-0109

Lifewaycounselingcenter.com

Marital and family counseling/therapy, individual counseling for adolescents and adults, premarital counseling, counseling for blended families, divorce recovery, life coaching, health and wellness coaching, sexual abuse/trauma recovery, grief counseling, men's issues counseling, substance abuse/chemical dependency assessments and treatment, and career/academic counseling.

Lori Vann, M.A., LLC, LPC Supervisor

4020 Huffines Boulevard #120 – Carrollton, TX – 75010 – (214) 270-6966

Individual (11 years and above), premarital, family, and Christian based counseling. Reduced fee counseling provided by interns. Group therapy, self-injury support and therapy groups also available.

***Momentous Institute (Salesmanship Club Youth and Family Centers)**

106 East 10th Street – Dallas, TX – 75203 – (214) 915-4700 – salesmanshipclub.org

9705 Harry Hines Boulevard – Dallas, TX – 75220 – (214) 916-4000

Will serve families in Denton County as long as long as they arrive on time for their appointments. Serves children from 0-6 in early childhood intervention program with therapy, treatment groups and parent education. Will also serve children and adolescents 7 and up at another location in Dallas. No family is ever turned away because they are unable to pay for services. First appointment is free and then sliding scale fees apply for subsequent appointments.

Atenderán a familias del condado de Denton siempre y cuando lleguen a tiempo a sus citas. Sirven a niños desde 0-6 años con el programa de terapia de intervención temprana en la niñez, grupos de tratamiento y educación a padres. También atienden a niños y adolescentes de 7 años en adelante en otra localidad en Dallas. Ninguna familia es rechazada por que no pueden pagar por los servicios. La primera cita es gratis y luego se aplica una cuota en escala para las siguientes citas.

Ms. Cheryl Oliver Counselor/Therapist, MA, LPC, LMFT

2301 Olympia Drive – Suite 100 – Flower Mound, TX – 75028 – (817) 907-6060

Accepts Aetna, BlueCross and/or BlueShield, Medicaid, TRICARE, Wellpoint and private pay.

My Guiding Light Counseling

Reni Parker, LPC-S, NCC

10317 Sao Paulo Road – Frisco, TX – 75035 – (469) 583-1492 – myguidinglightcounseling.com

Grief counseling for children, teens, adults and seniors. In-home counseling for clients and their families with long-term illnesses. Accepts private insurance. \$150/Initial 50 min session. \$125/Follow-up 50 min session.

OpenDoor Counseling and Assessment

103 South Woodrow Lane – Suite 5 – Denton, TX – 76205 – (940) 565-0939 – opendoortexas.com

Trauma-focused cognitive-behavioral therapy, post-traumatic stress disorder therapy, general counseling, adult and adolescent sexual behavior problem services, and parenting services

Pastoral Counseling Center

4525 Lemmon Avenue – Suite 200 – Dallas, TX – 75219 – (214) 526-4525 – www.pccdallas.org

Individual, couple and family counseling. Psychiatric treatment for major depression, bipolar disorder, anxiety, substance abuse, panic disorders, treatment and assessments for ADD/ADHD, Autism, career exploration and employment related issues.

Project REV (Resources for Ending Violence)

Texas Women's University – Jones Hall 108 & 109 – Denton, TX – 76204 – (940) 898-2744

This is a program at TWU that is designed to provide education and prevention services to all TWU students and direct counseling services to students who are victims of domestic violence, dating violence, sexual assault, and stalking.

Suicide and Crisis Center

24-Hr Crisis Hotline: (214) 828-1000 – sccenter.org

Crisis intervention training, survivors of suicide support group, awareness training and mental health screenings.

Terrell Counseling Services

1204 Bent Oaks Court – Suite 200 – Denton, TX – 76210 – (940) 387-3450 – Terrellcounseling.com

1278 F.M 407 – Suite 109 – Office 22 – Lewisville, TX – 75077

301 South Lindsay Street – Gainesville, TX – 76240

Individual, adolescent and adult counseling, couples and family counseling, play therapy, anger management, life skills, theft prevention and diversion, psychological assessments, and chemical dependency education.

Accepts most insurance plans.

The Turning Point (Rape Crisis Center)

P.O. Box 866754 – Plano, TX – 75086 – (972) 985-0951

Hope Line: 1 (800) 886-7273

Individual, group, friends and family counseling. Trauma sensitive yoga groups for survivors available. All services are free.

The Warm Place

809 Lipscomb Street – Fort Worth, TX – 76104 – (817) 870-2272 – www.thewarmplace.org

Grief support for children ages 3 ½ - 18 years of age and their families as well as young adults 19 - 25 who have experienced the death of a loved one.

Two Creeks Counseling

Robin Powell, LCSW

5156 Village Creek Drive – Plano, TX – 75093 – (469) 426-4480 – twocreekscounseling.com

Psychotherapy and comprehensive mental health services for adults over the age of 18 in the Dallas, Plano and Richardson areas. Standard fee \$125/45-50 min session. Accepts Cigna, United, BCBS, Humana, Aetna, Healthspring, Bravo and Medicare.

***TWU Counseling and Family Therapy Clinic**

Human Development Building – Room 114 – Denton, TX – (940) 898-2600

twucounselingclinic@gmail.com

Hours: Mon 12-8pm, Tue-Fri 9am-8pm, Sat 9am-3pm.

Low-cost counseling for adults through individual, family, couple, and group services, play therapy for children (3-10 years) and creative arts therapy for adolescents and adults. Initial intake appointment \$15, follow-ups based on a sliding scale.

Consejería para adultos a bajo precio a través de servicios individuales, de familia, de pareja y en grupo, terapia de juego para niños (3-10 años) y terapia de arte creativa para adolescentes y adultos. Cita inicial es \$15, costo de seguimiento es basado en escala.

United Through H.O.P.E

503 Bolivar Street – Denton, TX – 76201 – (866) 857-7751 – unitedthroughhope.org

Assists children and adolescents with social challenges in order to gain leadership skills to become more socially, academically and vocationally adept through counseling and social skills training.

***UNT Child and Family Resource Clinic**

1180 Union Circle – Matthews Hall Annex – Denton, TX – 76203 – (940) 565-2066

Adult, adolescent, and couples counseling, play therapy, sandtray therapy, group counseling, psycho-educational assessments, and parent education.

UNT Counseling and Human Development Center

425 South Welch Street – Welch Street Complex 2 – Denton, TX – 76203 – (940) 565-2970

Individual, adolescent and adult counseling, career counseling, couples counseling and play therapy.

UNT Psychology Clinic

1611 West Mulberry – Terrill Hall – Room 171 – Denton, TX – 76201 – (940) 565-2631

Hours: Mon-Thu 10am-8pm, Fri 10am-5pm.

Individual, marriage, family, group and play therapy. Intellectual, vocational, personality and neuropsychological evaluations are also offered. There is a waitlist for services. Sliding scale fees.

UT Southwestern Family Studies Center

Paul M. Bass Administrative & Clinical Center

6363 Forest Park Road – Tower 2 – Floor 7 – Suite 722 – Dallas, TX – 75390 – (214) 645-8300

For Children: (214) 456-7000

Treatment offered for anxiety disorders, panic disorders, generalized anxiety disorders, OCD, PTSD, social phobia and depression.

Veterans Affairs Medical Center

4500 South Lancaster Road – Dallas, TX – 75216 – (214) 742-8387/ 1 (800) 849-3597

Mental Health emergency room contact (214) 857-4313.

Crisis line available 24 hours: 1 (800) 273-8255 (press 1)

Woman to Woman Pregnancy Resource Center

512 North Locust Street – Denton, TX – 76201 – (940) 383-4494

Free pregnancy verification, limited ultrasound scans, parenting and childbirth classes, STI testing and treatment, and post-abortion counseling. Access to on-site RN and referral.

Youth and Family Counseling

105 Katherine Drive – Building 3A – Lewisville, TX – 75067 – (972) 724-2005

www.youthandfamilycounseling.org

Play therapy for children (4-12 years) and first offender program at no cost to families.

Eating Disorders

Chrysalis Eating Disorder Program

722 West Oak Street – Denton, TX – 76201 – (940) 382-5688

northtexaseatingdisorders.org – Chrysalisinformation@gmail.com

Chrysalis is a 24-week intensive program that features 8 hours of therapy per week including: 2 hours of psycho education/art therapy, 2 hours of therapeutic meals, 4 hours of group therapy, including private individual meetings with parents or partners at intervals as the client is ready. This intensive group treatment program is designed for individuals who require additional care for eating disorders beyond the typical 1 to 3 hours of individual and group therapy per week. The program can be completed while continuing work or school. Additional services include individual, group therapy, family and couples therapy, dietary counseling and services for men. Flexible payment plans available.

Dallas Presbyterian Hospital

8200 Walnut Hill Lane – Dallas, TX – 75231 – (214) 345-6789

THRBehavioralHealth@TexasHealth.org

The eating disorders program addresses the biological, psychological, and social forces that contribute to the development of eating disorders. The program offers inpatient (acute), partial “day” hospitalization, and half-day/intensive outpatient services to women ages 18 and older who suffer from anorexia nervosa and bulimia nervosa.

Scheduling available 24/7: (682) 236-6023

Mary Orndorff, LCSW, LMFT

1244 Karla Drive – Suite 204 – Hurst, TX – 76053 – (817) 988-2565 – www.mary-orndorff.com

Family, individual, marital, play, and group therapy, hypnotherapy and therapy for eating disorders.

The Renfrew Center

9400 North Central Expressway – Suite 150 – Dallas, TX – 75231 – 1 (800) 736-3739

Renfrewcenter.com

Intensive and comprehensive residential program, day treatment, intensive outpatient program, outpatient groups, outpatient individual, family and couples therapy, outpatient nutrition and psychiatric consultation, specialized programs and experiential therapy. Accepts most insurance plans.

Education and Employment

***Adult & Community Education for Denton County**

1215 North Elm Street – Denton, TX – 76201 – (940) 369-0091 – dentonisd.org

Free adult learning classes, GED preparation and testing, adult basic education (ABE), English as a Second Language (ESL), parent education and personal enrichment classes provided at various locations throughout the school district. Does not offer childcare.

Clases de aprendizaje para adultos, preparación y evaluación de GED (Certificado de Secundaria), educación básica para adultos (ABE), inglés como segundo lenguaje (ESL), educación para padres y clases de enriquecimiento personal ofrecidos en varias localidades a través del distrito escolar. No proporciona cuidado de niños.

Apple Tree Project

Interfaith Ministries of Denton Inc. – 1109 North Elm Street – Denton, TX – 76201 – (940) 565-5479

ifmdenton.org/appletree/

Strives to provide each participating child with a complete set of school supplies, a new backpack, two sets of new school uniforms/clothes and a new pair of shoes

Career Center

Denton County High School – 1007 Fulton Drive – Denton, TX – 76201 – (940) 369-2020
www.dentonisd.org

For any residents of the Denton County community seeking career assessment/interpretation or counseling.

Career Transition Ministry

Denton Bible Church – The Annex – Room 100

Dick Welday: (940) 262-3252 – careertransitions@dentonbible.org

First-time orientation at 6-6:45pm

Meetings each Wednesday: 6:45-8:45pm

Practical information, job search skills, networking opportunities and job lead sharing in each session.

Christian Community Action (CCA) Special Programs

200 South Mill Street – Lewisville, TX – 75057 – (972) 221-1224 – ccahelps.org

Family assistive services help obtain food, clothing, housing and/or assistance to pay bills. Services offered include the food pantry, life skill program, spiritual care, GED program, ESL classes, job search, computer skills, financial management, literacy class and counseling.

Communities in Schools North Texas

217 South Stemmons Freeway – Suite 101 – Lewisville, TX – 75067 – (972) 538-9930 – www.cisnt.org

Provides dropout prevention services to economically disadvantaged students in schools across Denton and Wise counties. Services include a case management program and the 21st Century Afterschool program. Serves schools in Denton, Lewisville, Little Elm and Northwest ISD's.

***Denton ISD Adult Education and Literacy Program**

815 Cross Timber Street (Fred Moore High School) – Denton, TX – 76205 – (940) 369-0400

aelcontact@dentonisd.org

Provides adults with quality programs and services to help them acquire and develop literacy skills to earn their high school equivalency certificate. Call or go online for qualification requirements.

Programa y servicios de ayuda para obtener y desarrollar habilidades de alfabetismo para obtener el certificado de GED (secundaria/preparatoria). Llame o visite la página web para ver requisitos.

Denton Public Library Literacy Programs

502 Oakland Street – Denton, TX – 76201 – (940) 349-8774 – dentonlibrary.com

For adults 18 and older that would like to improve their literacy skills. Each student must complete an application and reading assessment before being matched with a tutor.

Experience Works

900 Austin Avenue – Suite 303 – Waco, TX – 76701 – (254) 400-2770 – experienceworks.org

Identifies and establishes host agency training sites, then recruits and places eligible trainees for part-time training/employment. Tutors and assists trainees to find unsubsidized employment. Experience Works pays trainees minimum wage during training period. Serves Denton County residents 55 and older that are unemployed or low-income.

Learning Institute of Family Education (LIFE)

(940) 441-5530 – lifefam.org

Specializes in programs that build health and productive family relationships. Offers marriage and premarital education, economic stability training, financial literacy, job preparation and entrepreneurship.

Others Helping Others

508 South Elm Street – Suite C & D – Denton, TX – 76201 – (940) 566-2311

Provides Job Quest Training for D.A.R.S. clients and day rehabilitation services.

North Texas Job Corps Center

1701 North Church Street – McKinney, TX – 75069 – (800) 733-5627 – northtexas.jobcorps.gov

Job Corps is a no-cost education and career technical training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through career technical and academic training.

Reach

405 South Elm Street – Suite 202 – Denton, TX – 76201 – (940) 383-1062 – www.reachcils.org

720 East Park Boulevard – Suite 104 – Plano, TX – 75074 – (972) 398-1111

1000 Macon Street – Suite 200 – Fort Worth, TX – 76102 – (817) 870-9082

8625 King George Drive – Suite 210 – Dallas, TX – 75235 – (214) 630-4796

Information & referral services, peer counseling, advocacy assistance, disability awareness & sensitivity training, independent living skills training on basic cooking, time management, budgeting/money management, assertiveness, and basic computer skills, technical assistance and training in complying with the Americans with Disabilities Act (ADA). Social/recreational activities, advice and training on the removal of architectural and attitudinal barriers that people with disabilities encounter, loan assistive technology/equipment such as manual and electric wheelchairs and walkers (as available), adjustment to disability training and weekly support groups.

Texas A&M Agrilife Extension Service

401 West Hickory Street – Suite 125 – Denton, TX – 76201 – (940) 349-2882 – denton.agrilife.org

Provides quality, relevant outreach and continuing education programs and services to the people of Texas.

***Texas Department of Assistive & Rehabilitation Services (DARS)**

3600 East McKinney Street – Suite B – Denton, TX – 76209 – (940) 384-7901

919 North Mill Street – Lewisville, TX – 75057 – (214) 222-2080 – dars.state.tx.us

Assist people with disabilities in becoming more independent and provides services which will lead to employment. Some assistance and services to visually impaired alongside REACH.

Asistencia a personas con discapacidades para ser más independientes. Se proporcionan servicios que ayudaran a obtener un empleo. Algunos servicios y ayuda a personas con impedimentos visuales junto con el programa de REACH.

Texas Offender Reentry Initiative

P.O Box 4386 – Dallas, TX – 75208 – (214) 941-1325 ext. 300 – medc-tori.org

P.O Box 2645 – Fort Worth – 76113 – (817) 632-7437

Offers holistic wraparound services for the reentry population after incarceration services including housing, family reunification services, employment coaching, educational and training programs, spiritual guidance, health education and awareness training, and mentorship.

***Texas Workforce Solutions (North Central Texas Workforce)**

1300 Teasley Lane – Denton, TX – 76205 – (940) 382-6712 – www.dfwjobs.com

Job referral and placement services. Employment counseling for veterans, disabled workers, parolees and other special applicant groups. Also federal job listings and childcare.

Statewide Job-line: 1-888-610-JOBS (5627) referrals, TANF, labor market information.

Job club meets Mondays at 12 pm.

Servicios de referencia de trabajo. Consejería para veteranos, trabajadores con discapacidades, personas en libertad condicional y otros grupos con necesidades especiales.

También hay ofertas de trabajo federal y cuidado de niños en todo el estado. Línea de referencia de trabajo: 1-888-610- 5627, TANF, información del mercado laboral. El club de trabajo se reúne los lunes a las 12pm.

