

Denton County MHMR Resource Packet

MAY 2020

**24 Hour Crisis Hotline:
(800)-762-0157**



**Denton County
MHMR Center**

Locations:

Denton Outpatient Clinic

2519 Scripture Street

P.O. Box 2346

Denton, Texas 76202

P: 940-381-5000

F: 940-383-1804

Services Include: Intake, Crisis Intake,
Adult Mental Health, Child and
Adolescent mental Health

Crisis Outpatient Clinic

(Psychiatric Triage Clinic)

2509 Scripture Street

Suite 103

Denton, Texas 76201

940-381-9965

Services Include: 24/7 Crisis
Intervention, intake, and Referral

McKinney Outpatient Clinic

3835 Morse Street

Suite 101

Denton, Texas 76208

940-891-0970

Services Include: HCS Care
Coordination, HCS Residential,
Community Support/Vocational, HCS
Family Living Services

Flower Mound Outpatient Clinic

1001 Cross Timbers Road

Suite 1250

Flower Mound, Texas 75028

214-488-0121

Morse Street Clinic

3827 Morse Street

Suite 101

Denton, Texas 76208

940-381-500

Services Include: HCS Service
Coordination

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Helpful Phone Numbers

Attorney General (Child Support Division).....	(800) 252-8014
Animal Control for the City of Denton.....	(940) 349-7594
Bereaved Parents of North Texas.....	(404) 790-4012
City of Argyle.....	(940) 464-7273
City of Aubrey.....	(940) 440-9343
City of Corinth.....	(940) 498-3200
City of Denton.....	(940) 349-8200
City of Justin.....	(940) 648-2541
City of Krugerville.....	(940) 365-5833
City of Krum.....	(940) 482-3491
City of Lake Dallas.....	(940) 497-2226
City of Lewisville.....	(972) 219-3400
City of Pilot Point.....	(940) 686-2165
City of Ponder.....	(940) 479-2396
City of Sanger.....	(940) 458-7930
City of Tioga.....	(940) 437-2351
Denton Chamber of Commerce.....	(940) 382-9693
Denton County Juvenile Probation.....	(940) 349-2400
Denton Independent School District.....	(940) 369-0000
Denton Public Library.....	(940) 349-8752
Department of Family Protective Services.....	(940) 387-8544
Fire Marshall/ Emergency Management.....	(940) 349-2840
Lewisville Chamber of Commerce.....	(972) 346-9571
Lewisville Public Library.....	(972) 219-3570
Mayor/ City Council of Denton.....	(940) 349-7717
North Central Texas College.....	(940) 498-6282
Texas Department of Public Safety.....	(940) 484-6666
Texas Woman’s University.....	(940) 898-2000
United Way of Denton County, Inc.....	(940) 566-5851
University of North Texas.....	(940) 565-2000
United States Post Office.....	(940) 387-8555
Voters Registration.....	(940) 349-3200

Police Departments

***NOTICE: FOR ALL EMERGENCIES CALL 911**

Argyle PD.....	940-464-7524
Aubrey PD.....	940-365-2601
Bartonville PD.....	940-349-1600
Carrollton PD.....	972-466-3290
The Colony PD.....	972-625-1887
Corinth PD.....	940-279-1500
Crossroads.....	940-349-1600
Denton PD.....	940-349-8181
Double Oak PD.....	972-355-5995
Flower Mound PD.....	972-539-0525
Frisco PD.....	972-292-6010
Highland Village PD.....	972-317-6551
Justin PD.....	940-648-2541
Krugerville PD.....	940-365-2029
Krum PD.....	940-482-3171
Lake Dallas PD.....	940-497-2228
Lewisville PD.....	972-219-3600
Little Elm PD.....	214-975-0460
Northlake PD.....	940-648-4804
Oak Point PD.....	972-294-0000
Pilot Point PD.....	940-686-2969
Plano PD.....	972-424-5678
Ponder PD.....	940-479-2015
Roanoke PD.....	817-491-6052
Sanger PD.....	940-458-7444
Trophy Club PD.....	682-237-2960
TWU Dept. of Public Safety.....	940-898-2911
UNT PD.....	940-563-3000

HOTLINES

CHILDREN

Abuse Hotline.....	(800) 252-5400
Child Care Information Hotline.....	(800) 862-5252
ChildHelp USA (missing children).....	(800) 422-4453
Girls and Boys Town National Hotline.....	(800) 448-3000
Immunization Hotline.....	(800) 252-9152
Safe Riders (Infant Car Seats) Hotline.....	(800) 252-8255
National Missing/Exploited Children.....	(800) 843-5678
SIDS Alliance.....	(800) 221-7437
National Runaway Switchboard.....	(800) 786-2929
Texas Abuse Hotline.....	(800) 252-5400
National Sexual Assault Hotline.....	(800) 656-4673

YOUTH

Jason Foundation.....	(877) 778-2275
Texas Run Away Hotline.....	(800) 392-3352
Texas Youth Hotline.....	(800) 210-2278
The Trevor Lifeline.....	(866) 488-7386
National Sexual Assault Hotline.....	(800) 656-4673

SENIORS

AARP (Texas).....	(866) 227-7443
Denton County Senior Center (local).....	(940) 349-8720
Elder-Care Locator.....	(800) 677-1116
Legal Hotline for Older Texans.....	(800) 622-2520
Lewisville Senior Center (local).....	(972) 219-3350
Medicare General Information.....	(800) 633-4227
Office of Attorney General Consumer Protection.....	(800) 252-8011
Social Security Administration.....	(800) 772-1213
Texas Health and Human Services Commission.....	(800) 458-9858

Counseling and Therapy

AssuraSource

100 Allentown Parkway Suite 106

Dallas, Texas 75230

972-233-1010 | assurasource.com

Provides in home mental health counseling to those in the DFW area. Accepts Medicaid and Medicare

Caring Counseling

723 South I-35 East, Suite 106

Denton, Texas 76205

Dr. Connie Danley: 950-453-8846

Bob Danley, LPC: 940-441-3962

CCD Counseling

326 South Edmonds Lane

Lewisville, TX 75067

1512 Scripture Street

Denton, TX – 76201

(940) 382-5328/ | (800) 897-7068 | www.ccdcounseling.com

Intensive outpatient counseling, supportive outpatient counseling, anger management groups, ADHD assessments for youth and adults, workshops and classes available on divorce sanity, theft intervention, bullying intervention, and offers free family counseling.

Child and Family Guidance Center

Main Campus: 8915 Harry Hines Boulevard
Dallas, TX 75235

4031 West Plano Parkway Suite 211
Plano, TX 75093

120 West Main Street Suite 220
Mesquite, TX – 75149

(214) 351-3490/ | (866) 695-3794 – childrenandfamilies.info

Clinical assessments, individual counseling, case management, psychiatric evaluation/diagnosis/medication management, community-based rehabilitative and skills training for adults and children, family and community education program. Sliding fee scale or insurance.

Cumberland Presbyterian Children’s Home

909 Greenlee Street
Denton, TX 76201

(940) 382-5112 | www.cpch.org

Children and adolescent residential program, safe residential care for single parent families, individual, couple, and family counseling, play therapy, and parent training.

Denton County Friends of the Family

4845 South I-35 Suite 200
Corinth, TX 76210

(940) 387-5131 Crisis Line: (940) 382-7273/ | (800) 572-4031

Professional group and individual counseling for child, adolescent, and adult survivors of relationship violence, sexual assault, and childhood sexual abuse, child and adolescent (3-17 years) counseling for victims or witnesses of relationship violence. Emergency shelter for survivors of relationship violence and sexual assault.

Denton Police Department Family Services Unit

601 East Hickory Denton, TX

Richard Godoy, MSSW-LCSW – Family Services Coordinator

(940) 349-7909 | richard.godoy@cityofdenton.com

Offers crisis intervention, short-term counseling, advocacy, education, information and referral to social services agencies

Dr. Cindy Meyering LMFT

2008 Hollyhill Lane

Denton, TX 76205

(940) 453-4732

Serves 18 months & up, filial, play, individual, trauma recovery, and psychological issues related to medical diagnoses. Accepts Medicaid, Star, CHIP, Compcare and Private Pay.

Dr. Lisa M Elliott, PhD. (Cook's Children's)

3201 Teasley Lane Suite 102

Denton, TX 76210

(940) 484-4311

Serves children 4-18 years old. May have waitlist. Accepts most insurance including Medicaid/CHIP.

Dr. Molly M. Arnold, PhD (Healthy Transitions)

101 West Main Street Suite 103

Lewisville, TX – 75052

6021 Morriss Road Suite 110A

Flower Mound, TX 75028

(972) 754-7308 | kfamilycounseling.com

Family therapy, couples counseling, child and adolescent counseling, individual adult counseling and extended therapeutic assessments.

Dr. Susan A. Adams, PhD, LPC, NCC

225 West Hickory Suite 121

Denton, TX 76201

3700 Forum Suite 202

Flower Mound, TX 75208

(940) 595-0940 | drsusanadams.com

Individual services include grief counseling, divorce counseling, adult survivors of past abuse, marital and premarital counseling, and Christian counseling. Confidential group counseling is also available.

Family Tree Counseling (Through CCD Counseling Office)

326 South Edmonds Lane Suite 103

Lewisville, TX 75067

1614 Scripture Street Suite 200

Denton, TX 76201

(940) 387-7517/ (888) 837-0666 Español: 1-800-972-3416 | familytreeprogram.org

Provides family counseling at no cost to families in Denton and Dallas Counties. Administered by CCD Counseling PA, The Family Tree Program provides family counseling to families who are experiencing change in life circumstances, school issues, behavioral issues, communication breakdowns, grief, and general family struggles.

Family Wellness Center

131 Degan Avenue Suite 103D

Lewisville, TX 75057

(972) 436-8881

Medicaid authorized provider for children and adolescents

First Step Denton County Outreach Program

1406 North Corinth Street

Denton, TX 76208

(940) 497-5576 | firststepdenton.com

Assists clients identify maladaptive patterns of thinking and behaviors through assessment, counseling, education and action plans.

Grace Counseling

105 Kathryn Drive Building 3 Suite D

Lewisville, TX 75067

| (800) 972-0643 | grace-counseling.com

Individual, couples, family and group therapy. Addiction counseling and relapse prevention, intensive outpatient program and caregiver family therapy.

Healing Transitions Counseling

Barb Petsel, LPC, MS, FT, RN

2809 Regal Road Suite 110

Plano, TX 75075

(214) 384-9272 | healingtransitions counseling.com

Individual counseling for grief, job change, illness, relocation, divorce, caregiving, empty-nest adjustments and low self-esteem. Personal growth groups available.

Ichange Counseling and Psychology

608 N Bell Avenue Suite 206

Denton, Texas 76204

972-233-1010 | ichangetx.com

Counseling, coaching, testing, and psychiatric services for children, adolescents, and adults. Accepts Blue Cross/Blue Shield

Lewisville Counseling Services

751 Hebron Parkway Suite 305B

Lewisville, TX 75067

(469) 645-1375 | lewisvillecounselingservices.com

Individual, couples, marriage, LGBT, youth, and grief counseling as well as assistance with life's transitions.

LifeSmart Therapy Institute

1005 West Jefferson Boulevard Suite 205
Dallas, TX 75208

1201 Richardson Drive Suite 180
Richardson, TX 75080

Dallas: (214) 941-1650 Richardson: (972) 234-9000 | lifesmarttherapy.com

Psychological evaluations and assessments, individual, couple, family and group therapy, anger management, substance abuse evaluations and counseling, and kinship assessments.

Lori Vann, M.A., LLC, LPC Supervisor

4020 Huffines Boulevard #120
Carrollton, TX 75010

(214) 270-6966

Individual (11 years and above), premarital, family, and Christian based counseling. Reduced fee counseling provided by interns. Group therapy, self-injury support and therapy groups also available.

Ms. Cheryl Oliver Counselor/Therapist, MA, LPC, LMFT

2301 Olympia Drive Suite 100
Flower Mound, TX 75028

(817) 907-6060

Accepts Aetna, BlueCross and/or BlueShield, Medicaid, TRICARE, WellPoint and private pay

My Guiding Light Counseling

Reni Parker, LPC-S, NCC

10317 Sao Paulo Road
Frisco, TX 75035

(469) 583-1492 | myguidinglightcounseling.com

Grief counseling for children, teens, adults and seniors. In-home counseling for clients and their families with long-term illnesses. Accepts private insurance. \$150/Initial 50 min session. \$125/Follow-up 50 min session.

OpenDoor Counseling and Assessment

103 South Woodrow Lane Suite 5

Denton, TX 76205

(940) 565-0939 | opendoortexas.com

Trauma-focused cognitive-behavioral therapy, post-traumatic stress disorder therapy, general counseling, adult and adolescent sexual behavior problem services, and parenting services

Pastoral Counseling Center

4525 Lemmon Avenue Suite 200

Dallas, TX 75219

(214) 526-4525 | www.pccdallas.org

Individual, couple and family counseling. Psychiatric treatment for major depression, bipolar disorder, anxiety, substance abuse, panic disorders, treatment and assessments for ADD/ADHD, Autism, career exploration and employment related issues.

Suicide and Crisis Center

24-Hr Crisis Hotline: (214) 828-1000 | sccenter.org

Crisis intervention training, survivors of suicide support group, awareness training and mental health screenings.

Terrell Counseling Services

1204 Bent Oaks Court Suite 200 Denton, TX 76210

1278 F.M 407 Suite 109 Lewisville, TX – 75077

301 South Lindsay Street Gainesville, TX – 76240

(940) 387-3450 | Terrellcounseling.com

Individual, adolescent and adult counseling, couples and family counseling, play therapy, anger management, life skills, theft prevention and diversion, psychological assessments, and chemical dependency education. Accepts most insurance plans.

The Warm Place

809 Lipscomb Street

Fort Worth, TX 76104

(817) 870-2272 | www.thewarmplace.org

Grief support for children ages 3 ½ - 18 years of age and their families as well as young adults 19 - 25 who have experienced the death of a loved one.

TWU Counseling and Family Therapy Clinic

Woodcock Hall Room 114

Denton, TX

(940) 898-2600 | twucounselingclinic@gmail.com

Hours: Mon 12-8pm, Tue-Fri 9am-8pm, Sat 9am-3pm.

Low-cost counseling for adults through individual, family, couple, and group services, play therapy for children (3-10 years) and creative arts therapy for adolescents and adults. Initial intake appointment \$15, follow-ups based on a sliding scale.

United Through H.O.P.E

503 Bolivar Street

Denton, TX 76201

(866) 857-7751 | unitedthroughhope.org

Assists children and adolescents with social challenges in order to gain leadership skills to become more socially, academically and vocationally adept through counseling and social skills training.

UNT Child and Family Resource Clinic

1180 Union Circle Matthews Hall Annex

Denton, TX 76203

(940) 565-2066

Adult, adolescent, and couples counseling, play therapy, sandtray therapy, group counseling, psycho-educational assessments, and parent education.

UNT Psychology Clinic

Terrill Hall Room 171

1611 West Mulberry

Denton, TX 76201

(940) 565-2631

Hours: Mon-Thu 10am-8pm, Fri 10am-5pm.