UNT Trio Talent Search

1155 Union Circle – Sage Hall – Room 215 – Denton, TX – 76203 – (940) 565-2090 – trio.unt.edu/ts

Provides support and guidance to students in grades 6-12 to continue their education through secondary school academic success, postsecondary guidance and enrollment, financial aid support, career exploration, and personal development.

***UNT Child and Family Resource Clinic**

1180 Union Circle – Matthews Hall Annex – Denton, TX – 76203 – (940) 565-2066

Offers on-going parent education classes, support groups, and parent education on an individual basis. Counselors work with parents helping them develop parenting skills, and providing an encouraging and supportive environment.

Ofrece educación continua para padres, grupos de apoyo, y educación para padres en base individual. Consejeros trabajan con padres ayudándoles a desarrollar habilidades de crianza y proporcionando un ambiente alentador y de apoyo.

Staffing Agencies that will assist those with a Criminal Record (Felonies and Misdemeanors) Obtain

Employment: Agencias de empleo que ayuda a personas con records criminales (felonías o delitos menores) a obtener un trabajo.

***Integrus Staffing Solutions**

1903 Central Drive Suite 222 – Bedford, Texas 76021 – 817-210-6202 – integrusstaffing.com

Food / Emergency Food Banks / Clothing / Rent Assistance

***Amazing Love Ministries (Feed My Sheep)**

819 East McKinney Street – Denton, TX – 76209 – (940) 381-5190/ (940) 367-6486

Amazingloveministries.net

Provides a free hot meal to those in need. Wednesday: 5pm.

American Legion Hall Senior Center

629 Lakey Street – Denton, TX – 76205 – (940) 349-8298

People over 60 qualify for a balanced daily meal on weekdays at 12pm. Meals need to be reserved by 12pm the day before. Suggested donation for people over 60 is \$1.50 and people under 60 may eat at center for \$3.50 per meal. Free health screening offered on the second Tuesday of the month 10am-12pm.

Argyle Food Bank (Myrtle Lee Lynch Food Pantry)

(First Baptist Church) 414 North Highway 366 – Argyle, TX – 76226 – (940) 464-7224 – firstargyle.org

Food from 9am -11:45am on Mondays only.

Asbury Methodist Church Relief Ministry

117 Hercules Lane – Denton, TX – 76207 – (940) 387-6487 – www.asburydenton.org

Monday only. Hours: 10am – 12pm & 6pm-8pm. Not open during holidays.

Individuals can get food 6 times per year. First 30 people only. Bring picture ID.

***Catholic Charities**

249 West Thornhill Drive – Fort Worth, TX – 76115 – (817) 534-0814 – cahtholiccharitiesfortworth.org

Refugee services, housing for the elderly and disabled, residential services, family services, financial literacy and assistance, and disaster response services.

Servicios para refugiados, vivienda para personas de la tercera edad y personas discapacitadas, servicios para familias, educación financiera y asistencia, y servicios de respuesta a desastres.

***Catholic Charities of Dallas**

9461 Lyndon B Johnson Freeway – Suite 128 – Dallas, TX – 75243 – (214) 520-6590

catholiccharitiesdallas.org

Assistance for children, families and seniors, refugee services, and food services.

Asistencia para niños, familias y personas de la tercera edad, servicios para refugiados y comida.

Central Baptist Church

2221 North Carroll Boulevard – Denton, TX – 76201 – (940) 382-6969 – cbcddenton.com

Assistance with food by appointment only.

***Christian Community Action (CCA)**

200 South Mill Street – Lewisville, TX – 75067 – (972) 221-1224

Family assistance, food pantry, and seasonal programs such as back to school assistance, Christmas toy store and senior Christmas. Those seeking assistance from the food pantry must be approved.

Mon – Fri 9-11am & 1-4pm. Must bring current bills, proof of income and birth certificates for children.

Asistencia familiar, despensa de comida, y programas de temporada como asistencia para regresar a la escuela, tienda de juguetes de Navidad y Navidad para personas de la tercera edad. Aquellos buscando asistencia de la despensa de comida deben ser aprobados. Horas: Lun – vie 9-11am & 1- 4pm.

Deben traer facturas recientes, prueba de ingresos y actas de nacimiento para niños.

***Community Services, Inc.**

401 East 6th Avenue – Corsicana, TX – 75110 – 1 (800) 831-9929 – csicorsicana.org

Utility assistance for those that qualify through Comprehensive Energy Assistance Program (CEAP). Must make appointment.

Asistencia con facturas para aquellos que califiquen con el Programa de Asistencia Comprensiva de Energía (CEAP). Llame para hacer cita.

Denton Community Food Center

109 West Sycamore Street – Denton, TX – 76201 – (940) 382-0807 – dentoncfc.org

Open M-F from 1:00 to 3:00pm, excluding holidays. Must provide ID for each member. Can receive food 5 times per year. Denton residents only.

Denton County WIC (Women, Infants and Children)

535 South Loop 288 – Denton, TX – 76205 – (940) 349-2930 – www.dentoncounty.org

359 Lake Park Road – Suite 113 – Lewisville, TX – 75067 – (972) 221-1603

3044 Old Denton Road – Suite 113 – Carrollton, TX – 75007 – (972) 446-1507

Provides pregnant women, new mothers and young children with nutrition education and counseling, nutritious foods and help accessing health care for those individuals with low-income. Call for eligibility requirements.

Denton Hunger Coalition

Sponsors the monthly Denton Mobile Pantry every 2nd Saturday of the month, from 9-11 am at the parking lot of Serve Denton **1980 East University Drive Denton, TX 76209**

***First Baptist Church**

1100 Malone Street – Denton, TX – 76201 – (940) 382-2577 – firstrefugeeministries.org/pantry

Food pantry Mon. 9am-12pm, Wed. 1-4pm, Thurs. 6-8pm. Must arrive 15 mins before closing to select your food, otherwise you will receive a prepackaged selection. Closed on major holidays.

Despensa de alimentos lun. 9am-12pm, mie 1-4pm, jue 6-8pm. Debe llegar 15 minutos antes de cerrar para seleccionar comida, sino recibirán una selección empaquetada. Cerrado en días festivos.

Giving Hope, Inc.

117 West Sycamore Street – Denton, TX – 76201 – (940) 382-0609 – hopeincdenton.com

Emergency housing assistance, housing counseling, transitional housing and permanent supportive housing. 30-90 day assistance for families with children going through homelessness due to emergencies, short-term transitional housing programs for single moms in housing crisis, and giving hope outreach program.

Interfaith Ministries

1109 North Elm Street – Denton, TX – 76201 – (940) 565-5479 – ifmdenton.org

Emergency assistance for utilities, rent, shelter, ID/birth certificate, prescriptions/medical costs, public transportation, eye glasses for children and adults, personal care/hygiene supplies, diaper supplies for children & adults, and money management courses and seasonal programs also offered. Hours: Mon – Fri 9am – 5pm.

***Lake Cities United Methodist Church**

300 East Hundley Drive – Lake Dallas, TX – 75065 – (940) 321-6100 – lakecitiesumc.org

Basic food and hygiene items to residents in the Lake Cities area. Proof of residency in Corinth, Hickory Creek, Lake Dallas or Shady Shores. Bring valid photo ID. Tue & Thurs 9am-2pm. 2nd & 4th Thurs of the month 6-7pm. Clients can visit pantry once a month.

Proporciona comida básica y artículos de higiene personal a residentes en el área de Lake Cities. Prueba de domicilio en Corinth, Hickory Creek, Lake Dallas o Shady Shores. Debe proporcionar identificación válida. Mar & jue 9am-2pm. 2do y 4to jueves del mes 6-7pm. Clientes pueden visitar la despensa una vez al mes.

Lifegate Food Pantry (Living Water Food Ministry)

3350 Deerwood Parkway – Denton, TX – 76208 – mylifegate.org – (940) 323-0714 Appointment required
Tuesday 9am-12pm.

Life Line Texas

1 (866) 454-8387

Assistance through AT&T for affordable phone service.

Lite-Up Texas

1 (877) 215-8018

Assistance with electricity Sept (current year) to Aug (following year). Designed to help qualified low-income individuals reduce the monthly cost of electricity service.

Little Elm Food Bank

501 Bill Street – Little Elm, TX – 75068 – (972) 294-4061 – www.leafb.org

Provides short-term emergency food aid 3 times in a 12-month period. Photo ID and proof of residency required. Hours: Mon 9am-4pm, Thurs 9am-5pm, and Fri 9am-12pm. 3rd Sat of each month 9am-3pm.

Meals on Wheels

1800 Malone Street – Denton, TX – 76201 – (940) 382-2224 – mowdc.org

Provides home-delivered meals to homebound elderly and disabled citizens in Denton County. Individuals must be 60 years or older, home-bound by reason of physical or emotional health, unable to prepare their own meals, have no one else living with them and live within proximity of meal site. Also provides meals at several senior centers in Denton County*, cost of meals is \$5.00, and a pet food delivery program called Senior Paws assists seniors unable to buy food for their pets with pet food supplements. *For senior center list visit website

Metro Relief

5201 South Colony Boulevard – Suite 545 – The Colony, TX – 75056 – (214) 705-3555

metrorelief.org/dallas-ft-worth

Hours: Mon 9am-12pm Wed: 9am-12pm Thurs: 4:30-6:30pm

Provides groceries and referrals for other services as needed. Offers weekly assistance to families regardless of current economic circumstances.

Mission Arlington

210 West South Street – Arlington, TX – 76010 – (817) 277-6620 – missionarlington.org

Supplies families with short-term supplies of groceries, personal hygiene items, diapers, baby formula and more for when resources are tight. Also offers services through the Allan Saxe Dental Clinic, Bob Mann Medical Clinic Open Mon-Fri 8:30am-5pm and Sat 9am-2pm.

Our Daily Bread (St. Andrews Presbyterian Church)

300 West Oak Street – Suite 100 – Denton, TX – 76201 – (940) 566-1308 – ourdailybreaddenton.org

Free, meals Monday through Friday from 12pm to 1:15pm. Evening meal Monday from 5:30-6:30pm.

Lunch Saturdays from 11:30am-12:30pm. Closed on Thanksgiving Day, Christmas Day and New Year's Day.

Roanoke Food Pantry

108 Pecan Street – Roanoke, TX – 76262 – (817) 491-4451 – roanokefoodpantry.org

Provides food and other support services such as health/hygiene supplies, medical/dental care, utility payments, and furniture/appliances. Mon-Wed 9am-2pm. Closed Thanksgiving and Friday after.

***Salvation Army**

2801 North Elm Street – Denton, TX – 76201 – (940) 566-3800

206 West Main Street – Lewisville, TX – 75067 – (972) 353-9400

Domestic violence hotline/Línea de violencia domestica: (214) 424-7208

Homeless shelter for men, women, and women with children. Provides meals, counseling, and assistance finding employment. **1508 East McKinney Street Denton, TX 76201 (940) 566-3800**

Provides family emergency services including one month rent, mortgage, utility payment and food bag to last 3 days. Offers addiction recovery, senior citizen, children, youth, and veteran programs, as well as disaster response services.

Refugio para hombres, mujeres y mujeres con niños sin hogar. Proporciona comidas, consejería y asistencia para encontrar trabajo. **1508 East McKinney Street Denton, TX 76201 (940) 566-3800**

Proporciona servicios de emergencia para familias incluyendo pagos de renta por un mes, hipoteca, pagos de utilidades y una bolsa de comida para durar tres días. Ofrece programas para recuperación de adicciones para personas de la tercera edad, niños y jóvenes, y programas para veteranos, al igual ofrece servicios de respuesta de desastres.

Shepherd's Hand

1123 Fort Worth Drive – Denton, TX – 76205 – (940) 435-8860

Food is distributed on a daily basis, Monday through Friday from 12-5pm. Those in need may return the following day if necessary. The ministry does not have any specific requirements that must be met.

Shepherd's Storehouse

1189 South High 377 – Pilot Point, TX – 76258 – (940) 686-2620

Assistance with food and clothing. Open Mon, Wed & Fri from 8:30am-12pm.

Singing Oaks Church of Christ

101 Cardinal Drive – Denton, TX – 76209 – (940) 387-4355 – singingoaks.org

Assistance with food and clothing. Food pantry open Tues and Thurs 3-5pm.

Stew Pot

1835 Young Street – Dallas, TX – 75201 – (214) 746-2785

Homeless service provider offering meals, medical/dental assistance, and casework assistance for identification/employment, as well as counseling, help with housing and other opportunities.

Serves three meals a day at the Second Chance Café located at 1818 Corsicana within The Bridge Homeless Assistance Center. Breakfast 7:30-8:30am/Lunch 12-1pm/Dinner 6-7pm

Tarrant County Food Bank

2600 Cullen Street – Fort Worth, TX – 76107 – (817) 857-7100

Food programs for kids, mobile pantry, farmers market, and nutrition services.

Texas Department of Health and Human Services

3612 East McKinney Street #112 – Denton, TX – 76209 – (940) 383-2371 – www.hhsc.state.tx.us

Applications for Medicaid, food stamps, or TANF (Temporary Assistance for Needy Families).

United Way of Denton County

1314 Teasley Lane – Denton, TX – 76205 – (940) 566-5851 or 211 – unitedwaydenton.org

Partners with agencies to help with food, rent, utilities, and clothing according to the individual's need.

Vision Ministries (Denton Bible Church)

626 Wainwright Street – Denton, TX – 76201 – (940) 387-8230 – vision.dentonbible.org

Serves the under-resourced of Denton by providing food, clothing and other essential items.

Hours of operation: Tue – Fri 12:30-4pm.

Healthcare Providers Accepting Medicaid/Medicare

This is a general list of physicians and is not meant to be comprehensive. Referral to a physician on this list is only meant to be a general recommendation that may be appropriate to your need and is NOT an offer to pay for services. If you are referred to a physician on this list, please call to verify whether new clients are being accepted and if Medicaid or Medicare will pay for services before making an appointment.

Dr. Ajit Dave, M.D., P.A.

3327 Colorado Boulevard, Suite 200

Denton, TX 76201 – (940) 382-4060

Internal Medicine, Oncology and Hematology

Accepts regular Medicaid/Medicare & Indigent Care

No pain or psych medications.

Dr. Hamilton L. Jones (Pediatric Dentist)

1212 Bent Oaks Court, Suite 100

Denton, TX – 76210 – (940) 387-0823

UT Southwestern Psychiatry

Paul M. Bass Center Tower 2

6363 Forrest Park Road – Suite 749 – 7th Floor

Dallas, TX. 75235 – (214) 645-8500

Accepts Medicare

***First Family Medical**

525 South Loop 288, Suite D

Denton, TX 76205 – (940) 442-6500

Accepts Medicare/Medicaid

No Psych Meds or Pain Meds

Accepta Medicar/Medicaid

No medicinas psiquiátricas ni analgésicos.

Dr. Scott Talbot

2665 Scripture Street

Denton, TX 76201 – (940) 387-8763

Accepts Medicare/No Medicaid

No Psych Meds

***Krum Family HealthCare**

820 East McCart Street #A

Krum, TX – (940) 482-6702

Nurse practitioner/Accepts Medicare/No Psych. Meds

Enfermera Especializada/Acepta Medicare/No medicamentos de psiquiatría.

Dr. Islam (Psychiatrist)

860 Hebron Parkway, Suite 1101

Lewisville, TX 75067 – (469) 444-2244

Accepts Medicare

***Ragsdale Vision Center**

526 North Locust Street Denton, TX 76201

(940) 387-9595

Accepts Medicaid/CHIP/No Medicare

Accepta Medicaid/CHIP/ No Medicare

Dr. Umar Latif M.D., P.A (Psychiatrist)

2026 West University Drive

Denton, TX 76201 – (940) 380-7181

Specializes in Geriatrics

Accepts Medicare

Family Medicine of North Texas

Dr. James G. Purgason

2601 Scripture Street

Denton, TX 76201 – (940) 442-6455

Accepts Standard Medicare/No Medicaid

No Psych Meds.

Parkland Behavioral Health Center

(Psychiatric Service)

6300 Harry Hines Boulevard – 7th Floor

Dallas, TX 75235 – (214) 590-5536

GLBTQ (Gay, Lesbian, Bisexual, Transgender, Queer, Questioning) **For Youth**

Gay, Lesbian & Straight Education Network (GLSEN) – www.glsen.org

The leading national education organization focused on ensuring safe schools for all students.

Gay-Straight Alliance Network (GSA Network) – GSANetwork.org

Next-generation LGBT racial and gender justice organization that empowers and trains queer, trans and allied youth leaders to advocate, organize, and mobilize an intersectional movement for safer schools and healthier communities

The Trevor Project – www.thetrevorproject.org – (866) 488-7386

The leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.

Trans Youth Family Allies – www.lmaTYFA.org – (888) 462-8932

Offers education programs that empower children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected.