Individual, marriage, family, group and play therapy. Intellectual, vocational, personality and neuropsychological evaluations are also offered. There is a waitlist for services. Sliding scale fees.

UT Southwestern Family Studies Center

Paul M. Bass Administrative & Clinical Center

6363 Forest Park Road – Tower 2 – Floor 7 – Suite 722

Dallas, TX 75390

(214) 645-8300

For Children: (214) 456-7000

Treatment offered for anxiety disorders, panic disorders, generalized anxiety disorders, OCD, PTSD, social phobia and depression.

Veterans Affairs Medical Center

4500 South Lancaster Road

Dallas, TX 75216

(214) 742-8387/ | (800) 849-3597

Mental Health emergency room contact (214) 857-4313.

Crisis line available 24 hours: | (800) 273-8255 (press 1)

Woman to Woman Pregnancy Resource Center

512 North Locust Street

Denton, TX 76201

(940) 383-4494

Free pregnancy verification, limited ultrasound scans, parenting and childbirth classes, STI testing and treatment, and post-abortion counseling. Access to on-site RN and referral.

Youth and Family Counseling

105 Katherine Drive Building 3A

Lewisville, TX 75067

(972) 724-2005 | www.youthandfamilycounseling.org

Play therapy for children (4-12 years) and first offender program at no cost to families

Eating Disorders

Chrysalis Eating Disorder Program

722 West Oak Street

Denton, TX 76201

(940) 382-5688 | northtexaseatingdisorders.org | Chrysalisinformation@gmail.com

Chrysalis is a 24-week intensive program that features 8 hours of therapy per week including: 2 hours of psycho education/art therapy, 2 hours of therapeutic meals, 4 hours of group therapy, including private individual meetings with parents or partners at intervals as the client is ready. This intensive group treatment program is designed for individuals who require additional care for eating disorders beyond the typical 1 to 3 hours of individual and group therapy per week. The program can be completed while continuing work or school. Additional services include individual, group therapy, family and couples' therapy, dietary counseling and services for men. Flexible payment plans available.

Dallas Presbyterian Hospital

8200 Walnut Hill Lane

Dallas, TX 75231

(214) 345-6789 | THRBehavioralHealth@TexasHealth.org

The eating disorders program addresses the biological, psychological, and social forces that contribute to the development of eating disorders. The program offers inpatient (acute), partial “day” hospitalization, and half-day/intensive outpatient services to women ages 18 and older who suffer from anorexia nervosa and bulimia nervosa. Scheduling available 24/7: (682) 236-6023

Mary Orndorff

951 W. Pipeline, Suite 101

Hurst, Texas 76053

(817) 988-2565

Family, individual, marital, play, and group therapy, hypnotherapy and therapy for eating disorders

Education and Employment

Adult & Community Education for Denton County

1215 North Elm Street

Denton, TX 76201

(940) 369-0091 | dentonisd.org

Free adult learning classes, GED preparation and testing, adult basic education (ABE), English as a Second Language (ESL), parent education and personal enrichment classes provided at various locations throughout the school district.

Does not offer childcare

Career Transition Ministry

Denton Bible Church – The Annex – Room 100

Dick Welday: (940) 262-3252 | careertransitions@dentonbible.org

First-time orientation at 6-6:45pm

Meetings each Wednesday: 6:45-8:45pm

Practical information, job search skills, networking opportunities and job lead sharing in each session.

Christian Community Action (CCA) Special Programs

200 South Mill Street

Lewisville, TX 75057

(972) 221-1224 | ccahelps.org

Family assistive services help obtain food, clothing, housing and/or assistance to pay bills. Services offered include the food pantry, life skill program, spiritual care, GED program, ESL classes, job search, computer skills, financial management, literacy class and counseling.

Communities in Schools North Texas

217 South Stemmons Freeway Suite 101

Lewisville, TX 75067

(972) 538-9930 | www.cisnt.org

Provides dropout prevention services to economically disadvantaged students in schools across Denton and Wise counties. Services include a case management program and the 21st Century Afterschool program. Serves schools in Denton, Lewisville, Little Elm and Northwest ISD's.

Denton ISD Adult Education and Literacy Program

815 Cross Timber Street (Fred Moore High School)

Denton, TX 76205

(940) 369-0400 | aelcontact@dentonisd.org

Provides adults with quality programs and services to help them acquire and develop literacy skills to earn their high school equivalency certificate. Call or go online for qualification requirements.

Denton Public Library Literacy Programs

502 Oakland Street Denton, TX 76201

(940) 349-8774 | dentonlibrary.com

For adults 18 and older that would like to improve their literacy skills. Each student must complete an application and reading assessment before being matched with a tutor.

North Texas Job Corps Center

1701 North Church Street

McKinney, TX 75069

(800) 733-5627 | northtexas.jobcorps.gov

Job Corps is a no-cost education and career technical training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through career technical and academic training.

Reach

405 South Elm Street Suite 202
Denton, TX 76201
(940) 383-1062 | www.reachcils.org

720 East Park Boulevard Suite 104
Plano, TX 75074 | (972) 398-1111

1000 Macon Street Suite 200
Fort Worth, TX 76102 | (817) 870-9082

8625 King George Drive Suite 210
Dallas, TX 75235 | (214) 630-4796

Information & referral services, peer counseling, advocacy assistance, disability awareness & sensitivity training, independent living skills training on basic cooking, time management, budgeting/money management, assertiveness, and basic computer skills, technical assistance and training in complying with the Americans with Disabilities Act (ADA). Social/recreational activities, advice and training on the removal of architectural and attitudinal barriers that people with disabilities encounter, loan assistive technology/equipment such as manual and electric wheelchairs and walkers (as available), adjustment to disability training and weekly support groups.

Texas A&M Agrilife Extension Service

401 West Hickory Street Suite 125
Denton, TX 76201
(940) 349-2882 | denton.agrilife.org

Provides quality, relevant outreach and continuing education programs and services to the people of Texas.

Texas Offender Reentry Initiative

P.O Box 4386

Dallas, TX 75208

(214) 941-1325 ext. 300 | medc-tori.org

P.O Box 2645

Fort Worth 76113 | (817) 632-7437

Offers holistic wraparound services for the reentry population after incarceration services including housing, family reunification services, employment coaching, educational and training programs, spiritual guidance, health education and awareness training, and mentorship

Workforce Solutions for North Central Texas

1300 Teasley Lane

Denton, TX 76205

(940) 382-6712 | www.dfwjobs.com

Job referral and placement services. Employment counseling for veterans, disabled workers, parolees and other special applicant groups. Also federal job listings and childcare.

Statewide Job-line: 1-888-610-JOBS (5627) referrals, TANF, labor market information.

Job club meets Mondays at 12 pm.

UNT Trio Talent Search

1155 Union Circle Sage Hall Room 215

Denton, TX 76203

(940) 565-2090 | trio.unt.edu/ts

Provides support and guidance to students in grades 6-12 to continue their education through secondary school academic success, postsecondary guidance and enrollment, financial aid support, career exploration, and personal development.

UNT Child and Family Resource Clinic

1180 Union Circle Matthews Hall Annex

Denton, TX 76203

(940) 565-2066

Offers on-going parent education classes, support groups, and parent education on an individual basis. Counselors work with parents helping them develop parenting skills, and providing an encouraging and supportive environment.

Food/Emergency Food Banks/ Clothing/ Rent Assistance

Amazing Love Ministries (Feed My Sheep)

819 East McKinney Street

Denton, TX 76209

(940) 381-5190/ (940) 367-6486 | Amazingloveministries.net

Provides a free hot meal to those in need. Wednesday: 5pm.

American Legion Hall Senior Center

629 Lakey Street

Denton, TX 76205

(940) 349-8298

People over 60 qualify for a balanced daily meal on weekdays at 12pm. Meals need to be reserved by 12pm the day before. Suggested donation for people over 60 is \$1.50 and people under 60 may eat at center for \$3.50 per meal.

Free health screening offered on the second Tuesday of the month 10am-12pm.

Argyle Food Bank (Myrtle Lee Lynch Food Pantry)

(First Baptist Church) 414 North Highway 366

Argyle, TX 76226

(940) 464-7224 | firstargyle.org

Food from 9am-11:45am on Mondays only

Asbury Methodist Church Relief Ministry

117 Hercules Lane

Denton, TX 76207

(940) 387-6487 | www.asburydenton.org

Monday only. Hours: 10am – 12pm & 6pm-8pm. Not open during holidays.

Individuals can get food 6 times per year. First 30 people only. Bring picture ID.

Catholic Charities

249 West Thornhill Drive

Fort Worth, TX 76115

(817) 534-0814 | catholiccharitiesfortworth.org

Refugee services, housing for the elderly and disabled, residential services, family services, financial literacy and assistance, and disaster response services.

Catholic Charities of Dallas

9461 Lyndon B Johnson Freeway Suite 128

Dallas, TX 75243

(214) 520-6590 | catholiccharitiesdallas.org

Assistance for children, families and seniors, refugee services, and food services

Central Baptist Church

2221 North Carroll Boulevard

Denton, TX 76201

(940) 382-6969 | cbcdenton.com

Assistance with food by appointment only.

Community Services, Inc.

401 East 6th Avenue

Corsicana, TX 75110

1 (800) 831-9929 | csicorsicana.org

Utility assistance for those that qualify through Comprehensive Energy Assistance Program (CEAP). Must make appointment.

Denton County WIC (Women, Infants and Children)

535 South Loop 288

Denton, TX 76205 | (940) 349-2930 | www.dentoncounty.org

359 Lake Park Road Suite 113

Lewisville, TX 75067 | (972) 221-1603

3044 Old Denton Road Suite 113

Carrollton, TX 75007 | (972) 446-1507

Provides pregnant women, new mothers and young children with nutrition education and counseling, nutritious foods and help accessing health care for those individuals with low-income. Call for eligibility requirements.

Denton Hunger Coalition

306 N. Loop 288 #300

Denton, TX 76209

The Denton Mobile Food Pantry is now located at Denton Community Food Center, located at the back of the Serve Denton campus every 2nd Saturday of the month, from 9-11.

First Baptist Church

1100 Malone Street

Denton, TX 76201

(940) 382-2577 | firstrefugeeministries.org/pantry

Food pantry Mon. 9am-12pm, Wed. 1-4pm, Thurs. 6-8pm. Must arrive 15 mins before closing to select your food, otherwise you will receive a prepackaged selection. Closed on major holidays.

Giving Hope, Inc.

306 N. Loop 288

Denton, TX 76209

(940) 382-0609 | hopeincdenton.com

Emergency housing assistance, housing counseling, transitional housing and permanent supportive housing. 30-90 day assistance for families with children going through homelessness due to emergencies, short-term transitional housing programs for single moms in housing crisis, and giving hope outreach program.

Interfaith Ministries

1109 North Elm Street

Denton, TX 76201

(940) 565-5479 | ifmdenton.org

Emergency assistance for utilities, rent, shelter, ID/birth certificate, prescriptions/medical costs, public transportation, eye glasses for children and adults, personal care/hygiene supplies, diaper supplies for children & adults, and money management courses and seasonal programs also offered. Hours: Mon – Fri 9am – 5pm

Lake Cities United Methodist Church

300 East Hundley Drive

Lake Dallas, TX 75065

(940) 321-6100 | lakecitiesumc.org

Basic food and hygiene items to residents in the Lake Cities area. Proof of residency in Corinth, Hickory Creek, Lake Dallas or Shady Shores. Bring valid photo ID. Tue & Thurs 9am-2pm. 2nd & 4th Thurs of the month 6-7pm. Clients can visit pantry once a month.

Lite-Up Texas

1 (877) 215-8018

Assistance with electricity Sept (current year) to Aug (following year). Designed to help qualified low-income individuals reduce the monthly cost of electricity service

Little Elm Food Bank

501 Bill Street

Little Elm, TX 75068

(972) 294-4061 | www.leafb.org

Provides short-term emergency food aid 3 times in a 12-month period. Photo ID and proof of residency required.

Hours: Mon 9am-4pm, Thurs 9am-5pm, and Fri 9am-12pm. 3rd Sat of each month 9am-3pm.

Meals on Wheels

1800 Malone Street

Denton, TX 76201

(940) 382-2224 | mowdc.org

Provides home-delivered meals to homebound elderly and disabled citizens in Denton County. Individuals must be 60 years or older, home-bound by reason of physical or emotional health, unable to prepare their own meals, have no one else living with them and live within proximity of meal site. Also provides meals at several senior centers in Denton County*, cost of meals is \$5.00, and a pet food delivery program called Senior Paws assists seniors unable to buy food for their pets with pet food supplements. *For senior center list visit website

Metro Relief

5201 South Colony Boulevard Suite 545

The Colony, TX 75056

(214) 705-3555 | metrorelief.org/dallas-ft-worth

Hours: Mon 9am-12pm Wed: 9am-12pm Thurs: 4:30-6:30pm

Provides groceries and referrals for other services as needed. Offers weekly assistance to families regardless of current economic circumstances.

Mission Arlington

210 West South Street

Arlington, TX 76010

(817) 277-6620 | missionarlington.org

Supplies families with short-term supplies of groceries, personal hygiene items, diapers, baby formula and more for when resources are tight. Also offers services through the Allan Saxe Dental Clinic, Bob Mann Medical Clinic
Open Mon-Fri 8:30am-5pm and Sat 9am-2pm.

Our Daily Bread (St. Andrews Presbyterian Church)

300 West Oak Street Suite 100

Denton, TX 76201

(940) 566-1308 | ourdailybreaddenton.org

Free, meals Monday through Friday from 12pm to 1:15pm. Evening meal Monday from 5:30-6:30pm.

Lunch Saturdays from 11:30am-12:30pm. Closed on Thanksgiving Day, Christmas Day and New Year's Day

Roanoke Food Pantry

108 Pecan Street

Roanoke, TX 76262

(817) 491-4451 | roanokefoodpantry.org

Provides food and other support services such as health/hygiene supplies, medical/dental care, utility payments, and furniture/appliances. Mon-Wed 9am-2pm. Closed Thanksgiving and Friday after

Salvation Army Homeless Shelter

1508 East McKinney Street

Denton, TX 76201

(940) 566-3800

Homeless shelter for men, women, and women with children. Provides meals, counseling, and assistance finding employment.

Salvation Army

2801 North Elm Street

Denton, TX 76201 | (940) 566-3800

206 West Main Street

Lewisville, TX 75067 | (972) 353-9400

Domestic violence hotline/Línea de violencia domestica: (214) 424-7208

Provides family emergency services including one month rent, mortgage, utility payment and food bag to last 3 days. Offers addiction recovery, senior citizen, children, youth, and veteran programs, as well as disaster response services.

Shepherd's Hand

1123 Fort Worth Drive

Denton, TX 76205

(940) 435-8860

Food is distributed on a daily basis, Monday through Friday from 12-5pm. Those in need may return the following day if necessary. The ministry does not have any specific requirements that must be met.

Shepherd's Storehouse

1189 South High377

Pilot Point, TX 76258 | (940) 686-2620

Assistance with food and clothing. Open Mon, Wed & Fri from 8:30am-12pm.

Singing Oaks Church of Christ

101 Cardinal Drive

Denton, TX 76209

(940) 387-4355 | singingoaks.org

Assistance with food and clothing. Food pantry open Tues and Thurs 3-5pm.