Youth First Texas – youthfirsttexas.com – (214) 879-0400 – youthfirsttexas.org – (866) 576-0042

The only non-profit organization in Dallas exclusively committed to providing social services, education opportunities, and recreational activities to Gay, Lesbian, Bisexual, Transgendered, and Questioning (GLBTQ) youth through age 22.

Miscellaneous

Campus Pride – www.CampusPride.org – (704) 277-6710

Represents the leading national nonprofit organization for student leaders and campus groups working to create a safer college environment for LGBTQ students across the United States.

Dragonflies of Dallas – www.dragonfliesofdallas.org – (214) 521-5342 x1752

A social and support group for gay Asians, Pacific Islanders (APIs), and friends in the Dallas and Fort Worth Metroplex. Their goal is to bring together gay APIs in a friendly, supportive, and non-judgmental setting and strive to promote awareness, visibility, and acceptance of gay API sexuality.

***Family Pride Coalition – (214) 521-5342**

Support group for gay and lesbian families.
Grupo de apoyo para familias gay y lesbianas.

Genesis Women's Shelter

4411 Lemmon Avenue – Suite 201 – Dallas, TX – 75219 – (214) 389-7700

24-hour hotline: 214-946-4357 genesishshelter.org

Genesis Women's Shelter & Support provides emergency shelter, safety and counseling for victims of domestic violence and their children and lesbian outreach programs.

All of the services at Genesis Women's Shelter & Support are **confidential** and **free**.

Please know that Domestic Violence is a crime.

Gay, Lesbian, Bisexual, Transgender, Queer, Questioning

GLBT National Help Center – www.GLBTHelpCenter.org – 1 (888) 843-4564

An organization that provides vital peer-support, community connections and resource information to people with questions regarding sexual orientation and/or gender identity.

Pride Institute of Texas – pride-institute.com – 1 (800) 547-7433

PRIDE Institute is committed to providing lesbian, gay, bisexual, and transgender people a road to recovery through evidence-based substance abuse, sexual health, and mental health treatment.

Intersex Society of North America – www.isna.org

The Intersex Society of North America (ISNA) is devoted to systemic change to end shame, secrecy, and unwanted genital surgeries for people born with an anatomy that someone decided is not standard for male or female.

Gay/Lesbian/Bisexual/Transgender/Queer/Questioning Advocacy

PFLAG Dallas

www.pflagdallas.org – (972) 849-0383

The nation's largest family and ally organization uniting people that are lesbian, gay, bisexual, transgender, and queer (LGBTQ) with families, friends, and allies. PFLAG is committed to advancing equality and full societal affirmation of LGBTQ people through its threefold mission of support, education, and advocacy.

Support meetings are on the second Thursday of each month at 7pm at North Haven United Methodist Church 11211 Preston Road, Dallas, TX 75230

PFLAG Denton

1288 West Main Street – Suite 239 – PMB #103 – Lewisville, TX – 75067 – pflagdenton.org

PFLAG Denton is a local chapter of the national organization. Their mission is to promote the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through support, education and advocacy.

PFLAG Fort Worth

First Jefferson Unitarian Universalist Church 1959 Sandy Lane – Fort Worth, TX – 76112

pflagfortworth.org

PFLAG Fort Worth is a local chapter of the national organization. Their mission is to promote the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through support, education and advocacy.

Meetings are on the first Thursday of each month at 6:45pm

***Resource Center of Dallas**

2701 Reagan Street – Dallas, TX – 75219 – (214) 528-0144 – myresourcecenter.org

Resource Center is a trusted leader that empowers the lesbian, gay, bisexual and transgender (LGBT) communities and all people affected by HIV through improving health and wellness, strengthening families and communities and providing transformative education and advocacy.

HIV/AIDS

***CDC National Prevention Information Network**

1 (800) 448-0440 – npin.cdc.gov/disease/hiv

Provides information and resources on HIV/AIDS.

Proporciona información y recursos sobre el VIH/SIDA.

Healthcare.gov 1-800-318-2596

***Health Services of North Texas**

4308 and 4310 Mesa Drive – Denton, TX – 76207 – (940)381-1501/ 1 (800) 974-2437 healthntx.org

3537 South I-35 – Suite 210 – Denton, TX – 76210 – (940) 381-2313

821 North Elm Street – Denton, TX – 76201 – (940) 381-1501 ext. 5000

2540 K Avenue – Suite 500 – Plano, TX – 75074 – (972) 424-1480

Plano Children’s Medical Clinic 1407 14th Street – Plano – Texas 75074 – (972) 801-9689

Provides comprehensive medical care, prenatal and pediatric care, behavioral health services, women’s health and family planning services, prescription assistance program, case management, HIV/STD education, insurance assistance and transportation.

Proporciona cuidado médico comprensivo, cuidado prenatal y pediátrico, servicios de salud de conducta, servicios de salud de la mujer y planeación de familia, programa de asistencia de prescripciones, manejo de caso, educación de VIH/enfermedades venéreas, asistencia de seguro y transportación.

***Texas AIDS Line**

1- 800-299-2437

HIV/AIDS information line about the symptoms and referrals to services available in Texas.

Línea de información sobre VIH/SIDA sobre síntomas y referencias a servicios disponibles en Texas.

Hotlines (Additional)

***Menus in Spanish available /Menú en español disponible**

Texas Department of Family Protective Services	(800) 252-5400 To Report Abuse
Child Protective Services	(940)381-3400 (Local)
Denton County MHMR Crisis Hotline	(800)762-0157
Tarrant County MHMR	(800)866-2465/ (817)335-3022
Poison Control	(800) 222-1222
Denton Police (Non-Emergency)	(940) 349-8181
United Way Community Information / Referral Service	211

General Hotlines

Contact Adult Crisis Line	972-233-2233
Contact Español Crisis Line	972-233-2428
Covenant House Nineline	800-786-2929
Foster Care and Adoption Inquiry Line	800-233-3405
Gun Violence/Speak Up	866-773-2587
National Eating Disorders Association	800-931-2237
National Suicide Prevention Lifeline	800-273-8255
Post-Partum Depression Hotline	800-773-6667

Housing / Shelters

***Arlington Night Shelter**

325 West Division Street – Arlington, TX – 76011 – (817) 548-9885 – arlingtonlifeshelter.org

Shelter and inclement weather services for single and multi-parent families, and single men and women. Also provides health services, social work services, 14 day services and housing placement for persons unable to work due to disability, as well as an employment program that last 9-12 weeks.

Refugio y servicios de clima riguroso para familias con un padre o ambos padres, y hombres y mujeres solteros. También proporciona servicios de salud, servicios de trabajo social, servicios de 14 días y búsqueda de vivienda para personas discapacitadas, y un programa de rehabilitación para regresar a trabajar que dura 9-12 semanas.

Austin Street Shelter for the Homeless

2929 Hickory Street – Dallas, TX – 75226 – (214) 428-4242 – www.austinstreet.org

Pathway house program to prepare individuals for transition to permanent housing. Also offers work readiness program, woman's program, veteran's program, substance abuse support, spiritual support, onsite partnerships that provide mental and physical healthcare screenings and minor treatments.

***The Bridge**

1818 Corsicana Street – Dallas, Texas – 75201 – (214) 670-1101 – www.bridgenorthtexas.org

Provides outreach/intake services, jail diversion/reentry services, emergency shelter/transitional shelter, primary health care/behavioral health care, recreational/educational services, employment income services, and affordable housing/supportive housing services.

Proporciona servicios de admisiones, re-entrada a la sociedad después de encarcelación, refugio de emergencia/refugio de transición, cuidado de salud y salud conductual, servicios de recreación, educación, ingresos y empleo, y de vivienda accesible/vivienda de apoyo.

***Buckner Children's Home**

5200 South Buckner Boulevard – Dallas, TX – 75227 – (214) 328-3141 – www.buckner.org

Provides foster group care for children in six foster homes on their campus. Foster families live in Buckner-owned cottages, allowing sibling groups to remain together and providing a consistent home environment for children who are in the state's custody and have been abused, neglected or abandoned.

Proporciona cuidado temporal en grupo para niños, en seis casas de crianza en el campus. Las familias/padres de crianza viven en casas que son propiedad de Buckner, que permite que grupos de hermanos se mantengan juntos y mantiene un ambiente de casa constante para niños que viven en la custodia del estado y han sido abusados, descuidados o abandonados.

Cenikor Foundation

2209 South Main Street – Fort Worth, TX – 76110 – (817) 921-2771/ (888) 236-4567 – cenikor.org

Adult long-term residential substance abuse treatment. Also offers prevocational employment training, GED classes, college scholarships, as well as individual and group counseling.

C.I.T.Y House

901 18th Street – Plano, TX – 75074 – (972) 424-4626 – cityhouse.org

Helps at-risk children and young adults who have been abused, neglected or are homeless. Serves youth ages newborn to 21-years-old through three primary programs — Emergency Shelter for children in Plano, Outpatient Counseling Services for individuals and families, and Transitional Living Program in both Plano and Frisco.

***City Square**

511 North Akard Street – Suite 302 – Dallas, TX – 75201 – (214) 823-8710 – citysquare.org

No temporary shelters. Provides permanent homes to more than 500 people each year. Does not offer rent assistance. Provides wrap-around services to neighbors through permanent supportive housing.

No hay refugios temporales. Proporciona un hogar permanente a más de 500 personas cada año. No ofrece ayuda para el alquiler. Proporcionar servicios integrales a través de la vivienda de apoyo permanente.

Collin County Homeless Shelter/Samaritan Inn

1710 North McDonald Street – McKinney, TX – 75071 – (972) 542-5302 – thesamaritaninn.org

The Samaritan Inn provides a no-cost, safe and clean place to live. Serves 3 well balanced meals daily, provides personal hygiene products, free laundry, haircuts, over the counter medicines, and vouchers for needed items and services. Day care and transportation vouchers are also available. Program available for people to bring their pets with them “because being homeless doesn’t mean you have to lose everything”

Collin County’s Women’s Shelter/ Hope’s Door

860 F Avenue – Suite 100 – Plano, TX – 75074 – (972) 422-2911 – hopesdoorinc.org

24-Hour Crisis Hotline: (972) 422-7233

Hope’s Door offers two types of residential services to survivors of domestic violence - emergency shelter and transitional housing. The emergency shelter offers temporary housing to survivors and their children fleeing life-threatening situations. Clients living in the emergency shelter are provided with food, clothing and all the necessities of daily living along with case management, safety planning, counseling, legal advocacy, and referral to other community resources.

Cornerstore Assistance Network

3500 Noble Avenue – Fort Worth, TX – 76111 – (817) 632-6000 – www.canetwork.org

Emergency needs are met with free food, clothing, furniture and medical services. When available, emergency rental and utility assistance is provided to help keep people in housing. Long-term development needs are addressed through mentoring programs, permanent supportive housing programs, and home-ownership opportunities.

***Dallas Family Place**

24-hour Crisis Hotline (Linea de Crisis) (214) 941-1991

Main Line (Linea Principal): (214) 559-2170 – familyplace.org

Emergency Shelter: provides family violence victims with safety, food, clothing, transportation, legal services, counseling and case management services at their 100-bed Safe Campus.

Transitional Housing: provides long-term housing, education and training to help victims rebuild their lives in their 25 on-site apartments at the Safe Campus.

Refugio de Emergencia: proporciona a las víctimas de violencia familiar con la seguridad, alimentos, ropa, transporte, servicios legales, asesoramiento y servicios de manejo de casos en su campus seguro de 100 camas.

Vivienda de Transición: ofrece vivienda a largo plazo, educación y entrenamiento para ayudar a las víctimas a reconstruir sus vidas en 25 apartamentos en el campus seguro.

Dallas Life Foundation

1100 Cadiz Street – Dallas, TX – 75215 – (214) 421-1380 – dallaslife.org

The 100,000 square foot facility is capable of housing up to 700 men, women and children per day. Dallas LIFE also has 50 individual family unit rooms, which allow children to reside with their parents. During extreme cold spells, their mat night program allows additional temporary space to bring more folks in out of the elements.

Day Resource Center

1415 East Lancaster Avenue – Fort Worth, TX – 76102 – (817) 810-9797

Helps people experiencing homelessness find housing fast and then links them to the help they'll need to succeed.

Denton Affordable Housing Corporation

610-C North Bell Avenue – Denton, TX – 76209 – (940) 484-7048 – dentonaffordablehousing.org

Office Hours: M-F 8am-5pm

Community-based nonprofit organization which began operating in 1995 to address the need for affordable housing in Denton. The primary populations targeted for assistance include first-time homebuyers, persons with disabilities, elderly persons, homeless families with children and individuals and families in need of safe, adequate, and affordable housing.

***Denton County Friends of the Family**

Crisis line 24 hours a day, 7 days a week, at 800-572-4031 or 940-382-7273 – www.dcf.org

The shelter is staffed 24 hours a day, 7 days a week. Crisis intervention specialists answer the hotline, monitor the house, and assist clients with basic needs during night, weekend and holiday hours.

The 32-bed residential facility offers numerous services that encourage safety planning, education regarding relationship violence, personal growth, and independent living skills in an abuse-free environment. Generally, clients stay in the shelter for up to 30 days; extensions may be approved on a case-by-case basis.

El refugio está abierto 24 horas al día, 7 días a la semana. Especialistas de intervención de crisis contestan el teléfono, monitorean la casa, y ayudan a los clientes con necesidades básicas durante la noche, el fin de semana y horas de días festivos.

La residencia con 32 camas ofrece varios servicios que ayudan a planear la seguridad de la persona, educación sobre violencia de parejas, crecimiento personal, y vida independiente en un ambiente libre de abuso. En general, los clientes se quedan en el refugio un máximo de 30 días; extensiones son aprobadas en base de caso por caso.

Denton Housing Authority

1225 Wilson Street – Denton, TX – 76205 – (940) 383-1504 – dentonhousingauthority.com

Addresses the housing needs of low-income families in the city of Denton. Currently administers the Section 8 Housing Choice Voucher Program which assists low and moderate-income families to rent housing in the private market, by paying a portion of the family's rent each month, and also helps holders use their assistance to own instead of rent.

Denton Freedom House

3083 Trails End – Aubrey, TX – 76227 – (940) 565-5990 – dentonfreedomhouse.org

Free faith-based residential program for men only. Individuals in recovery from substance abuse or any other issues are welcome.

Fort Worth Homeless Veterans Program

1518 East Lancaster Road – Fort Worth, TX – 76104 – (817) 255-7150

Homeless Outreach, Housing, and Community Resource and Referral Center

***Genesis Women's Shelter**

4411 Lemmon Avenue – Suite 201 – Dallas, TX – 75219 – (214) 389-7700 – genesishshelter.org

24-hour hotline: 214-946-4357

Genesis Women's Shelter & Support provides emergency shelter, safety and counseling for victims of domestic violence and their children. All of the services at Genesis Women's Shelter & Support are **confidential** and **free**.

Please know that Domestic Violence is a crime.

Genesis Women's Shelter & Support (El refugio y apoyo Genesis para mujeres) proporciona refugio de emergencia, seguridad y consejería para víctimas de violencia doméstica y sus niños. Todos los servicios en el refugio son **confidenciales** y **sin costo**.

Por favor sepa que la violencia doméstica es un crimen.

Geri-Options Consultation and Care

(940) 566-0902 – geri-options.com

Provides geriatric consultation, planning and care management services to find residential services for seniors.

Grayson County Shelter

331 West Morton Street – Denison, TX – 75020 – (903) 465-6041 – graysoncountyshelter.com

Grayson County Shelter, is a non-profit homeless shelter for displaced families which serves Grayson and surrounding counties in North Texas as well as the citizens of Southern Oklahoma. Open 24 hours a day, seven days per week. All services are provided free of charge to the clients.

Habitat for Humanity of Denton County

1721 North Carroll Boulevard – Denton, TX – 76201 – Office Hours: 12-5pm – (940) 484-5006

Christian Ministry in partnership with the community that builds affordable housing for economically disadvantaged families. Requirements must be met in order to receive help from HfHDC.

Homeward Bound, Inc.

233 West 10th Street – Dallas, TX – 75208 – (214) 941-3500 ext. 254

A safe place for people to have medically supervised detox, men's residential program, transitional housing, community resources and outpatient services, woman's residential program, case management, a wide array of treatment programs including medical care, education, employment, and safe sober housing.

Immaculate Conception Catholic Church (through Monsignor King Outreach Center)

2255 North Bonnie Brae Street – Denton, TX – 76207 – (940) 565-1770 – iccdenton.org

Inclement weather shelter. Open when temperatures dip below 32 degrees, soar above 100 degrees or during severe weather outbreaks. Open every Monday night at 7:00 p.m. until further notice. Dinner will not be served on Monday nights. **Shelter Location: 300 South Woodrow Denton, TX 76205**

Leuty Avenue Apartments

909 West 7th Street – Justin, TX – 76247 – (940) 648-3296

Affordable apartment community that provides affordable housing for low-income families and individuals with disabilities. For more information, call site manager.