Texas Department of Health and Human Services

3612 East McKinney Street #112

Denton, TX 76209

(940) 383-2371 | www.hhsc.state.tx.us

Applications for Medicaid, food stamps, or TANF (Temporary Assistance for Needy Families).

United Way of Denton County

1314 Teasley Lane

Denton, TX 76205

(940) 566-5851 or 211 | unitedwaydenton.org

Partners with agencies to help with food, rent, utilities, and clothing according to the individual's need.

Vision Ministries (Denton Bible Church)

626 Wainwright Street

Denton, TX 76201

(940) 387-8230 | vision.dentonbible.org

Serves the under-resourced of Denton by providing food, clothing and other essential items.

Hours of operation: Tue – Fri 12:30-4pm.

Healthcare Providers Accepting Medicaid/Medicare

Dr. Ajit Dave, M.D., P.A.

3327 Colorado Boulevard, Suite 200

Denton, TX 76201 | (940) 382-4060

Internal Medicine, Oncology and Hematology Accepts Medicare

Accepts regular Medicaid/Medicare & Indigent Care

No pain or psych medications.

Ragsdale Vision Center

526 North Locust Street

Denton, TX 76201

Accepts Medicaid/CHIP/No Medicare

Accepts Medicaid/CHIP/ No Medicare

Dr. Hamilton L. Jones (Pediatric Dentist)

1212 Bent Oaks Court, Suite 100

Denton, TX 76210

(940) 387-0823

UT Southwestern Psychiatry

Paul M. Bass Center Tower 2

6363 Forrest Park Road Suite 749

Dallas, TX. 75235

(214) 645-8500

Accepts Medicare

Dr. Scott Talbot Parkland Behavioral Health Center

2665 Scripture Street (Psychiatric Service)

Denton, TX 76201 – (940) 387-8763 6300 Harry Hines Boulevard – 7th Floor

Accepts Medicare/No Medicaid

No Psych Meds

LGBTQQIP2SAA

(LESBIAN, GAY, BISEXUAL, TRANSGENDER, QUEER, QUESTIONING, INTERSEX, PANSEXUAL, TWO-SPIRIT (2S), ANDROGYNOUS, AND ASEXUAL)

Gay, Lesbian & Straight Education Network (GLSEN) | www.glsen.org

The leading national education organization focused on ensuring safe schools for all students.

Gay-Straight Alliance Network (GSA Network) | GSANetwork.org

Next-generation LGBT racial and gender justice organization that empowers and trains queer, trans and allied youth leaders to advocate, organize, and mobilize an intersectional movement for safer schools and healthier communities

The Trevor Project

www.thetrevorproject.org | (866) 488-7386

The leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.

Trans Youth Family Allies

www.ImaTYFA.org | (888) 462-8932

Offers education programs that empower children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected.

Campus Pride

www.CampusPride.org | (704) 277-6710

Represents the leading national nonprofit organization for student leaders and campus groups working to create a safer college environment for LGBTQ students across the United States.

Family Pride Coalition

info@familypride.org | 963-852-7014

Support group for gay and lesbian families.

Genesis Women's Shelter

4411 Lemmon Avenue Suite 201

Dallas, TX 75219

(214) 389-7700

24-hour hotline: 214-946-4357 | genesishshelter.org

Genesis Women's Shelter & Support provides emergency shelter, safety and counseling for victims of domestic violence and their children and lesbian outreach programs.

All of the services at Genesis Women's Shelter & Support are confidential and free.

Please know that Domestic Violence is a crime.

GLBT National Help Center

GLBTNationalHelpCenter.org | | (888) 843-4564

An organization that provides vital peer-support, community connections and resource information to people with questions regarding sexual orientation and/or gender identity

Pride Institute of Texas

pride-institute.com | | (800) 547-7433

PRIDE Institute is committed to providing lesbian, gay, bisexual, and transgender people a road to recovery through evidence-based substance abuse, sexual health, and mental health treatment.

Intersex Society of North America

isna.org

The Intersex Society of North America (ISNA) is devoted to systemic change to end shame, secrecy, and unwanted genital surgeries for people born with an anatomy that someone decided is not standard for male or female.

LGBTQ+ Advocacy

PFLAG Dallas

(972) 849-0383

The nation's largest family and ally organization uniting people that are lesbian, gay, bisexual, transgender, and queer (LGBTQ) with families, friends, and allies. PFLAG is committed to advancing equality and full societal affirmation of LGBTQ people through its threefold mission of support, education, and advocacy

Resource Center of Dallas

5750 Cedar Springs Rd

Dallas, TX 75235

(214) 528-0144 | myresourcecenter.org

Resource Center is a trusted leader that empowers the lesbian, gay, bisexual and transgender (LGBT) communities and all people affected by HIV through improving health and wellness, strengthening families and communities and providing transformative education and advocacy.

HIV/AIDS

CDC National Prevention Information Network

| (800) 448-0440 | npin.cdc.gov/disease/hiv

Provides information and resources on HIV/AIDS.

Health Services of North Texas

4308 and 4304 Mesa Drive

Denton, TX 76207

(940)381-1501/ | (800) 974-2437 healthntx.org

3537 South I-35 Suite 210

Denton, TX 76210

(940) 381-1501

821 North Elm Street

Denton, TX 76201

(940) 381-1501 ext. 5000

2540 K Avenue Suite 500

Plano, TX 75074

(972) 424-1480

Provides comprehensive medical care, prenatal and pediatric care, behavioral health services, women's health and family planning services, prescription assistance program, case management, HIV/STD education, insurance assistance and transportation.

Texas HIV Medication Program

| (800) 255-1090

The Texas HIV Medication Program (THMP) provides medications for the treatment of HIV and its related complications for low-income Texans. To qualify for medications, potential clients who meet eligibility criteria complete an application for assistance. Once approved, a client receives medications at an assigned pharmacy in their community.

Hotlines (Additional)

Tx Dept. of Family Protective Services (To Report Abuse)..... (800) 252-5400
Child Protective Services.....(940)381-3400 (Local)
Denton County MHMR Crisis Hotline.....(800)762-0157
Tarrant County MHMR.....(800)866-2465/ (817)335-3022
Poison Control.....(800) 222-1222
Denton Police (Non-Emergency).....(940) 349-8181
United Way Community Information / Referral Service.....211

General Hotlines

Covenant House Nineline.....800-999-9999
Gun Violence/Speak Up.....1-866-SPEAKUP
National Eating Disorders Association.....800-931-2237
National Suicide Prevention Lifeline.....800-273-8255
Post-Partum Depression Hotline.....800-944-4773

Housing/Shelters

C.I.T.Y House

830 Central Pkwy E #350, Plano, TX 75074

(972) 424-4626 | cityhouse.org

Helps at-risk children and young adults who have been abused, neglected or are homeless. Serves youth ages newborn to 21-years-old through three primary programs — Emergency Shelter for children in Plano, Outpatient Counseling Services for individuals and families, and Transitional Living Program in both Plano and Frisco.

Collin County Homeless Shelter/Samaritan Inn

1514 N McDonald St

McKinney, TX 75071

(972) 542-5302 | saminn.org

The Samaritan Inn provides a no-cost, safe and clean place to live. Serves 3 well balanced meals daily, provides personal hygiene products, free laundry, haircuts, over the counter medicines, and vouchers for needed items and services. Day care and transportation vouchers are also available. Program available for people to bring their pets with them “because being homeless doesn’t mean you have to lose everything”

Collin County’s Women’s Shelter/ Hope’s Door

860 F Avenue Suite 100

Plano, TX 75074

(972) 422-2911 | hopesdoorinc.org

24-Hour Crisis Hotline: (972) 422-7233

Hope’s Door offers two types of residential services to survivors of domestic violence - emergency shelter and transitional housing. The emergency shelter offers temporary housing to survivors and their children fleeing life-threatening situations. Clients living in the emergency shelter are provided with food, clothing and all the necessities of daily living along with case management, safety planning, counseling, legal advocacy, and referral to other community resources.

Texas Section 811 Project Rental Assistance (PRA) Program

Provides project-based rental assistance for extremely low-income persons with disabilities linked with long term services. Individuals must be referred to the program by a Qualified Referral Agent (QRA). Ask your Denton County MHMR Case Manager for a referral: (940)-381-5000.

Denton Affordable Housing Corporation

1104 Dallas Dr #229

Denton, TX 76205

(940) 484-7048 | dentonaffordablehousing.org

Office Hours: M-F 8am-5pm

Community-based nonprofit organization which began operating in 1995 to address the need for affordable housing in Denton. The primary populations targeted for assistance include first-time homebuyers, persons with disabilities, elderly persons, homeless families with children and individuals and families in need of safe, adequate, and affordable housing.

Denton County Friends of the Family

Crisis line 24 hours a day, 7 days a week, at 800-572-4031

or 940-382-7273 | www.dcf.org

The shelter is staffed 24 hours a day, 7 days a week. Crisis intervention specialists answer the hotline, monitor the house, and assist clients with basic needs during night, weekend and holiday hours.

The 32-bed residential facility offers numerous services that encourage safety planning, education regarding relationship violence, personal growth, and independent living skills in an abuse-free environment. Generally, clients stay in the shelter for up to 30 days; extensions may be approved on a case-by-case basis.

Denton Housing Authority

1225 Wilson Street

Denton, TX 76205

(940) 383-1504 | dentonhousingauthority.com

Addresses the housing needs of low-income families in the city of Denton. Currently administers the Section 8 Housing Choice Voucher Program which assists low and moderate-income families to rent housing in the private market, by paying a portion of the family's rent each month, and helps holders use their assistance to own instead of rent.

Denton Freedom House

3083 Trails End

Aubrey, TX 76227

(940) 565-5990 | dentonfreedomhouse.org

Free faith-based residential program for men only. Individuals in recovery from substance abuse or any other issues are welcome

Geri-Options Consultation and Care

(940) 391-0923 | geri-options.com

Provides geriatric consultation, planning and care management services to find residential services for seniors.

Habitat for Humanity of Denton County

1721 North Carroll Boulevard

Denton, TX 76201

(940) 484-5006

Office Hours: 12-5pm

Christian Ministry in partnership with the community that builds affordable housing for economically disadvantaged families. Requirements must be met in order to receive help from HfHDC

Leuty Avenue Apartments

909 West 7th Street

Justin, TX 76247

(940) 648-3296

Affordable apartment community that provides affordable housing for low-income families and individuals with disabilities. For more information, call site manager.

Salvation Army

1508 East McKinney Street

Denton, TX

(214) 424-7050 | salvationarmy.org

Men and women's shelter, food pantry, meals, clothes, showers, laundry facilities, summer heat relief (cooling station), substance abuse program, meals, life-skills classes, domestic violence program, veteran's programs, and worship programs. The shelter is open 24 hours a day, 365 days a year.

Salvation Army Shelter

2801 North Elm

Denton, TX 76209

(940) 566-3800 | salvationarmy.org

Emergency night shelter for men and women, food pantry, performing arts/music, worship, and youth programs, ESL classes, and emergency financial assistance. The shelter and KARE Kitchen are open 365-days a year regardless of weather or holidays. Offers free meals to the community twice a day. Breakfast at 6:30 am and dinner at 6:30 pm.

Shady Shores Apartments

401 North Shady Shores Drive
Lake Dallas, TX 75065
(940) 497-4844

Affordable housing for low income families and individuals with disabilities. There is a \$10 application fee.

Texas Department of Housing & Community Affairs

(512) 475-3800 | www.tdhca.state.tx.us

Hours of Operation: Monday-Friday, 8:00 am to 5:00 pm, except for observed holidays

Financial and administrative resource that helps provide services and affordable housing opportunities to Texans who qualify for this assistance based on their income level, as well as a resource for educational materials and technical assistance for housing, housing related and community services matters

Texas Re-Entry

1270 Woodhaven Blvd Suite 5245
Fort Worth, Texas 76112
(817) 632-7437 | medc-tori.org

P.O. Box 4386 – Dallas, TX – 75208
(214) 941-1325 Ext. 300

Housing programs, transitional housing, family reunification programs, employment coaching, education programs, spiritual guidance, healthcare and mentorship.

Legal

CASA (Court Appointed Special Advocates) of Denton County

614 North Bell Avenue

Denton, TX 76209

(940) 243-2272 | casadenton.org

CASA volunteers are appointed by the court to serve as advocates for abused or neglected children removed from their homes. Volunteers investigate and monitor a child's situation while in alternative or foster care. Within a 12 to 18-month time period, they make a recommendation to the presiding judge as to what permanent placement would be in the best interest of the child.

Denton County Alternative Dispute Resolution Program

512 West Hickory Suite 202

Denton, TX 76201

(940) 320-1500 | www.dentonadr.com

Assists the community by offering low cost mediations to resolve disputes which saves money and lessens the case load at the courthouse. Offers a range of mediation services. DCAP matches each case with experienced attorneys/mediators based on the type of case and the level the case is assigned

Denton County District Attorney, Victim Assistance

Denton County Courts Building 1450 East McKinney Street

Denton, TX 76209

(940) 349-2600 | dentoncounty.com

Serves as a liaison between the victims of violent crimes and the criminal justice system. Services offered include referral for counseling, preparation for court and court accompaniment during trial, and assistance in crime victim's compensation applications.

Disability Rights Texas

www.disabilityrightstx.org

Toll-Free Intake Line for New Callers: 1 (800) 252-9108

North Texas Regional Office 1420 West Mockingbird Lane Suite 450

Dallas, TX 75247

(214) 630-0916 (Voice) | 1 (866) 362-2851 (Video Phone) | 1 (214) 630-3472 (fax)

Provides legal services for individuals with disabilities in the following areas: accessibility, community living, education, employment, health care, housing, protection and civil rights, transportation and voting rights

Fathers for Equal Rights

Dallas Headquarters: 1241 Stevens Ridge Dr, Dallas, TX 75211

(214) 953-2233 | fathers4kids.com

One of the largest and most active fathers' rights organizations in the United States which provides "hands on" help for members with family law issues. Provides free access to attorneys, 6 days a week, low cost document preparation, discounted process service, discounted DNA testing, social study preparation, and trial preparation.

Legal Aid of Northwest Texas

2220 San Jacinto Blvd, Suite 205

Denton, Texas 76205

Telephone 1: 800-955-1407

Telephone 2: 940-383-1406

Fax: 940-382-7797

Call or visit our office during business hours Monday – Friday 8:00 a.m. – 5:00 p.m.

Counties Served: Denton, Cooke, Jack, Montague, Wise

Opening Doors International Services

2200 North Bell Avenue

Denton, TX 76209

(940) 382-0096 | odisinc.org

Provides legal knowledge of immigration law and represents families before United States Citizenship and Immigration Services (USCIS), Department of Homeland Security (DHS), Immigration Customs Enforcement (ICE) and Department of State (DHS) in the following areas: Family petitions, Deferred Action (DACA), Adjustment of Status, Consular processing, Citizenship, Fiancé visa, and VAWA (Violence Against Women Act) self-petitions.

Proyecto Inmigrante ICS, Inc.