Medication Outreach

571 West Main Street – Suite 220 – Lewisville, TX – 75057 – (972) 420-0424/1 (866) 446-0933

www.medicationoutreach.com – Office Hours: Monday-Thursday: 8am – 4pm

Assists with enrollment in prescription assistance programs. Monthly fees apply.

Online application must be completed and approved before services are rendered.

New Beginnings

218 North 10th Street – Garland, TX – 75040 – newbeginningcenter.org

Crisis Hotline (972) 276-0057

Administration and Outreach (972) 276-0423

Non-profit organization that provides counseling and outreach services to victims of domestic violence. Offers a variety of programs including shelter, intervention services, educational programs, Battering and Intervention Prevention Program, transitional housing, a 24-hour hotline and community outreach programs.

New Name Ministries

1813 South Jennings Avenue – Fort Worth, TX – 76110 – (817) 920-5886 – newnameministries.org

Non-denominational Christ centered residential reentry facilities established for helping former sex offenders reentering society from prison. Offers assistance in job placement, life skills, mentoring, finance classes, accountability and resources for building healthy relationships.

Call for application and program requirements.

North Texas Youth Connection

1602 East Lamar Street – Sherman, TX – 75090 – (903) 893-4717

Safe Place Hotline Number: 1 (800) 868-7776 – ntxyouthconnection.org

Serves runaway, homeless, and street youth and their families to stabilize their living situation so that they are safe and well, and have the opportunity to develop a safe and healthy lifestyle.

Presbyterian Night Shelter

2400 Cypress Street – Fort Worth, TX – 76102 – (817) 632-7400 – journeyhome.org

Free access to safe shelter and a warm meal, case management, employment help, counseling, housing assistance and other programs. Only free shelter in the area without length-of-stay restrictions. Open 24 hours per day, 365 days per year. Campus includes a shelter that houses homeless adults, with separate facilities for families (women and their children), veterans and those with behavioral disabilities. Other emergency shelter services include warm meals, access to bathroom and shower facilities, toiletries, emergency clothing and more.

***Promise House**

224 West Page Avenue – Dallas, TX – 75208 – (214) 941-8578 – promisehouse.org

Emergency shelter, transitional living, pregnant and parenting teen services, individual, group and family counseling, street outreach and educational intervention.

Refugio de emergencia, vivienda transicional, servicios para jóvenes embarazadas y jóvenes padres, consejería individual, en grupo y de familia, alcance a jóvenes en la calle e intervención educacional.

Reconciliation Outreach

4301 Bryan Street – Dallas, TX – 75204 – (214) 545-6500 – restoringhopedallas.com

One-year residential program for men and women who have life controlling problems such as addiction, homelessness, criminal history, abuse, and behavioral dysfunctions. Other services include discipleship classes, computer classes, and opportunities to gain a GED.

Safe Heaven of Tarrant County

1100 Hemphill Street – Suite 303 – Fort Worth, TX – 76104 – (817) 535-6462 – safehaventc.org

24-Hour Hotline 1 (877) 701-7233

Two 24-hour emergency shelters, counseling, legal services, children's programs, outreach, education, support services and prevention programs.

***Salvation Army**

5302 Harry Hines Boulevard – Dallas, TX – 75235 – (214) 424-7050 – salvationarmy.org

Men and women's shelter, food pantry, meals, clothes, showers, laundry facilities, summer heat relief (cooling station), substance abuse program, meals, life-skills classes, domestic violence program, veteran's programs, and worship programs. The shelter is open 24 hours a day, 365 days a year.

Refugio para hombres y mujeres, despensa de alimentos, comidas, ropa, baños, lavandería, alivio del calor del verano (estación de enfriamiento), refugio para hombres y mujeres, programa de abuso de sustancias, comidas, clases de habilidades para vivir, programa de violencia doméstica, programa para veteranos, y programas de adoración religiosa. El refugio está abierto las 24 horas, 365 días al año.

***Salvation Army Shelter**

1508 East McKinney Street – Denton, TX – 76209 – (940) 566-3800 – salvationarmy.org

Emergency night shelter for men and women, food pantry, performing arts/music, worship, and youth programs, ESL classes, and emergency financial assistance.

The shelter and KARE Kitchen are open 365-days a year regardless of weather or holidays. Offers free meals to the community twice a day. Breakfast at 6:30 am and dinner at 6:30 pm.

The food pantry is open twice a week to Denton County residents who are in need of assistance. Hours are Wednesdays and Fridays from 1:00 pm to 4:00 pm.

Adult ESL classes held every Tuesday morning at 9:30am (Beginners) and 11:00 am (Intermediate) and Thursday afternoons at 5:00 pm (Registration is FREE)

Refugio de emergencia de noche para hombres y mujeres, despensa de comida, programas de música, adoración, y para la juventud, clases de ESL (inglés como segundo lenguaje), y asistencia de finanza de emergencia.

El refugio y la cocina están abiertos 365 días al año sin importar el clima o día festivo. Ofrece comidas gratis a la comunidad dos veces al día. Desayuno a las 6:30am y cena a las 6:30pm.

La despensa de comida está abierta dos veces a la semana para residentes necesitados del condado de Denton. Las horas son miércoles y viernes de 1-4pm.

Clases de inglés para adultos los martes por la mañana a las 9:30 am (principiante) y a las 11:00am (intermedio) y jueves por la tarde a las 5:00pm. (La inscripción es GRATUITA)

***Salvation Army of Tarrant County**

1855 East Lancaster Avenue – Fort Worth, TX – 76103 – (817) 344-1800

Emergency homeless shelter, daily meals for the homeless, the Simon transitional program, veteran enrichment program, and other programs.

The emergency shelter is open 24 hours a day, 365 days a year. Guests are provided with sleeping accommodations, hot meals, showers (including towels and toiletries), and clothes. Also offers a VA Permanent Supportive Housing Program.

Refugio de emergencia, comida diaria para personas sin hogar y otros programas de transición y alcance.

El refugio de emergencia está abierto las 24 horas al día, 365 días al año. Huéspedes son proporcionados con alojamiento para dormir, comida caliente, baños (incluyendo toallas y artículos de aseo) y ropa. También ofrece programa de vivienda de apoyo para veteranos.

***Salvation Army Rehabilitation Center**

2901 NE 28th Street – Fort Worth, TX – 76111 – (817) 834-6271

5554 Harry Hines Boulevard – Dallas, TX – 75235 – (214) 630-5611

Treatment for individuals with identifiable needs resulting from alcohol and chemical dependency. Services include housing, nourishing meals, medical care, work therapy, group therapy and skilled counseling.

Tratamiento para individuos con necesidades identificadas como resultado de la dependencia al alcohol o a drogas. Los participantes reciben hospedaje adecuado, comidas nutritivas, cuidado médico y terapia relacionada a un trabajo. Tienen beneficios de terapia en grupo y consejería con herramientas.

Shady Shores Apartments

401 North Shady Shores Drive – Lake Dallas, TX – 75065 – (940) 497-4844

Affordable housing for low income families and individuals with disabilities. There is a \$10 application fee.

Sons of Thunders Motorcycle Ministries

2128 Lakeview Lane – Denton, TX – 76208 – (940) 387-5750 – www.sonsofthunder.org

Motorcycle ministry shelter. Adults only.

Soul's Harbor

13134 Nile Drive – Dallas, TX – 75253 – (972) 286-1940 – www.soulsharbordallas.org

Recovery home where men can learn tools to fight their addiction issues, or life affecting issues and live in a clean, sober, and functional environment each day.

Texas Department of Housing & Community Affairs

(800) 525-0657 – www.tdhca.state.tx.us

Hours of Operation: Monday-Friday, 8:00 am to 5:00 pm, except for observed holidays

Financial and administrative resource that helps provide services and affordable housing opportunities to Texans who qualify for this assistance based on their income level, as well as a resource for educational materials and technical assistance for housing, housing related and community services matters.

Texas Re-Entry

(817) 632-7437 – P.O Box 2645 – Fort Worth, TX – 76113 – medc-tori.org

(214) 941-1325 Ext. 300 – P.O. Box 4386 – Dallas, TX – 75208

Housing programs, transitional housing, family reunification programs, employment coaching, education programs, spiritual guidance, healthcare and mentorship. *

*For more details on services visit website or call the numbers above.

Texas Veterans Hotline

1 (800) 252-8387

Open Monday through Friday, 7:30am to 5:30pm on regular business days.

The Texas Veterans Land Board (VLB) operates programs to provide benefits and services for Texas Veterans, military members and their families. Provides Veterans benefit information and assistance services through the statewide call service center.

Union Gospel Mission Women's Shelter

The Center of Hope

4815 Cass Street – Dallas, TX – 75235 – (214) 638-2988 – ugmdallas.org/center-of-hope/

Intake Hours: Monday – Friday, 9:30 am – 12pm & 1 – 4pm. Saturday & Sunday 10am to 2 pm.

UGM River Pointe Apartments, 9823 Summerwood Circle – Dallas, Texas – 75243.

Valid photo ID Required. Birth certificate for each child seeking shelter required.

Serves three meals daily and provides a library, learning center, life skill classes, a chapel and medical clinic on-site. Can stay up to 90 days unless the individual person has entered the Discipleship Program.

Union Gospel Mission Men's Shelter

3211 Irving Boulevard – Dallas, TX – 75247 – (214) 637-6117 – ugmdallas.org

Calvert Place Men's Shelter – Serves Men Age 18+

Intake is done at The Bridge **1818 Corsicana Street** 3-5pm daily, seven days a week (new residents need to be in line by 4 pm). Clients are bussed to Calvert Place during the late afternoon/early evening, and bussed back to The Bridge in the morning. Client is assigned a particular bed after intake, and that same bed is his for as long as he stays at the shelter. Offers meals, bed, clothing, showers, health clinic and daily chapel service.

Union Gospel Mission Tarrant County

1321 East Lancaster Avenue – Fort Worth, TX – 76102 – (817) 339-2553 – www.ugm-tc.org

Provides emergency services for the homeless living in Tarrant County.

Requires legal state picture ID and SS card. Proof of income.

Shelter for Men and Women (Separate facilities): 18+ years of age.

Family Shelter: Female 18+ yrs. with children. (Women with boys over 12 yrs. will not be able to stay at family center. Men with girls over 5 yrs. will not be able to stay in Men's Building)

Offers breakfast, lunch and dinner every day for those in need.

Breakfast: 7:00am Lunch: 12:30pm Dinner: 6:00pm (Guests line up to enter the building 45 minutes prior to meal times.)

In addition, overnight shelter for men is available:

Check in occurs at 7:00pm every day at the main entrance of the Men's Building located at

1331 East Lancaster. ID and proof of a TB test within the past year will be needed in order to spend the night.

VA North Texas Health Care System

2223 Colorado Blvd, Denton, TX 76205 – (800) 849-3597/ (800) 849-3597

4500 South Lancaster Road – Dallas, TX – 75216

Hours of Operation:

Hospital & Emergency Room: 24/7

Outpatient Care: Monday - Friday, 8am - 4:30pm

Welcome House Inc.

921 North Peak Street – Dallas, TX – 75204 – (214) 887-0696

Outpatient and residential short-term treatment care, housing, transitional services, substance abuse and case management for people diagnosed with HIV/AIDS.

Legal

CASA (Court Appointed Special Advocates) of Denton County

614 North Bell Avenue – Denton, TX – 76209 – (940) 243-2272 – casadenton.org

CASA volunteers are appointed by the court to serve as advocates for abused or neglected children removed from their homes. Volunteers investigate and monitor a child's situation while in alternative or foster care. Within a 12 to 18-month time period, they make a recommendation to the presiding judge as to what permanent placement would be in the best interest of the child.

Denton County Alternative Dispute Resolution Program

512 West Hickory – Suite 202 – Denton, TX – 76201 – (940) 320-1500 – www.dentonadr.com

Assists the community by offering low cost mediations to resolve disputes which saves money and lessens the case load at the courthouse. Offers a range of mediation services. DCAP matches each case with experienced attorneys/mediators based on the type of case and the level the case is assigned.

Denton County District Attorney, Victim Assistance

Denton County Courts Building

1450 East McKinney Street – 3rd Floor – Denton, TX – 76209 – (940) 349-2600 – dentoncounty.com

Serves as a liaison between the victims of violent crimes and the criminal justice system. Services offered include referral for counseling, preparation for court and court accompaniment during trial, and assistance in crime victim's compensation applications.

Disability Rights Texas

www.disabilityrightstx.org

INTAKE PHONE NUMBERS (Hours: Mon - Fri, 9am – 4pm)

Toll-Free Intake Line for New Callers: 1 (800) 252-9108

For People Who Use Sign Language: VP Sorenson (Toll Free): 1 (866) 362-2851 VP Purple 3: 1 (512) 271-9391

North Texas Regional Office 1420 West Mockingbird Lane – Suite 450 – Dallas, TX – 75247

1 (214) 630-0916 (Voice) – 1 (866) 362-2851 (Video Phone) – 1 (214) 630-3472 (fax)

Provides legal services for individuals with disabilities in the following areas: accessibility, community living, education, employment, health care, housing, protection and civil rights, transportation and voting rights.

***Family Law Hotline**

1 (800) 777-FAIR/1 (800) 777-3247 (Para español presione 4)

Attorneys answer legal questions regarding family law and domestic violence issues.

Abogados responden preguntas sobre leyes de familia y problemas de violencia doméstica.

***Fathers for Equal Rights**

1500 North Main Street – Suite 120 – Fort Worth, TX – (817) 870-4880 – fathers4kids.com

Dallas Headquarters – (214) 953-2233

One of the largest and most active fathers' rights organizations in the United States which provides "hands on" help for members with family law issues.

Provides free access to attorneys, 6 days a week, low cost document preparation, discounted process service, discounted DNA testing, social study preparation, and trial preparation.

FER (Derechos Iguales para Padres) es una de las organizaciones más grandes y activas en los Estados Unidos que proporciona ayuda a miembros con problemas de ley de familia.

Proporciona acceso gratis con abogados, 6 días a la semana, preparación de documentos a bajo costo, servicios de proceso descontado, exámenes de ADN descontados, preparación de estudio social y preparación para juicio.

***Lawyer Referral Services**

(800) 252-9690 – Monday - Friday 8:30 am - 4:30pm – Se habla español – Texasbar.com

Closed on legal holidays. Cerrado en días festivos.

Help finding a lawyer or other resource that best matches the legal needs and financial means of each person.

Ayuda a encontrar un abogado o algún otro recurso dependiendo la necesidad legal y habilidad financiera de cada persona.

Legal Line

Dallas Bar Association – 2101 Ross Avenue – Dallas, TX – 75201 – (214) 220-7400 – dallasbar.org

Volunteer attorneys will answer legal questions for FREE on the 2nd and 3rd Wednesday of each month by answering phone calls from 5:30 pm until 8:00 pm. There are Spanish-speaking attorneys when available.

The telephone number to call is (214) 220-7476. Callers are welcome to call with ANY kind of legal question.

Legal Aid of Northwest Texas

625 Dallas Drive – Suite 350 – Denton, TX – 76205 – (800) 955-1407 – www.lanwt.org

600 East Weatherford Street – Fort Worth, TX – 76102 – (800) 955-3959

1515 Main Street – Dallas, TX – 75201 – (214) 748-1234

Free civil legal services to low-income residents in 114 Texas counties throughout North and West Texas.

Opening Doors International Services

2200 North Bell Avenue – Denton, TX – 76209 – (940) 382-0096 – odisinc.org

Provides legal knowledge of immigration law and represents families before United States Citizenship and Immigration Services (USCIS), Department of Homeland Security (DHS), Immigration Customs Enforcement (ICE) and Department of State (DHS) in the following areas: Family petitions, Deferred Action (DACA), Adjustment of Status, Consular processing, Citizenship, Fiancé visa, and VAWA (Violence Against Women Act) self-petitions.

Proyecto Inmigrante ICS, Inc.

www.proyectoimmigrante.org

MANHATTAN PLAZA (Closed Sunday & Monday) (Hours Tue-Sat 9am-5pm hour break from 12-1pm)

6850 Manhattan Boulevard – Suite 200 – Fort Worth, TX – 76120 – 1 (888) 793-2182 Ext. 201

DALLAS (Closed Sunday & Monday) (Hours Tue-Sat 9am-5pm hour break from 12-1pm)

415 East Airport Freeway – Suite 150 – Irving, TX – 75062 – 1 (888) 793-2182 ext. 3201

Offers immigration representation programs and counseling services to help clients become permanent residents or citizens of the United States.