415 East Airport Freeway Suite 150

Irving, TX 75062

1 (888) 793-2182 ext. 3201

Closed Sunday & Monday) (Hours Tue-Sat 9am-5pm hour break from 12-1pm)

Offers immigration representation programs and counseling services to help clients become permanent residents or citizens of the United States.

Medical

Accolade Home Care

2800 Shoreline Drive Suite 204

Denton, TX 76210

(940) 891-1161/ (866) 211-2111 | accoladehomecare.com

Skilled nursing, home care aide, physical therapy, occupational therapy, speech therapy, diabetic teaching and training, infusion therapy, low vision, lower extremity management, medical social work, memory care, ostomy care, telehealth/cardiac, wound care, and vestibular therapy.

Ann's Haven VNA

1204 West University Drive #150

Denton, TX 76201

(940) 349-5900 | www.vnatexas.org

At-home hospice care services for individuals diagnosed with a terminal illness and provides private care for seniors in order to age with dignity and independence at home

Denton Community Health Clinic

525 South Locust Street Suite 200

Denton, TX 76201

(940) 600-7527 | www.dentonchc.com

Healthcare is available for treatment for diabetes, high blood pressure and heart problems, breathing problems, child healthcare, immunization for children and adults, women and men healthcare, mental health supportive care, counseling, social work and case management services. Sliding scale fee.

First Refuge Dental

1010 North Elm Street Suite 106

(940) 591-8730 | dentondentalmission.org

Examination and x-rays to determine services needed, fillings, root canals, extractions (one tooth to full mouth extraction when necessary), comprehensive oral hygiene, and dentures.

Adults should apply at Vision Ministries Tues – Fri 12:30-4:00pm. ID and proof of income required

Denton County Health Department

Denton Admin Complex-Health Services Building
535 South Loop 288
Denton, TX 76205
(940) 349-2900 | dentoncounty.com/health

Lewisville Lee Walker Government Center
190 North Valley Parkway Suite 203
Lewisville, TX 75067
(972) 434-4700

Child health clinic, dental services, immunization clinic, prenatal care and services, women's health services, primary care, STD clinic*, TB clinic*, and lice checks available.

*Note: Primary Care, Immunization Clinic, STD Clinic, and TB Clinic hours vary.

Denton Treatment Services

621 Londonderry Lane
Denton, TX 76205
(940) 483-0644 | texas-treatment.com
Methadone maintenance for treatment of Opiate addiction.

Affordable Dentures and Implants

2318 San Jacinto Blvd Suite 104
Denton, Texas 76205
940-580-2902 | <https://www.affordable-dentures.com/office/denton>

Encompass Health

1809 Hinkle Dr Suite 150, Denton, TX 76201
(940) 382-2840 | <https://www.encompasshealth.com/home-health>
Skilled nursing, skilled therapy, medical social work, home health aides, hospice, pediatric care and specialty programs in orthopedics, cardiopulmonary, diabetes management, and other specialties.

Family Care Services, Inc.

7761 Raintree Way

Frisco, TX 75033

(972) 668-8242 | www.familycaresrv.com

Provides Philips Lifeline Medical Alarms and the AutoAlert which send an alert when someone falls even if the person is unconscious. Also carries many types of medicine dispensers

Family Healthcare of Denton (Dr. Stanley Evans)

3105 Colorado Boulevard

Denton, TX 76210

(940) 383-3444 | familyhealthcaredenton.com

Adult, adolescent and childcare. Services provided include allergy testing, drug testing, vaccines, family planning, preventative care, wellness programs and more.

First Refuge Ministries

1701 Broadway Street

Denton, TX 76201

(940) 484-4384 | Firstrefugeministries.org/medical-clinic

Medical clinic, chiropractic clinic, dental clinic, RX relief program, immunizations, flu shots (October & November) and community health screenings.

Indigent Healthcare of Denton County

Denton Admin Complex-Health Services Building

535 South Loop 288 Suite 1052

Denton, TX 76205

(940) 349-2940/ (972) 434-8864 | dentoncounty.com/ihc

Monday - Friday 8:00am-12:00pm & 1-5pm

For detailed information of services and application requirements call number provided above

Islets of Hope

isletsofhope.com

List of comprehensive diabetes assistance programs by state, as well as international resources for other countries.

Includes private, corporate, and government programs

Kiwanis Club Children's Clinic

1001 North Elm Street

Denton, TX 76201

(940) 387-6323 | dentonkiwanisclub.org

Low-cost or no-cost medical and dental care, and prescription assistance to disadvantaged children in the Denton area

Little Elm Medical Clinic

730 East Eldorado Parkway

Little Elm, TX 75068

(972) 292-3330 | littleelmclinic.com

Diagnostic healthcare for high blood pressure, diabetes, obesity, asthma, thyroid problems, heart disease, lung disorders, depression, anxiety and fatigue, among others. Also provides physical exams, and other in-office procedures.

NP Care Clinic

802 North Bonnie Brae #100

Denton, TX 76249

(940) 294-2944 | npcareclinic.net

Monday to Friday: 9am-5pm Closed during lunchtime: 1-2pm

Primary care services, acute and chronic illness treatment, urgent care, and bioidentical hormones, laser hair removal, STD treatment, and well-woman visit.

PediPlace

Park Lane Village: 502 South Old Orchard Lane #126

Lewisville, TX 75067

(972) 436-7962 | pediplace.org

Primary pediatric care, treatment of illnesses, preventive care, hearing and vision screenings, treatment of asthma and other chronic illnesses, referrals for specialized care, and newborn parent health and child safety education

Planned Parenthood

plannedparenthood.org

2436 South IH-35 E #340 Denton, TX – 76205 | (940) 891-0737

1356 West Main Street Lewisville, TX – 75067 | (972) 221-7644

Offers birth control, HIV testing, men's health care, morning-after pill (emergency contraception), pregnancy testing & services, STD testing, treatment & vaccines, and women's health care.

Primary Care Clinic of North Texas

570 South Edmonds Lane Suite 111

Lewisville, TX 75067

(972) 221-6005 | primarycareclinic.org

3900 American Drive Suite 201

Plano, TX 75075 | (972) 596-6005

4001 McEwen Road Suite 106

Dallas, TX 75244 | (214) 378-6005

Medical care for uninsured adults and children over 12 years without regard to income or county of residence.

Office visit \$40. Routine blood tests range from \$10-\$20 each. Screening for Hepatitis, HIV, cholesterol, PSA, etc. Pap smear test available for \$95 (includes office visit). Referrals for X-rays, ultrasound, CT and MRI scans priced at or near Medicare rates. All generic drugs at discounted prices made available through local pharmacies

Texas Scottish Rite Hospital for Children

Main Campus: 2222 Welborn Street – Dallas, TX – 75219 – (214) 559-5000/ (800)421-1121 | www.tsrhc.org

North Campus: 5700 Dallas Parkway

Frisco, TX 75034

469-515-7222

Services offered in neurology, disabilities, orthodontics, prosthetics, rheumatology, psychology, pediatric orthopedics, dyslexia and other specialties.

Texas Dentists for Healthy Smiles

1946 S IH35 Suite 300

Austin, TX 78704

(512) 448-2441/ (877)807-6453 | www.tdasmls.org

Programs for free dental care and education.

The Today Clinic

1318A West Main Street

Lewisville, TX 75067

(214) 222-0781 | todayclinic.com

Urgent care services, treatment for acute and chronic conditions, allergies, asthma, broken bones and sprains, burns, cold and flu symptoms, ear, sinus and respiratory infections, insect and animal bites, stomach viruses, skin rashes and most other non-life threatening injuries, illnesses and conditions

TWU Dental Hygiene Clinic

Multipurpose Classroom-Laboratory Building (MCL) Room 108

(940) 898-2888 | twu.edu/dental-hygiene/clinic

Teeth cleaning, deep cleaning (Non-surgical periodontal therapy), x ray (Radiographs), oral cancer screening, limited dental exam, sealants and fluoride to help prevent cavities and tooth whitening.