Texas Advocacy Project

(512) 476-5377 – www.texasadvocacyproject.org

FAMILY VIOLENCE LEGAL LINE 800-374-HOPE (Statewide)

FREE legal services statewide to victims of domestic and dating violence, sexual assault, and stalking.

***Texas VINE (Victims Information and Notification Everyday)**

1 (877) 894-8463 – vinelink.com

Provides basic information on jailed suspects/offenders and their scheduled court events, notifies registered users of changes in jail status and court events, free service for crime victims and other concerned citizens, available 24 hours a day, 7 days a week in English and Spanish.

Proporciona información básica sobre sospechosos/delincuentes y sus eventos programados en corte, notifica a los usuarios de cambio en el estado de encarcelamiento o eventos en corte, servicio gratis para víctimas de crímenes y otros ciudadanos preocupados, disponible 24 horas al día, 7 días a la semana en inglés y español.

Medical

Accolade Home Care

2800 Shoreline Drive – Suite 204 – Denton, TX – 76210 – (940) 891-1161/ (866) 211-2111

www.accoladehomecare.com

Skilled nursing, home care aide, physical therapy, occupational therapy, speech therapy, diabetic teaching and training, infusion therapy, low vision, lower extremity management, medical social work, memory care, ostomy care, telehealth/cardiac, wound care, and vestibular therapy.

Ann's Haven VNA

1204 West University Drive #150 – Denton, TX – 76201 – (940) 349-5900 – www.vnatexas.org

At-home hospice care services for individuals diagnosed with a terminal illness and provides private care for seniors in order to age with dignity and independence at home.

Bluebonnet Home Care and Hospice

4144 North Central Expressway #950 – Dallas, TX – 75204 – 1 (800) 994-1924 – bluebonnethc.com

Offers a wide range of home care services including: Skilled nursing, home health aides, physical therapy, occupational therapy, speech therapy, IV therapy, anodyne therapy, laboratory testing, cardiac/pulmonary care, wound care/wound vac., post-surgical care, catheter care, oncology care, comprehensive diabetic care, medication management, sub Q and IM injections, in home PT/INR

***Denton Community Health Clinic**

525 South Locust Street – Suite 200 – Denton, TX – 76201 – (940) 600-7527 – www.dentonchc.com

Healthcare is available for treatment for diabetes, high blood pressure and heart problems, breathing problems, child healthcare, immunization for children and adults, women and men healthcare, mental health supportive care, counseling, social work and case management services. Sliding scale fee.

Cuidado de salud y tratamiento para diabetes, presión alta y problemas del corazón, problemas de respiración, y cuidado de salud de niños, vacunas para niños y adultos, cuidado de salud para mujeres y hombres, cuidado de salud mental, servicios de consejería, trabajo social y manejo de casos. Cuota basada en escala.

Denton Dental Mission

1010 North Elm Street – Suite 106 – (940) 591-8730 – dentondentalmission.org

Examination and x-rays to determine services needed, fillings, root canals, extractions (one tooth to full mouth extraction when necessary), comprehensive oral hygiene, and dentures.

Adults should apply at Vision Ministries Tues – Fri 12:30-4:00pm. ID and proof of income required.

***Denton Family Healthcare**

1306 Teasley Lane – Denton, TX – 76205 – (940) 382-5005 (Para español presione 2)

All ages family healthcare. **No pain medications.** Please call for more info on services, fees and insurance accepted.

Cuidado de salud familiar para todas las edades. **No analgésicos.** Para más información en servicios, cuotas y seguro aceptados. Favor de llamar.

***Denton County Health Department**

Denton Admin Complex-Health Services Building – dentoncounty.com/health

535 South Loop 288 – Denton, TX – 76205 – (940) 349-2900 – Hours: 8am-12pm & 1-5pm

Lewisville Lee Walker Government Center

190 North Valley Parkway – Suite 203 – Lewisville, TX – 75067 – (972) 434-4700

Hours: 8am-12pm & 1-5pm

Child health clinic, dental services, immunization clinic, prenatal care and services, women's health services, primary care, STD clinic*, TB clinic*, and lice checks available.

*Note: Primary Care, Immunization Clinic, STD Clinic, and TB Clinic hours vary.

Cuidado de salud para niños, servicios dentales, clínica de vacunas, cuidado y servicio prenatal, servicios de salud para mujeres, atención primaria, clínica de enfermedades de transmisión sexual*, clínica de tuberculosis* y chequeo de piojos disponible.

*Clínicas de atención primaria, vacunas, enfermedades de transmisión sexual y de tuberculosis varían en horas.

Denton Treatment Services

621 Londonderry Lane – Denton, TX – 76205 – (940) 483-0644 – texas-treatment.com

Methadone maintenance for treatment of Opiate addiction.

***Dentures and Dental Care**

2317 West University Drive – Suite B-8 – Denton, Texas – 76201 – (940) 566-0127

Tooth extractions, crowns/bridges, full replacement dentures, immediate dentures and dental implants.

Extracciones de dientes, coronas/puentes, dentaduras de remplazo completas, dentaduras inmediatas e implantes dentales.

Encompass Home Health

1809 Hinkle Drive – Suite 150 – Denton TX – 76201 – (940) 382-2840 – www.ehhi.com

Skilled nursing, skilled therapy, medical social work, home health aides, hospice, pediatric care and specialty programs in orthopedics, cardiopulmonary, diabetes management, and other specialties.

Epic Health Services

1349 Empire Central – Suite 516 – Dallas, TX – 75247 – (469) 364-8600 - epichealthservices.com

Provides pediatric skilled nursing, speech therapy, occupational and physical therapy, as well as adult skilled nursing.

Family Care Services, Inc.

7761 Raintree Way – Frisco, TX – 75033 – (972) 668-8242 – www.familycaresrv.com

Provides Philips Lifeline Medical Alarms and the AutoAlert which send an alert when someone falls even if the person is unconscious. Also carries many types of medicine dispensers.

***Family Healthcare of Denton (Dr. Stanley Evans)**

3105 Colorado Boulevard – Denton, TX – 76210 – (940) 383-3444 – familyhealthcaredenton.com

Adult, adolescent and child care. Services provided include allergy testing, drug testing, vaccines, family planning, preventative care, wellness programs and more.

Cuidado de adultos, adolescentes y niños. Servicios proporcionados incluyen exámenes de alergia, exámenes de drogas, vacunas, planeo de familia, cuidado preventivo, programas de bienestar y más.

***Family Health Care Inc.**

1002 Stanley Street – Denton, TX – 76201 – www.familyhealthcare-inc.com

Denton Regional Professional Building – 2nd Floor/2do Piso

Women's health services include prenatal care, annual exams, STD treatment, family planning and birth control, diagnosis and treatment for irregular menstrual cycles, and menopause treatment and alternative therapy. Male physicals on Thursdays from 9am-3pm.

Servicios de la salud de la mujer incluyen cuidado prenatal, exámenes anuales, tratamiento para enfermedades de transmisión sexual, plan de familia y anticonceptivos, diagnóstico y tratamiento de ciclos menstruales irregulares y tratamiento/terapia alternativa para la menopausia.

Exámenes físicos para hombres jueves 9am-3pm.

First Refuge Ministries

1701 Broadway Street – Denton, TX – 76201 – (940) 484-4384 – Firstrefugeministries.org/medical-clinic

Medical clinic, chiropractic clinic, dental clinic, RX relief program, immunizations, flu shots (October & November) and community health screenings.

For application and information on services call number provided above.

Good Samaritan North Texas Home Health

2500 Hinkle Drive – Denton, TX – 76201 – (940) 383-2651

Home and community care services, rehab and skilled care, and senior living programs.

Health Services of North Texas

(800) 974-2437 / (940) 381-1501 – www.healthntx.org

Denton Medical Center 4308 and 4310 Mesa Drive – Denton, TX – 76207 – (940) 381-1501

Denton South Center 3537 South I-35 – Suite 210 – Denton, TX – 76210 – (940) 381-2313

Elm Street Center (in the Wheeler House) 821 North Elm Street – Denton, TX – 76201 – (940) 381-1501 ext. 5000

Child wellness check-ups, health and sports physicals, diabetes care, heart disease care, high cholesterol care, high blood pressure care, asthma care, woman wellness exams and physicals, chronic disease care, in-house lab testing, and same day sick visits.

***Indigent Healthcare of Denton County**

Denton Admin Complex-Health Services Building

535 South Loop 288 – Suite 1052 – Denton, TX – 76205 – (940) 349-2940/ (972) 434-8864

dentoncounty.com/ihc

Monday - Friday 8:00am-12:00pm & 1-5pm

For detailed information of services and application requirements call number provided above.

Para más detalles sobre servicios y requisitos de aplicación llame al número proporcionado.

Islets of Hope

isletsofhope.com

List of comprehensive diabetes assistance programs by state, as well as international resources for other countries. Includes private, corporate, and government programs.

Kiwanis Club Children's Clinic

1001 North Elm Street – Denton, TX – 76201 – (940) 387-6323 – dentonkiwanisclub.org

Low-cost or no-cost medical and dental care, and prescription assistance to disadvantaged children in the Denton area.

Little Elm Medical Clinic

730 East Eldorado Parkway – Little Elm, TX – 75068 – (972) 292-3330 – littleelmmed.com

Diagnostic healthcare for high blood pressure, diabetes, obesity, asthma, thyroid problems, heart disease, lung disorders, depression, anxiety and fatigue, among others. Also provides physical exams, and other in-office procedures.

***Metrocrest Family Medical Clinic (Metrocrest Community Clinic)**

1 Medical Parkway Plaza I – Suite 149 – Farmers Branch, TX 75234 – (972) 484-6336

For Appointments/Para citas: (972) 484-8444

Offers gynecology (well woman exams with pap testing), ear/nose/throat services, Diabetes treatment and management, hypertension (high blood pressure) treatment and management, general medical conditions with lab testing, and referral services to higher levels of care.

Ofrece servicios en ginecología (exámenes de la mujer y Papanicolaou), servicios de oído/nariz/garganta, tratamiento y manejo de diabetes, tratamiento y manejo de hipertensión (presión alta), condiciones médicas con exámenes de laboratorio y referencias a niveles de cuidado más alto.

Mission Arlington Medical Clinic (Bob Mann Medical Clinic)

210 West South Street – Arlington, TX – 76010 – (817) 277-6620 – missionarlington.org

Health care at no cost for low-income residents of Arlington, Grand Prairie and surrounding areas of Kennedale, Mansfield, Pantefo and Dalworthington Gardens.

For more information on services please call number provided.

NP Care Clinic

802 North Bonnie Brae #100 – Denton, TX – 76249 – (940) 294-2944

Monday to Friday: 9am-5pm Closed during lunchtime: 1-2pm

Primary care services, acute and chronic illness treatment, urgent care, and bioidentical hormones, laser hair removal, STD treatment, and well-woman visit.

***PediPlace**

Park Lane Village: 502 South Old Orchard Lane #126 – Lewisville, TX – 75067 – (972) 436-7962

Spring Creek Village: 7989 Belt Line Road #120 – Dallas, TX – 75248 – (214) 420-8008

Primary pediatric care, treatment of illnesses, preventive care, hearing and vision screenings, treatment of asthma and other chronic illnesses, referrals for specialized care, and newborn parent health and child safety education.

Servicios de cuidado primario pediátrico, tratamiento de enfermedades, cuidado preventivo, exámenes de visión y audición, tratamiento de asma y otras enfermedades crónicas, referencias para cuidado especializado, y educación para salud de padres nuevos y cuidado de niños.

Planned Parenthood

plannedparenthood.org

2436 South IH-35 E #340 – Denton, TX – 76205 – (940) 891-0737

1356 West Main Street – Lewisville, TX – 75067 – (972) 221-7644

Offers birth control, HIV testing, men's health care, morning-after pill (emergency contraception), pregnancy testing & services, STD testing, treatment & vaccines, and women's health care.

***Primary Care Clinic of North Texas**

570 South Edmonds Lane – Suite 111 – Lewisville, TX – 75067 – (972) 221-6005 – primarycareclinic.org

3900 American Drive – Suite 201 – Plano, TX – 75075 – (972) 596-6005

7515 Greenville – Suite 801 – Dallas, TX – 75231 – (214) 378-6005

Medical care for uninsured adults and children over 12 years without regard to income or county of residence. Office visit \$40. Routine blood tests range from \$10-\$20 each. Screening for Hepatitis, HIV, cholesterol, PSA, etc. Pap smear test available for \$95 (includes office visit). Referrals for X-rays, ultrasound, CT and MRI scans priced at or near Medicare rates. All generic drugs at discounted prices made available through local pharmacies

Cuidado médico para adultos y niños de más de 12 años, sin importar ingresos o condado de residencia. Visita a la oficina \$45. Examen de sangre rutinario de \$10 a \$20 cada uno. Papanicolaou disponible por \$95 por examen (incluye costo de visita). Examen por hepatitis, VIH, colesterol, y otros. Referencia para rayos-X, ultrasonidos, CT y MRI a costo similar al de Medicare. Medicamentos descontados disponibles en farmacias locales.

***Sage Care Therapy Services**

6301 Gaston Avenue – Suite 750 – Dallas, TX – 75214 – (214) 295-5374

Home healthcare and pediatric therapy services. Offers pediatric physical therapy, pediatric occupational therapy and pediatric speech therapy at home where children can feel the most comfortable.

Cuidado de salud y servicios de terapia pediátricos en casa. Ofrece terapia física pediátrica, terapia ocupacional pediátrica y terapia de habla pediátrica en casa donde los niños se sienten más cómodos.

Texas Scottish Rite Hospital for Children

www.tsrhc.org

Main Campus: 2222 Welborn Street – Dallas, TX – 75219 – (214) 559-5000/ (800)421-1121

**North Campus: Plano Pediatric Pavilion 7000 West Plano Parkway – Plano, TX – 75093
(469) 515-7100**

Services offered in neurology, disabilities, orthodontics, prosthetics, rheumatology, psychology, pediatric orthopedics, dyslexia and other specialties.

Texas Dentists for Healthy Smiles

1946 S IH35 – Suite 300 – Austin, TX – 78704 – (512) 448-2441/ (877)807-6453 – www.tdasmiles.org

Programs for free dental care and education.

***The Today Clinic**

1318A West Main Street – Lewisville, TX – 75067 – (214) 222-0781 – todayclinic.com

Urgent care services, treatment for acute and chronic conditions, allergies, asthma, broken bones and sprains, burns, cold and flu symptoms, ear, sinus and respiratory infections, insect and animal bites, stomach viruses, skin rashes and most other non-life threatening injuries, illnesses and conditions

Servicios de atención de urgencia, tratamiento de enfermedades agudas y crónicas, alergias, asma, huesos rotos y fracturas, quemaduras, síntomas de resfriado y gripe, infecciones del oído, sinusitis y respiratorias, picaduras de insectos y animales, virus de estómago, erupciones en la piel y la mayoría de otras lesiones, enfermedades y condiciones que no peligran la vida.

TWU Dental Hygiene Clinic

Main floor – Room 102 – Multipurpose Classroom-Laboratory Building (MCL)

Bell Avenue of Texas Woman’s University’s main campus in Denton

(940) 898-2888 – twu.edu/dental-hygiene/clinic

Teeth cleaning, deep cleaning (Non-surgical periodontal therapy), x ray (Radiographs), oral cancer screening, limited dental exam, sealants and fluoride to help prevent cavities and tooth whitening.

Urban Inter-Tribal Center of North Texas

1261 Record Crossing Road – Dallas, TX – (214) 941-1050 Ext 200 – uitct.com

The Center offers a wide range of services including medical and dental care, counseling, employment and training services, pharmacy, and other supportive services.

VA Community Based Outpatient Clinic

2201 SE Loop 820 – (817) 730-0000/ (800) 443-9672 – www.northtexas.va.gov

Primary care, routine physical exams, laboratory testing, prescriptions, immunizations, preventive health maintenance, specialty care and consults.

Vision USA

www.aoa.org/visionusa – (800) 766-4466

Free eye exams. May provide eye wear at a minimal cost if requirements are met. Application available online.

***Wisdom Health Care and Family Clinic**

403 Main Street – Suite B – Lewisville, TX – 75057 – (972) 436-1811

Low cost family healthcare. No appointment necessary. For information on services and insurance please call number provided.

Cuidado de salud familiar a bajo precio. No se necesita cita. Para más información sobre servicios proporcionados y seguro aceptado llame al número proporcionado.

WIC (Women/Infant and Children)

Denton Admin Complex Health Services Building

535 South Loop 288 – Denton, TX – 76205 – (940) 349-2930

359 Lake Park Road – Suite 113 – Lewisville, TX – 75067 – (972) 221-1603

3044 Old Denton Road – Suite 113 – Carrollton, TX – 75007 – (972) 446-1507

Nutrition program that helps pregnant women, new mothers, and young children eat well, learn about nutrition, and stay healthy. Offers nutrition education and counseling, nutritious foods, and help accessing health care to low-income women, infants, and children through the Special Supplemental Nutrition Program, popularly known as WIC.

Medication Assistance Programs – (Certain Criteria May Apply)

Abbot Laboratories	800-222-6885
Astra Zeneca	800-424-3727
Bristol-Myers Squibb	800-736-0003
Eli Lilly – Lilly Cares	800-545-6962
Forest Pharmaceuticals	800-851-0758
Glaxco SmithKline	866-728-4368
Johnson & Johnson	800-652-6227
Merck	800-727-5400
Novartis	800-277-2254
Pfizer Inc.	866-706-2400
Shire Cares	888-227-3755
Sunovion	877-850-0819

Mental Health Hospitals

Baylor All Saints Medical Center – Behavioral Health

1400 8th Avenue – Fort Worth, TX – 76104 – www.baylorhealth.com

(817)926-2544 (Main)/ (817) 922-1162 (Behavioral health)

Treats adults 18 and over for psychiatric and/or addictive disorders through their Behavioral Health Outpatient Programs.

Carrollton Springs

2225 Parker Road – Carrollton, TX – 75010 – (972) 242-4114 – www.carrolltonsprings.com

Treats individuals who may be suffering from one or more of the following conditions: depression, anxiety, panic attacks, obsessive/ compulsive thoughts or behavior, post-traumatic stress, auditory and/or visual hallucinations, anger or impulse control issues. Offer inpatient treatment, group psychotherapy, family therapy, nutritional education, activity therapy, spiritual sessions and medication education.

Children’s Medical Center of Dallas

1935 Medical District Drive – Dallas, TX – 75235 – Main Line: 1 (844) 424-4537

Psychiatry & Psychology Inpatient: (214) 456-8899

Comprehensive specialty programs available for children and teens in need of psychiatry and psychological services.

***Cook Children’s Behavioral Health**

Denton Psychology Clinic

3201 Teasley Lane – Suite 202 – Denton, TX – 76210 – (682) 885-3917 – www.cookchildrens.org

Lewisville Psychology Clinic

401 North Valley Pkwy – Suite 400 – Lewisville, TX – 75067

Fort Worth Psychiatry Clinic (Partial Hospitalization Program)

901 7th Avenue – Fort Worth, TX – 76104

Treats anxiety disorders, ADHD/ADD, Autism spectrum disorders, behavior problems, bipolar disorders, depression, developmental and learning delays, also offers group and family therapy, and therapy for patients and family dealing with medical illness.

Trata los desórdenes de ansiedad, déficit de atención e hiperactividad, desordenes en el espectro de Autismo, problemas de conducta, desorden bipolar, retrasos de aprendizaje y desarrollo, también ofrece terapia de grupo y familia, terapia para padres y familia tratando con enfermedades médicas.

***Excel Center of Lewisville**

190 Civic Circle – Suite 170 – Lewisville, TX – 75067 – (972) 906-5522 / español (817) 335-6429
Excelcenterlewisville.com

Specialized day treatment in mental health, behavioral health, chemical dependency, and dual diagnosis through intensive outpatient and partial hospitalization treatments.

***Glen Oaks Hospital**

301 East Division – Greenville, TX – 75402 – (800) 443-1109/ (903) 454-6000 – glenoakshospital.com
24 Hr. Crisis Line 1-800-443-1109 Free Assessment 24/7

Offers psychiatric and chemical dependency services for children, adolescents and adults. Services include inpatient programs, partial (day) hospitalization, and an intensive outpatient program. Accepts most major insurance plans.

Ofrece servicios de psiquiatría y dependencia química para niños, adolescentes y adultos. Los servicios disponibles incluyen programas de internado hospitalario, hospitalización parcial y programa intensivo ambulatorio. Acepta la mayoría de planes de seguro.

Green Oaks Behavioral Health Services

7808 Clodus Fields Drive – Dallas, TX – 75251 – (972) 991-9504 / (800) 866-6554 (Toll-Free)
greenoakspsych.com

Inpatient care for adults and adolescents (ages 12-17), 24-hour hospitalization, psychiatric evaluations, 24-hour nursing care, crisis intervention, ongoing medical, behavioral, and nutritional therapy. Also provides outpatient services including internal medicine, therapy, social work and financial counseling for uninsured individuals.

Hickory Trail Hospital

2000 North Old Hickory Trail – DeSoto, TX – 75115 – (972) 298-7323 – hickorytrail.com

Inpatient and day programs for children, adolescents, adults and senior adults. Services are provided for depression, painkiller/opiate dependence, alcohol abuse, bipolar disorder, behavioral problems, and post-traumatic stress disorder 24 hours a day, 7 days a week.

Huguley Behavioral Health Center

11801 South Freeway (I-35W) – Burleson, TX – 76028 – (817) 568-3336 – texashealthhuguley.org
24 Hour Helpline: (817) 568-5950

Inpatient and outpatient services for individuals with psychiatric and chemical dependency issues.

***John Peter Smith Hospital (Trinity Springs Pavilion)**

1500 South Main Street – Fort Worth, TX – 76104 – (817) 702-3636 – www.jpshealthnet.org

Psychiatric emergency center, acute inpatient services, adolescent inpatient services, local commitment alternative services, outpatient behavioral health services, partial hospitalization programs, integrated healthcare, and peer and family services.

Centro de emergencias psiquiátricas, servicios de internado hospitalario breve, servicios de internado hospitalario para adolescentes, servicios locales alternativos de internado, servicios ambulatorios de salud de comportamiento, programas de hospitalización parcial, cuidado de salud integrado y servicios de pares y de familia.

Mayhill Hospital

2809 South Mayhill Road – Denton, TX – 76208 – (940) 239-3000 – www.mayhillhospital.com

Provides intensive therapy, medication management, psychiatric evaluations, drug and alcohol detox, individual, group and family therapy, and 24-hour nursing care for adults and seniors suffering from emotional, behavioral and psychiatric disorders.

Medical Center of McKinney

4500 Medical Center Drive – McKinney, TX – 75069 – (972) 547-8000 – medicalcenterofmckinney.com

Treats adults with a wide range of psychiatric conditions including depression, anxiety, suicidal and/or aggressive behavior, psychotic thinking and bipolar disorder. Also treats secondary chemical dependency issues, and offers inpatient services to older adults to help them bring balance to their lives and renew social, physical, and mental skills.

Methodist Richardson Medical Center

401 West Campbell Road – Richardson, TX – 75080 – (469)204-1000

Specializes in short-term crisis stabilization of acute mental health disorders including depression, bipolar disorders, schizophrenia, anxiety disorders, and other types of acute mental illness. In addition, offers a recovery programs specializing in the treatment of alcohol, opiate and prescription drug addiction.

Millwood Hospital

1011 North Cooper Street – Arlington, TX – 76011 – (817) 261-3121 – millwoodhospital.com

Offers a comprehensive continuum of care for children, adolescents, adults, and senior adults with psychiatric or substance abuse problems, including mental health, chemical dependency, dual diagnosis/co-occurring, crisis stabilization, partial day hospitalization, intensive outpatient, and medication management.

Nexus Recovery Center, Inc

8733 La Prada Drive – Dallas, TX – 75228 – (214) 321-0156 – nexusrecovery.org

Residential and outpatient substance abuse treatment. Offers counseling and case management, life skills training, STD/HIV Testing and education, psychiatric services, family therapy and education, and parenting classes.

North Pointe Family Center (Part of UBH)

2026 West University Drive – Denton, TX – 76201 – (940) 320-8100 – ubhdenton.com

A continuum of care is offered for patients with mental health and chemical dependency problems through partial hospitalization and intensive outpatient services. The adolescent outpatient programs offer families full educational case management with a state certified public school teacher. The outpatient adult programs offer the same services as inpatient care, and there is also an evening intensive outpatient program for those with work responsibilities.

North Texas State Hospital

6515 Kemp Boulevard – Wichita Falls, TX – 76308 – (940) 692-1220

Treats youth with serious emotional disturbance, transition-age 18-25, adults with serious mental illness, persons with Alzheimer's or dementia, persons with mental health and substance abuse disorders, persons with post-traumatic stress disorder, and forensic clients.

Parkland Behavioral Health Center

6300 Harry Hines Boulevard – 7th Floor – Dallas, TX – 75235 – (214) 590-5536

Monday - Thursday 8am–4:30pm & Friday 7:30am–4pm

Psychiatric evaluations, medication management, group, individual and family therapy, neuropsychological and psychological testing, social work services, geriatric services, memory clinic, HIV psychiatry, and postpartum mental health services.

Presbyterian Hospital of Plano (Seay Center)

6110 West Parker Road – Plano, TX – 75093 – (972) 981-8301 – texashealth.org

Treats youth with serious emotional disturbance, transition-age 18-25, adults with serious mental illness, persons with Alzheimer's or dementia, persons with mental health and substance abuse disorders, lesbian, gay, bisexual, or transgendered clients, and mental health issues.

***Red River Hospital Behavioral Health**

1505 8th Street – Wichita Falls, TX – 76301 – (940) 322-3171/ (800) 234-5809 – redriverhospital.com

Children and adolescent mental health inpatient treatment for youth, ages 5-17, adult mental health inpatient treatment, adult addiction inpatient treatment, adult progressive care inpatient treatment, military heroes' unit for United States service members, partial hospitalization program, and intensive outpatient program.

Tratamiento hospitalario de salud mental para niños y adolescentes edades 5-17, tratamiento hospitalario de salud mental para adultos, tratamiento hospitalario de adicciones para adultos, tratamiento hospitalario para adultos de cuidado progresivo, unidad de héroes para miembros del servicio de los Estados Unidos, programa de hospitalización parcial, y programa de tratamiento hospitalario intensivo.

Sante Center for Healing

914 Country Club Road – Argyle, TX – 76226 – (800) 258-4250/ (940) 464-7222 – santecenter.com

Addresses addictive behaviors and provides residential treatment, an intensive outpatient program, transitional living, aftercare and prevention programs, family support and an outpatient clinic for substance abuse recovery.

Sundance

7000 U.S. 287 Frontage Road – Arlington, TX – 76001 – (817) 583-8080 – sundancehealthcare.com

2707 Airport Freeway – Fort Worth, TX – 76111 – (817) 222-9191

2696 West Walnut Street – Garland, TX – 75042 – (469) 440-5566

Inpatient and outpatient behavioral health and chemical dependency treatment specializing in Depression, Bipolar, PTSD, ADHD, Oppositional Defiance, drug and alcohol treatment and other mood related disorders.

Texas Health Presbyterian Hospital of Dallas

8200 Walnut Hill Lane – Dallas, TX – 75231 – (214) 345-6789/ (682) 236-6023 – TexasHealth.org/Dallas

Inpatient and outpatient services for individuals with psychiatric and chemical dependency issues.

Texas Health Springwood (Harris Methodist)

2717 Tibbets Drive – Bedford, TX – 76022 – (817) 355-7771 – texashealth.org

Primarily focuses on substance abuse services. Services offered include substance abuse treatment, detoxification, partial hospitalization/day treatment, residential short-term treatment, residential long-term treatment and hospital inpatient programs.

Timberlawn Mental Health System

4600 Samuell Boulevard – Dallas, TX – 75228 – (214) 381-7181/ (800) 426-4944 – timberlawn.com

Offers treatment to adults suffering from psychiatric illness or have experienced trauma. Services include psychiatric evaluation and diagnosis, physical examination, medications when indicated, cognitive behavioral skills, psych-educational classes, recreational therapy groups, and individual and family therapy, among other services.

TMC Behavioral Health Center

2601 Cornerstone Drive – Sherman, TX – 75092 – (903) 416-3000/ 1 (855) 815-2417

tmcbehavioralhealth.com

Comprehensive adult psychiatric and chemical dependency services including adult psychiatric inpatient treatment, geriatric psychiatry, intensive outpatient program, inpatient and outpatient electroconvulsive therapy, and dual diagnosis.

University Behavioral Health of Denton

2026 West University Drive – Denton, TX – 76201 – (940) 320-8100/ 1 (888) 320-8101 – ubhdenton.com
Inpatient and day hospital (outpatient) services for adolescents and adults suffering from mental health illness. Adolescent and adult services treat mental health, chemical dependency, detoxification and co-occurring disorders.

VA North Texas Health Care System

4500 South Lancaster Road – Dallas, TX – 75216 – (800) 849-3597/ (800) 849-3597
Nationwide Crisis Line 1 (800) 273-8255
Hours of Operation: Hospital & Emergency Room: 24/7
Outpatient Care Monday - Friday, 8am-4:30pm

Wise Regional – Behavioral Health (West Campus)

2000 South FM 51 – Decatur, TX – 76234 – (940) 626-0145 – wisehealthsystem.com
The inpatient program offers psychotherapy, recreation and pet therapy, neuro-psychological testing, medication stabilization, physical, occupational and speech therapy. The outpatient program is aimed at treating mental health disorders, and the evening outpatient program is aimed to treat substance abuse and related mental health issues.

Zale Lipshy University Hospital (UT Southwestern Medical Center)

5151 Harry Hines Boulevard – Dallas, TX – 75390 – (214) 645-5555 – utswmedicine.org
Inpatient treatment for children and adults experiencing acute psychiatric symptoms. Inpatient treatment is offered for anxiety, phobias, panic disorders, bipolar, depression, mood disorders and schizophrenia. Outpatient treatment for adults is also offered.

Intellectual and Developmental Disabilities

***Ability Connection Texas**

8802 Harry Hines Boulevard – Dallas, TX – 75235 – (800) 999-1898/ (214) 351-2500
abilityconnectiontexas.org

Provides case management through Community Living Assistance and Support Services (CLASS), help and support for individuals to live independently and IFC residential group homes through Home and Community Based Services (HCS), help and support to provide community living, professional and technical support to individuals to live with their families through Texas Home Living program (TxHmL), and IMPACT day habilitation which teaches life skills, education, community outing and socialization.

Proporciona manejo de caso a través de Community Living Assistance and Support Services (CLASS), ayuda y apoyo para que las personas vivan individualmente y IFC casas de grupo a través de Home and Community Based Services (HCS), ayuda y apoyo para proporcionar vivienda en la comunidad, apoyo profesional y técnico para que las personas vivan con sus familias a través de Texas Home Living (TxHmL), e IMPACT habilitación de día que enseña habilidades de vida, educación, viajes en la comunidad y socialización.

ARC of Denton County

(972) 436-8471 – arcofdentoncounty.org
Provides family support, public awareness, advocacy service, and referral.

ARC of Texas

512-454-6694 – thearcoftexas.org
Advocacy, trainings, information and referral for individuals with intellectual disabilities or physical limitations and their families.

Association for Independent Living

2826 Storey Lane – Dallas, TX – 75220 – (214) 351-0798 – afildfw.org

Twenty-four hour educational and residential program for adults with intellectual and developmental disabilities in which they are all taught the same skills at his/her own pace.

Autism Now

1.855.828.8476 – autismnow.org

Provides high quality resources and information in core areas across the lifespan to individuals with Autism Spectrum Disorders (ASD) and other developmental disabilities, their families, caregivers, and professionals in the field.

***Autism Speaks**

888-288-4762 / 888-772-9050 (español) – autismspeaks.org

The adult services initiative provides resources that impact all facets of adult life including employment, housing, community life and post-secondary education.

La iniciativa de servicios de adultos proporciona recursos que impactan todas las etapas de la vida de un adulto incluyendo trabajo, vivienda, vida en la comunidad y educación de postsecundaria.

Best Buddies

1341 West Mockingbird Lane – Suite 103E – Dallas, TX – 75247 – (214) 242-9908 – bestbuddies.org

Offers one-to-one friendships, integrated employment and leadership development for people with intellectual and developmental disabilities (IDD).

Camp Summit

17210 Campbell Road – Suite 180-W – Dallas, TX – 75252 – (972) 484-8900 – campsummittx.org

A residential or “sleep away” camp for children and adults with special needs. Provides barrier-free outdoor experiences that promote personal growth and foster independence for children and adults with disabilities.

Connection Kids Special Needs Directory

(888) 596-6366 – www.specialneedskidsdirectory.com

Provides referrals and resources to parents and families of special needs individuals.

Denton ISD Regional Day School Program for the Deaf-Special Education

1205 West University Drive – Denton, TX – 75201 – (940) 369-4084

Services for students, ages 0-21, who are eligible for special education services based on an auditory impairment and educational need.

Denton State Supported Living Center

3980 State School Road – Denton, TX – 76210 – (940) 891-0342

Provides residential services for individuals with special needs, including: 24 hour supervised care, comprehensive health care, skills training and work programs.

Down Syndrome Guild of Dallas

1702 North Collins Boulevard – Suite 170 – Richardson, TX – 75080 – (214) 267-1374

downsyndromedallas.org

Provides accurate and current information, resources, and support for people with Down syndrome, their families and the community. Also offers parent-to-parent support to families with new babies, young children, school-age children, and adults with Down syndrome through personal visits, information packets, and social gatherings.

Easter Seals of North Texas

**1424 Hemphill Street – Fort Worth, TX – 76104 – (888) 617-7171 – easterseals.com/northtexas/
4443 North Josey Lane – Suite 100 – Carrollton, TX – 75010 – (972) 394-8900**

An organization serving children and adults with disabilities and other special needs locally by creating opportunities that advance the independence of these individuals.

EduCare Community Living

**2928 Metro Street – Suite 101M – Denton, TX – 76207 – (940) 380-0113
rescare.com/residential-services/**

Residential services for people with intellectual and developmental disabilities. Services include 24-hour supervision, nursing, day habilitation, life skill training, recreation and leisure activities.

Home Instead Senior Care

2100 Justin Road – Suite 201 – Highland Village, TX – 75077 – (972) 200-1654 – homeinstead.com

Provides companionship care, personal care, meals and nutrition, transportation, help with household duties, respite care, hospice care support services, and 24 hour and live-in care.

IASIS Learning Center

4251 FM 2181 – Suite 230-249 – Corinth, TX – 76210 – (214) 395-3045 – iasislearningcenter.com

Programs that consist of empirically researched based behavior interventions that will help clients meet their potential and learn social skills needed to be successful in relationships, school, and in a career.

Kids Together

kidstogether.org

Information and resources for children and adults with disabilities.

PATH Project

**1090 Longfellow Drive – Suite B – Beaumont, TX – 77706 – (409) 898-4684/ 1 (800) 866-4726
www.partnerstx.org/path**

One of three federally funded Parent Training and Information Centers (PTI) serving Texas parents of children and youth with disabilities ages 0-26.

***Special Abilities of North Texas**

1511 FM 407/Justin Rd – Suite B – Lewisville, TX – 75077 – (972) 317-1515 – specialabilities.net

Flower Mound Campus Located inside Trietsch Memorial United Methodist Church

6101 Morriss Road – Flower Mound, TX – 75028 – (972) 317-1515

Provides a variety of opportunities to train, educate, support and develop clients and students. Highly trained professional staff and instructors implement daily programs in academics/continuing education, pre-vocational and vocational training, health, nutrition and fitness, community inclusion and social development, and home and independent living skills.

Proporciona una variedad de oportunidades para entrenar, educar, apoyar y desarrollar a cada cliente y estudiante. Profesionales altamente entrenados e instructores implementan programas diariamente en académicos/educación, entrenamiento pre-profesional y formación profesional, salud, nutrición y forma física, inclusión a la comunidad y el desarrollo social, y habilidades de casa y vivienda independiente.

Spirit Horse Therapy

1960 Post Oak Drive – Corinth, TX – (940) 497-2946 – spirithorsenews.com

Free private horseback riding therapy program for children and some adults diagnosed with disabilities, including autism spectrum disorder, development delays, down syndrome, cerebral palsy, spina bifida, epilepsy, traumatic brain injury, and those with histories of abuse, veteran status, and at-risk youth.

Texas Department of Aging and Disability Services

1-855-937-2372 – dads.state.tx.us

Denton County – 1-888-337-6377

Texas Parent to Parent

3710 Cedar Street – Box 12 – Austin, TX – 78705 – (866) 896-6001 – txp2p.org

Provides a variety of resources, education and training to parents, family members, professionals, and others who share an interest in improving lives of children with a disability, chronic illness, or special health care need.

***Therapy 2000**

2535 Lone Star Drive – Dallas, TX – 75212 – (214) 467-9787/ (817) 688-2520 – t2000.com

Offers in home care, pediatric occupational therapy, physical therapy and speech language pathology from infancy to adolescence (0-21 years of age) for individuals with developmental disabilities and delay. Also offers case management for children and pregnant women in Texas.

Ofrece cuidado en el hogar, terapia ocupacional pediátrica, terapia física y patología del habla y lenguaje desde la infancia hasta la adolescencia (0-21 años de edad) para personas con discapacidades y retrasos de desarrollo. También ofrece manejo de caso para niños y mujeres embarazadas en Texas.

Child / Adolescent /Parent

ALL COUNSELING RESOURCES IN COUNSELING SECTION

ADHD Center of North Dallas

2459 East Hebron Parkway – Suite 130 – Carrollton, TX 75010 – (972) 428-7000/ (877) 881-2147

www.adhdnorthdallas.com

Neuropsychological evaluations, IQ Testing, academic testing, ADHD testing, medication management, behavioral, cognitive, individual, sensory integration, parent interaction and family therapy, ADHD coaching and academic tutoring.

***Big Brothers and Big Sisters – Denton**

Denton County Office

1980 East University Drive – Suite 201 – Denton, TX – 76209 – (940) 206-4977/ (888) 887-2447

bbbstx.com

Makes meaningful, monitored matches between adult volunteers (“Bigs”) and children (“Littles”), ages 6 through 18, in communities across the country and develops positive relationships that have a direct and lasting effect on the lives of young people.

Hace pares significantes y monitoreados entre voluntarios adultos (Bigs/Grandes) y niños (Littles/Pequeños), edades 6 a 18, en comunidades por todo el país y desarrolla relaciones positivas que tienen un efecto directo y duradero en las vidas de jóvenes.

Camp Sweeney

10687 FM 678 – Whitesboro, TX – 76273 – (940) 665-2011 – campsweeney.org

One of few camps in the country designed specifically for kids with diabetes or at risk of developing diabetes, between the ages of 5 and 18. Financial aid is available.

Cedar Crest Hospital

3500 South IH-35 – Belton, TX – 76513 – (866) 543-7779 – cedarcresthospital.com

Provides innovative behavioral health and substance abuse treatment for children, adolescents, adults, senior adults, and military personnel. Cedar Crest provides a full continuum of care including inpatient, outpatient, long-term residential and partial hospitalization treatment.

CHADD

800-233-4050 – chadd.org

Organization serving people affected by ADHD and related conditions. Offers training about ADHD to parents through its Parent to Parent program and to educators through its Teacher to Teacher program. CHADD sponsors an annual international conference on ADHD and actively advocates for people affected by ADHD.

Challenge Air

8001 Lemmon Avenue – Suite 280 – Dallas, TX – 75209 – (214) 351-3353 – challengeair.com

Hosts exciting special events nationwide, where they inspire physically, mentally challenged, and seriously ill children and young adults from 7 to 21 by providing the opportunity to fly in small airplanes piloted by both wheelchair and non-wheelchair aviators

Child Care Group

1420 West Mockingbird Lane – Suite 300 – Dallas, TX – 75247 – (214) 630-7911 – childcaregroup.org

Child care assistance, food and nutrition information, resources and referral.

Child Care Management Services

tarrantcountycms.org

Program managed by Child Care Associates through a contract with the Workforce Development Board.

CCMS provides subsidized child care to families in Tarrant County, Texas

Denton Workforce Center **1300 Teasley Lane Denton, TX 76205 (940) 382-6712/972-382-5619**

***Children's Advocacy Center for Denton County**

Main Office: 1854 Cain Drive – Lewisville, TX – 75077 – (972) 317-2818/ (866) 875-1015 – cacdc.org

Denton Office (By appointment only): 1208 Bent Oaks Court – Denton, TX – 76210

Works as a team with Child Protective Services, Law Enforcement, Sexual Assault Nurse Examiner (SANEs), the District Attorney's Office, and mental health professionals to provide justice and healing for child victims of severe physical and sexual abuse.

Trabaja como un equipo con Servicios de Protección Infantil, Agencias de la Ley, Enfermeras Examinadoras de Abuso Sexual (SANEs), la Oficina del Fiscal de Distrito, y otros profesionales de salud mental para proporcionar justicia y curación para los niños víctimas de abuso grave físico y sexual.

Child Study Center

1300 West Lancaster Avenue – Fort Worth, TX – 76102 – (817) 336-8611 – cscfw.org

Provides children with complex developmental and behavioral disabilities the highest quality diagnosis, treatment, and education, to help them achieve their full potential.

Denton Area Home Childcare Association

dahcca.org – (940) 382-3627

A group of childcare professionals providing quality-loving care in their homes.

***Denton County Friends of the Family**

Crisis line 24 hours a day, 7 days a week 800-572-4031 or 940-382-7273 – www.dcfow.org

The shelter is staffed 24 hours a day, 7 days a week. Crisis intervention specialists answer the hotline, monitor the house, and assist clients with basic needs during night, weekend and holiday hours. Also offers advocacy services, counseling, child and adolescent counseling services, and violence intervention and prevention (VIPP).

El refugio está abierto 24 horas al día, 7 días a la semana. Especialistas de intervención de crisis contestan el teléfono, monitorean la casa, y ayudan a los clientes con necesidades básicas durante la noche, el fin de semana y horas de días festivos. También ofrece servicios de defensa, servicios de consejería, consejería para niños y adolescentes, e intervención y prevención de violencia (VIPP).

Denton County Kiwanis Club and Children's Clinic

1001 North Elm Street – Denton, TX – 76201 – (940) 387-6323 – dentonkiwanisclub.org

Low-cost or no-cost medical and dental care, and prescription assistance to disadvantaged children in the Denton area.

***Denton ISD – Social Services and Assistance**

1307 North Locust Street – Denton, TX – 76201 – (940) 369-0000

Provides services and support to families through coordination of services, information and referral, assistance with school supplies and coordination of specialized education programs.

Proporciona servicios y apoyo a través de coordinación de servicios, información y referencias, ayuda con útiles para la escuela y coordinación de programas educativos especializados.

Denton ISD – Teen Parent Program

1307 North Locust Street – Denton, TX – 76201 – (940) 369-2027 / (940) 369-3035

Program designed to improve school attendance, increase graduation rates and enhance the parenting skills of students, both male and female, who are pregnant or parenting and enrolling in Denton Independent School District.

Early Childhood Intervention Services

www.dars.state.tx.us/ecis - 1 (800) 628-5115

Statewide program that provides support for families with children, (birth to 3 years), with disabilities and developmental delays through developmental services provided by a variety of local agencies and organizations across Texas.

***Fathers for Equal Rights**

1500 North Main Street – Suite 120 – Fort Worth, TX – (817) 870-4880 – fathers4kids.com

Dallas Headquarters: (214) 953-2233

FER is one of the largest and most active fathers' rights organizations in the United States which provides "hands on" help for members with family law issues.

Tools provided in the offices are: Free access to attorneys, 6 days a week, low cost document preparation, discounted process service, discounted DNA testing, social study preparation, and trial preparation.

FER (Derechos Iguales para Padres) es una de las organizaciones más grandes y activas en los Estados Unidos que proporciona ayuda a miembros con problemas de ley de familia.

Los servicios proporcionados es oficinas son: acceso gratis con abogados, 6 días a la semana, preparación de documentos a bajo costo, servicios de proceso descontado, exámenes de ADN descontados, preparación de estudio social, y preparación para el juicio.

***IMAGINE Programs**

1947 Ave K – Suite 100 – Plano, TX – 75074 – (972) 423-6007 – imagineprograms.net

Intensive outpatient programs which include chemical dependency education, evaluations and assessments, group therapy, individual counseling, family and relationship counseling, communication training, relapse prevention, meditation/relaxation training, and art/music therapy.

Journey to Dream

250 North Mill Street – Suite #2 – Lewisville, TX – 75057 – (469) 470-2382 – journeytodream.com

Programs that provide support and healing to students struggling with destructive behaviors, family addiction, divorce, or the illness or death of a loved one. The programs include school prevention assemblies, youth development groups, peer support groups, and community outreach.

PATH Project

**1090 Longfellow Drive – Suite B – Beaumont, TX – 77706 – (409) 898.4684/ 1 (800) 866-4726
www.partnerstx.org/path**

One of three federally funded Parent Training and Information Centers (PTI) serving Texas parents of children and youth with disabilities ages 0-26.

Phoenix House of Dallas (Judge John C Creuzot Judicial Residential Treatment Center)

2345 Reagan Street – Dallas, TX – 75219 – 1 (888) 671-9392 – phoenixhouse.org

Comprehensive array of services from early intervention to long-term aftercare. Residential high schools where teenagers make up education lost to substance abuse and get back on track socially, emotionally, and academically. Also provides a broad, flexible range of outpatient and residential services for adults, adolescents, the incarcerated, the mentally ill, and mothers with young children.

Single Parent Family Program

940-382-5112 x25 – cpch.org

Provides safe residential care for single parent families. Services offered include parenting classes, strength-based counseling, spiritual guidance and education in independent living skills.

Spirit Horse Therapy

1960 Post Oak Drive – Corinth, TX – (940) 497-2946 – spirithorsenews.com

Free private horseback riding therapy program for children and some adults diagnosed with disabilities, including autism spectrum disorder, development delays, down syndrome, cerebral palsy, spina bifida, epilepsy, traumatic brain injury, and those with histories of abuse, veteran status, and at-risk youth.

Suicide and Crisis Center of North Texas

(214) 824-7020 – sccenter.org – 24-hr crisis hotline: (214) 828-1000

Crisis text (Saturdays and Sundays) 8pm-10 pm 972-533-3323.

Operates a 24-hour crisis line, a Survivors of Suicide grief support program, outreach and education for teens, and offers community and professional education.

***Therapy 2000**

2535 Lone Star Drive – Dallas, TX – 75212 – (214) 467-9787/ (817) 688-2520 – t2000.com

Offers in home care, pediatric occupational therapy, physical therapy and speech language pathology from infancy to adolescence (0-21 years of age) for individuals with developmental disabilities and delay, as well as case management for children and pregnant women in Texas.

Ofrece cuidado en el hogar, terapia ocupacional pediátrica, terapia física y patología del habla y lenguaje desde la infancia hasta la adolescencia (0-21 años de edad) para personas con discapacidades y retrasos de desarrollo, también ofrece manejo de caso para niños y mujeres embarazadas en Texas.

Waco Center for Youth

3501 North 19th Street – Waco, TX – 76708 – (254) 756-2171 / (254) 745-5175

Residential treatment center for youth (under 18) with serious emotional disturbance, mental health and substance abuse disorders, and private psychiatric hospital

Youth First Texas

5750 Cedar Springs Road – Dallas, TX – 75235 – (214) 879-0400 – www.myresourcecenter.org/youth

Program of Resource Center and one of the only youth centers in the DFW area aimed at meeting the needs of LGBTQ youth ages 12-18.

Miscellaneous Resources

Adapt of Texas in Dallas

2600 North Stemmons Freeway #151 – Dallas, TX – 75207 – (888) 905-0595 – adaptusa.com

Provides community support and clinic services including recovery services, counseling, case management, psychiatric evaluations, crisis assessment and intervention.

Allsup

800-279-4357/ (866) 488-8948 (español) – www.allsup.com

Provide assistance in application for SSDI. Free evaluations available.

American Cancer Society Smoking Cessation Quitline

1 (877) 937-7848

Free and confidential phone counseling for smoking cessation.

American Red Cross of Denton

Denton (Texoma Chapter) Fire Station #7 – 4201 Vintage Drive – Denton, TX – 76226

(972) 219-4860 – redcross.org

Assistance to victims of disaster.

***Catholic Charities of Dallas**

9461 LBJ Freeway – Suite 128 – Dallas, TX – 75243 – (214) 520-6590 – www.catholiccharitiesdallas.org

Provides children, family and senior services, immigration and legal services, refugee services, and financial stability and education services.

Proporciona servicios para niños, familias y personas de la tercera edad, servicios de inmigración y legales, servicios para refugiados, y servicios de estabilidad financiera y educación.

***Christian Community Action (CCA)**

200 South Mill Street – Lewisville, TX – 75057 – (972) 221-1224 – Mon-Fri 9am-5pm – ccahelps.org

Programs offered include family assistance services, food pantry, life skills program, GED program, ESL program, job search skills, computer skills, financial management, spiritual care and seasonal programs.

Programas ofrecidos incluyen servicio de asistencia para familia, despensa de alimentos, programa de habilidades de vida, programa de GED, programa de inglés como segundo lenguaje (ESL), habilidades de buscar trabajo, habilidades de computación, manejo de finanza, cuidado espiritual y programas de temporadas.

Christian Community Storehouse of Keller

4640 Keller-Hicks Road – Keller, TX – 76244 – (817) 431-3340 – communitystorehouse.org

Educational support, case management, medical/vision/dental care, clothing, shoe, and food assistance, seasonal programs, and food pantry.

City of Denton Community Development Division

(2nd floor of City Hall East building) 601 East Hickory Street – Suite B – Denton, TX – 76205

(940) 349-7726/ (940) 349-7726 (español)

Housing programs include homebuyer's assistance, home improvement and minor repair programs.

Programas de vivienda incluyendo asistencia, mejoría de vivienda y programa de reparos.

Consumer Credit Counseling Service of North Central Texas, Inc.

GreenPath Financial Wellness c/o Assistance Center of Collin County

900 18th Street – Plano, TX – 75074 – (800) 550-1961 – greenpath.com

Assistance with credit issues and financial planning.

Miscellaneous Resources

Dallas County Child Protective Services

8700 North Stemmons Freeway – Dallas, TX – 75247 – (214) 951-7902 – www.dfps.state.tx.us

24-hour hotline: 1-800-252-5400

Investigates report of abuse and neglect of children.

***DARS Disability Determination Services**

1 (512) 437-8000/1 (800) 252-7009

Information about the Social Security Disability Program and status of individual claims.

Información sobre el Programa de Seguro Social y Discapacidad y el estatus de reclamos individuales.

Denton Central Appraisal District

3911 Morse Street – Denton, TX – 76208 – (940) 349-3800

Helps disabled veterans determine if they are eligible for property tax exemptions.

Denton County MHMR Peer Support Groups – Call for meeting times

Denton: 2519 Scripture Denton, TX 76201 940-381-5000

Lewisville: 101 East Corporate Drive, Suite 180 Lewisville, TX 75067 214-488-0121

Goodwill Industries

2030 West University Drive – Denton, TX – 76201 – (940) 566-0398 – goodwill.org

Services offered include donation site and retail store that sell clothes, furniture, house wares, vocational evaluations, job readiness services and job placement.

Geri-Options Consultation and Care

(940) 566-0902 – geri-options.com

Geriatric consultation, planning and care management services to find residential services for seniors.

Grant Halliburton Foundation

6390 LBJ Freeway – Suite 106 – Dallas, TX – 75240 – (972) 744-9790 – www.granthalliburton.org

Programs aimed at teaching people how to recognize the signs of distress or suicidal crisis in a young person and how to lead them to help.

Hearts for Homes

826 East McKinney Street – Denton, TX – (940) 891-0947 – heartsforhomes.org

Offers services to improve the living conditions of low-income senior homeowners in Denton County.

Medicare Hotline

1 (800) 633-4227

Information about billing, claims, medical records or expenses.

Metrocrest Social Services

13801 Hutton Drive – Suite 150 – Farmers Branch, TX – 75234 – (972) 446-2100 – metrocrestservices.org

Serves individuals living in Carrollton, Farmers Branch, Addison, Coppell, City of Dallas in Denton County.

Services include rent assistance, utility bill assistance, food pantry, budgeting & financial education, employment counseling, senior services (for ages 60 & over), medical aid, case management, information and referrals, and seasonal programs.

MG Disability

PO Box 2799 – Frisco, TX – 75034 – (817) 688-2225/ (972) 965-1995 – mgdisability.com

Non legal advocacy and representation for SSDI.

Modest Needs Grants

(844) 667-3776 – modestneeds.org

Helps stop the cycle of poverty BEFORE it starts for thousands of hardworking, low-income families who don't qualify for most kinds of other assistance. Helps cover emergency expenses such as car repairs, rental assistance, doctor or utility bills.

NAMI of Denton County

P.O. Box 294131 – Lewisville, TX – 75029 – (469) 248-8789 – namidenton.org

Provides support, education, and advocacy to those affected by mental illness in Denton County. Does not provide medical or counseling services.

North Central Texas Area Agency on Aging

616 Six Flags Drive – Arlington, TX – 76011 – 800-272-3921 – nctcog.org – Hours: Mon-Friday 8am-5pm

Helps with health care, drug, food and utility costs. Staff at the Benefits Enrollment Center can submit applications for individuals that qualify for Medicare Savings Programs (MSPs), Medicare Part D Extra Help (EH), SNAP food assistance, LIHEAP/CEAP utility assistance, SSI/Medicaid and programs for prescription help, tax relief or respite care.

Paws with a Cause

(800) 253-7297 – pawswithacause.org –

Trains Seizure Response Dogs and Service Dogs for individuals 14 years or older, and Hearing Dogs for individuals 18 years or older. PAWS trains Service Dogs for Children with Autism for ages 4-12.

Retired Senior Volunteer Programs (Denton County)

Chisholm Trail RSVP, Inc. – rsvpserves.org

1316 E McKinney Street – Denton, TX – 76209 (940) 383-1508

Provides help by recruiting and placing adults 55 plus within the following focus areas: Disaster Services, Economic Opportunity, Education, Environmental Stewardship, Healthy Futures and other Community Priorities based on assessed needs.

Ruth's Room – Habitat for Humanity

1721 North Carroll Boulevard – Denton, TX – 76201 – (940) 591-7884 – ruthsroom.com

Resale store that sales housewares, clothing, small electronics, furniture and other miscellaneous items.

Safelink Wireless

safelinkwireless.com – 1 (800) 723-3546

Program for income eligible households provided by TracFone Wireless, Inc.

Must meet certain eligibility requirements set by each State where the service is to be provided.

Senior Adult Services (Metrocrest Services)

13801 Hutton Drive – Suite 150 – Farmers Branch, TX – 75234 – (972) 446-2100

metrocrestservices.org/seniors.php

Provides home delivered meals for local seniors, transportation services, assistance with minor home repairs and installation of safety aids, such as grab bars, wheelchair ramps and wireless doorbells.

Singing Oaks Church

101 Cardinal Drive – Denton, TX – 76209 – (940) 387-4355 – singingoaks.org

Provides help to needy individuals and families in the community in need of food and clothing and facing financial difficulties.

Miscellaneous Resources

Social Security Administration

2201 Colorado Boulevard – Denton, TX – 76205 – 1 (888) 717-1530

Assists residents of Denton/Wise County file for retirement, disability and Medicare.

Texas Commission on Alcohol/Drug Abuse

1 (800) 832-9623

Complaints regarding a substance abuse service, licensed substance abuse facility or LCDC professional licensure

Texas Health and Human Services Commission

211/ 1 (877) 541-7905 – hhsc.state.tx.us

Information regarding Medicaid, Food Stamps, and TANF (Temporary Assistance for Needy Families)

Texas Paralyzed Veterans Association

1 (800) 933-4261 – texaspva.org

Leading advocate for health care, SCI/D research and education, veterans' benefits and rights, accessibility and the removal of architectural barriers, sports programs, and disability rights.

The Plan of North Texas

13151 Emily Road – Suite 240 – Dallas, TX – 75240 – (972) 690-7526 – planofntx.com

An organization dedicated to providing comprehensive support to families and individuals with mental illness.

YMCA Cross Timbers Family

2021 Cross Timbers Road – Flower Mound, TX – 75028 – (972) 539-9622 – www.ymcadallas.org

Works side-by-side with neighbors right in the community to make sure that everyone, regardless of age, income, or background, has the opportunity to learn, grow and thrive. Complete application for financial assistance with membership dues.

ValueOptions NorthSTAR

1199 South Beltline Road – Suite 100 – Coppell, TX – 75019 – (888) 800-6799 – valueoptions.com

Program that provides an integrated system of care with mental health care and chemical dependency services.

Veteran Services

1505 East McKinney Street – Suite 151 – Denton, TX – 76209 – (940) 349-2950

400 North Valley Parkway – Suite 1134 – Lewisville, TX – (972) 434-8813

1029 West Rosemeade Parkway – Carrollton, TX – 75056 – (972) 434-8813

6301 Main Street – The Colony, TX – 75056 – (972) 434-8813

Offers vital assistance to Denton County Veterans and their dependents in filling VA benefit claims.

No money or financial assistance.

Office hours vary per location, place call for further information.

Private Psychiatrists

Dr. Wallace Townsend-Parchman

1306 North Locust Street – Suite 2
Denton, TX 76201 – (940) 243-9367
No insurance/No sliding scale/Private pay only
\$240/80 minutes
\$125/25 min. follow-up

Dr. Paul Hamilton, MD

7707 San Jacinto Place – Suite 300
Plano, TX – (214) 227-1300
Aetna, Cigna or Private Pay. No sliding scale.

Dr. N.M. Vasavada

4100 Fairway Court – Building 200
Carrollton, TX 75010 – (972) 221-1741

Dr. Lisa Pierce, MD

105 Kathryn Drive #300 – Lewisville, TX 75067
(972) 221-7722

UT Southwestern Medical School Psychiatry Offices

2201 Inwood Road – Dallas, TX 75390
(214) 648-5555
Sliding Scale Fees – Must complete application.

Support Groups (Local)

Ability Connection Texas	1-800-999-1898
AIDS Services of North Texas	940-381-1501
Alcoholics Anonymous	940-383-8252
Deaf Action Center – Dallas	214-521-0407
Denton County Grief Support Resources	972-539-8547
Grief Shared	940-382-2577 x106
Immaculate Conception Grief Support Group	940-262-0176
Multiple Sclerosis Society	214-373-1400
REACH	940-383-1062
Touched by Suicide	940-595-8124
Visiting Nurses Association	214-689-0000

Support Groups (Miscellaneous Health and Mental Health Information)

American Hospice Bereavement Group	972-228-2634
America's Crisis Pregnancy Helpline	800-672-2296
Brain's Behavior Research Foundation	516-829-0091
Compassionate Friends (Grief Support) Plano	214-537-5460
Compassionate Friends (Grief Support) Wylie	682-225-9867
Denton County NAMI	469-248-8789
Donor Programs - Southwest Transplant Alliance	214-522-0255
Emergency Services	
Christian Community Action	972-221-1224
Rape Crisis Center (Plano)	800-886-7273
National Alliance for the Mentally Ill (NAMI)	800-950-6264
National Institute of Mental Health	301-443-4513
Narcotics Anonymous	972-699-9306
Planned Parenthood	972-258-0021
Post-Partum Depression	800-773-6667
Texas DADS/DSHS Client Rights	800-252-8154
UT Southwestern Psychiatry	214-645-8500

Transportation

American Response (Ambulance) – (214) 353-7600

DCTA Connect – (940) 243-0077

Medicaid Transportation – 1 (877) 633-8747

Services Program for Aging Needs (SPAN)

Denton: (940) 382-2224

For Transportation: (940)382-1900

Persons under the age of 60 with disability and unable to use public transportation.

Must meet ADA requirements.

SPAN goes to medical facilities in the D/FW area. Call for application.

Vision and Hearing

American Foundation for the Blind	800-232-5463	afb.org
American Speech, Language, Hearing Association	800-638-8255	asha.org
Better Hearing Institute	800-327-9355	betterhearing.org
Dallas Lighthouse for the Blind	214-821-2375	dallaslighthouse.org
Deaf Action Dallas	214-521-0407	dactexas.org
• Heather Hughes (deafness resource specialist)	214-295-9654	
• Esther Kelly (hearing loss resource specialist) V/TTY	214-521-0407	esther.kelly@dactexas.org
Eye Care America (National Eye Care Program)	877-887-6327	eyecareamerica.org
Lion's Club – Eyeglasses - Denton		dentonlions.org
New Eyes for the Needy	973-376-4903	new-eyes.org
Recording for the Blind and Dyslexic	800-221-4792	learningally.org
Sight for Students	888-290-4964	sightforstudents.org
Speech and Hearing Clinic – TWU	940-898-2285	twu.edu
Speech and Hearing Center – UNT	940-565-2262	unt.edu
Starky Hearing Foundation	800-328-8602	starkyhearingfoundation.org
Texas Commission for The Blind (TCB)	800-628-5115	dars.state.tx.us
Vision USA	800-365-2219	

Volunteer Services

Big Brothers Big Sisters	940-383-4441
Boy Scouts of America – Longhorn Council	817-231-8500
Girl Scouts of Northeast Texas	972-349-2400
Keep Denton Beautiful	940-349-8738
Keep Lewisville Beautiful	972-538-5949
Retired Seniors Volunteer Program (RSVP)	940-383-1508
Service Program for Aging Needs (SPAN)	940-382-2224
Volunteer Program of Denton ISD	940-369-0005

Web Sites

Adaptive Ski & Sport Programs	www.sitski.com
Alzheimer's Association of Greater Dallas	www.alz.org/greaterdallas
American Cancer Society	www.cancer.org
American Diabetes Association	www.diabetes.org
American Foundation for Suicide Prevention (AFS)	www.afsp.org
American Heart Association	www.heart.org
American Pregnancy Association	www.americanpregnancy.org
American Psychiatric Association (APA)	www.psych.org
American Red Cross	www.redcross.org
American Association of Suicidology	www.suicidology.org
Anxiety Disorders Association of America (ADAA)	www.adaa.org
Asperger's Support	www.aane.org
Assurance Wireless – Free Cell Phones	www.assurancewireless.com
Autism Society	www.autism-society.org
Bereaved Parents	www.bereavedparentsusa.org
Depression / Bipolar Support Alliance (DBSA)	www.dbsalliance.org
Families for Depression Awareness	www.familyaware.org
Grief Support	www.caringinfo.org
Hospice Network	www.hospicenet.org
Journey of Hope - Grief Support for Children /Families	www.johgriefsupport.org
Kids Enabled – Resource for children with learning issues	www.kidsenabled.org
Leukemia and Lymphoma Society	www.lls.org/ntx
March of Dimes	www.marchofdimes.com/texas
Miscarriage/Stillbirth/Early Infant Death	www.hopexchange.com
Mental Health America	www.nmha.org
Multiple Sclerosis Society	www.nationalmssociety.org
Muscular Dystrophy Association	www.mdausa.org
National Alliance on Mental Illness (NAMI)	www.nami.org
National Association for Self-Esteem	www.self-esteem-nase.org
North Texas Job Corps Center	www.jobcorps.gov
Post-Partum Depression	www.ppdmoms.org
Service Dogs	www.servicedogs.org
Smoking Cessation for Expectant Mothers	www.legacyforhealth.org
Smoking Cessation	www.quitsmoking.com
Social Security Administration	www.ssa.gov
Support for People with Depression	www.depression.about.com
Support for Grieving Children and Parents	www.thewarmplace.org
Support for Suicide Survivors	www.touchedbysuicide.net
Sudden Infant Death Syndrome	www.sids-network.org
Teen Smoking Cessation	www.worthit.org/ www.thetruth.com
Texas Department of Assistive and Rehabilitative Services	www.dars.state.tx.us
Texas Suicide Prevention	www.texasuicideprevention.org
Texas Workforce Commission	www.twc.state.tx.us
Volunteer Center of North Texas	www.volunteernorthtexas.org
Adult/ Child ADHD	www.chadd.org

Group Homes

Angels Recovery Home

(214) 498-8510 – angelsrecoveryhouse.org

Transitional housing for individuals with chemical dependency and mental health issues.

Calab, Inc. (HCS & TxHmL)

2400 East Arkansas Lane – Arlington, TX – 76014 – (817) 633-8511 – calabinc.com

Support services to individuals with intellectual and developmental disabilities.

Darnell Residential Care Facility

(214) 398-8642

Assisted living for individuals with mental health and developmental disabilities.

Daybreak Group Homes

2505 South I-35 West – Burleson, TX – 76028 – (817) 447-2700/1 (800) 299-5161

Daybreak-hcs.com

Group homes for individuals with intellectual and development disabilities. Provides supported home living (SHL), Foster Care (FC), Supervised Living (SL), and Residential Service Support (RSS).

Destiny Life Group Home

(214) 801-8316

Five bed assisted living facility for men only. Call for bed availability.

Good Life Homes

(469) 474-5079

Five bed co-ed assisted living facility for individuals with physical or life challenges. Call for bed availability.

Pathways Adult Living (PAL)

921 West Cannon Street – Fort Worth, TX – 76104 – (817) 810-0606

Supportive living community for adults with mental health illnesses and challenges.

Saint Frances Residential Homes

2601 South Mayhill Road #209 – Denton, TX – 76208 – (214) 714-3319

Five bed co-ed assisted living facility for individuals with mental illness.

***The Wood Group**

3610 Barnett Road – Wichita Falls, TX – 76310 – (940) 767-0463 – thewoodgroup.us

Assisted living services for individuals with mental health problems.

Servicios de vivienda asistida para personas con problemas de salud mental.

We Care Facilities

Melonie Baker (469) 685-4663 – www.wecarefacilities.org

Serves low-income individuals from Dallas, Denton, Collin, and Tarrant County. It provides assisted living facilities for individuals with mental illness or developmental disabilities.