Denton VA Clinic

2223 Colorado Blvd

Denton, Texas 76205

(817) 730-0000/ (800) 443-9672 | www.northtexas.va.gov

Primary care, routine physical exams, laboratory testing, prescriptions, immunizations, preventive health maintenance, specialty care and consults.

Wisdom Health Care and Family Clinic

403 Main Street Suite B

Lewisville, TX 75057

(972) 436-1811

Low cost family healthcare. No appointment necessary. For information on services and insurance please call number provided.

WIC (Women/Infant and Children)

Denton Admin Complex Health Services Building

535 South Loop 288 Denton, TX 76205 | (940) 349-2930

Lee walker Government Center

190 N. Valley Parkway Lewisville, TX 75067 | (972) 221-1603

Carrollton Office

3044 Old Denton Road Suite 113 Carrollton, TX 75007 | (972) 446-1507

Nutrition program that helps pregnant women, new mothers, and young children eat well, learn about nutrition, and stay healthy. Offers nutrition education and counseling, nutritious foods, and help accessing health care to low-income women, infants, and children through the Special Supplemental Nutrition Program, popularly known as WIC.

Medication Assistance Programs

Abbot Laboratories.....	800-222-6885
Astra Zeneca.....	800-424-3727
Bristol-Myers Squibb.....	800-736-0003
Eli Lilly – Lilly Cares.....	800-545-6962
Forest Pharmaceuticals.....	800-851-0758
Glaxco SmithKline.....	866-728-4368
Johnson & Johnson.....	800-652-6227
Merck.....	800-727-5400
Novartis.....	800-277-2254
Pfizer Inc.....	866-706-2400
Shire Cares.....	888-227-3755
Sunovion.....	877-850-0819

Mental Health Hospitals

Carrollton Springs

2225 Parker Road

Carrollton, TX 75010

(972) 242-4114 | www.carrolltonsprings.com

Treats individuals who may be suffering from one or more of the following conditions: depression, anxiety, panic attacks, obsessive/ compulsive thoughts or behavior, post-traumatic stress, auditory and/or visual hallucinations, anger or impulse control issues. Offer inpatient treatment, group psychotherapy, family therapy, nutritional education, activity therapy, spiritual sessions and medication education.

Cook Children’s Behavioral Health

Denton Psychology Clinic

3201 Teasley Lane Suite 202

Denton, TX 76210

(682) 885-3917 | www.cookchildrens.org

Lewisville Psychology Clinic

1600 FM 544 Suite 100 Lewisville, TX 75056

Treats anxiety disorders, ADHD/ADD, Autism spectrum disorders, behavior problems, bipolar disorders, depression, developmental and learning delays, also offers group and family therapy, and therapy for patients and family dealing with medical illness.

Excel Center of Lewisville

401 N Valley Pkwy Suite 100

Lewisville, TX 75067

(972) 906-5522 / español (817) 335-6429 | Excelcenterlewisville.com

Specialized day treatment in mental health, behavioral health, chemical dependency, and dual diagnosis through intensive outpatient and partial hospitalization treatments.

Green Oaks Hospital Plano Outpatient Clinic

4001 W 15th Street

Plano, Texas 75093

(972) 991-9504 / (800) 866-6554 (Toll-Free) | greenoakspsych.com

Inpatient care for adults and adolescents (ages 12-17), 24-hour hospitalization, psychiatric evaluations, 24-hour nursing care, crisis intervention, ongoing medical, behavioral, and nutritional therapy. Also provides outpatient services including internal medicine, therapy, social work and financial counseling for uninsured individuals.

Mayhill Hospital

2809 South Mayhill Road

Denton, TX 76208

(940) 239-3000 | www.mayhillhospital.com

Provides intensive therapy, medication management, psychiatric evaluations, drug and alcohol detox, individual, group and family therapy, and 24-hour nursing care for adults and seniors suffering from emotional, behavioral and psychiatric disorders.

Medical Center of McKinney

4500 Medical Center Drive

McKinney, TX 75069

(972) 547-8000 | medicalcenterofmckinney.com

Treats adults with a wide range of psychiatric conditions including depression, anxiety, suicidal and/or aggressive behavior, psychotic thinking and bipolar disorder. Also treats secondary chemical dependency issues, and offers inpatient services to older adults to help them bring balance to their lives and renew social, physical, and mental skills.

North Pointe Family Center (Part of UBH)

2012 West University Drive

Denton, TX 76201

(940) 320-7201 | ubhdenton.com

A continuum of care is offered for patients with mental health and chemical dependency problems through partial hospitalization and intensive outpatient services. The adolescent outpatient programs offer families full educational case management with a state certified public school teacher. The outpatient adult programs offer the same services as inpatient care, and there is also an evening intensive outpatient program for those with work responsibilities.

North Texas State Hospital

6515 Kemp Boulevard
Wichita Falls, TX 76308
(940) 692-1220

Treats youth with serious emotional disturbance, transition-age 18-25, adults with serious mental illness, persons with Alzheimer's or dementia, persons with mental health and substance abuse disorders, persons with post-traumatic stress disorder, and forensic clients.

Presbyterian Hospital of Plano (Seay Center)

6110 West Parker Road
Plano, TX 75093
(682) 236-6023 | [texashealth.org](https://www.texashealth.org)

Treats youth with serious emotional disturbance, transition-age 18-25, adults with serious mental illness, persons with Alzheimer's or dementia, persons with mental health and substance abuse disorders, lesbian, gay, bisexual, or transgendered clients, and mental health issues

Sante Center for Healing

914 Country Club Road
Argyle, TX 76226
(800) 258-4250/ (940) 464-7222 | [santecenter.com](https://www.santecenter.com)

Addresses addictive behaviors and provides residential treatment, an intensive outpatient program, transitional living, aftercare and prevention programs, family support and an outpatient clinic for substance abuse recovery.

University Behavioral Health of Denton

2026 West University Drive
Denton, TX 76201
(940) 320-8100/ | (888) 320-8101 | [ubhdenton.com](https://www.ubhdenton.com)

Inpatient and day hospital (outpatient) services for adolescents and adults suffering from mental health illness. Adolescent and adult services treat mental health, chemical dependency, detoxification and co-occurring disorders.

VA North Texas Health Care System

4500 South Lancaster Road
Dallas, TX 75216
(800) 849-3597/ (800) 849-3597
Nationwide Crisis Line | (800) 273-8255

Intellectual and Developmental Disabilities

Ability Connection Texas

8802 Harry Hines Boulevard

Dallas, TX 75235

(800) 999-1898/ (214) 351-2500 | abilityconnectiontexas.org

Provides case management through Community Living Assistance and Support Services (CLASS), help and support for individuals to live independently and IFC residential group homes through Home and Community Based Services (HCS), help and support to provide community living, professional and technical support to individuals to live with their families through Texas Home Living program (TxHML), and IMPACT day habilitation which teaches life skills, education, community outing and socialization.

ARC of Denton County

(972) 436-8471 | arcofdentoncounty.org

Provides family support, public awareness, advocacy service, and referral

ARC of Texas

512-454-6694 | thearcoftexas.org

Advocacy, trainings, information and referral for individuals with intellectual disabilities or physical limitations and their families.

Association for Independent Living

2826 Storey Lane

Dallas, TX 75220

(214) 351-0798 | afildfw.org

Twenty-four hour educational and residential program for adults with intellectual and developmental disabilities in which they are all taught the same skills at his/her own pace.

Autism Now

1.855.828.8476 | autismnow.org

Provides high quality resources and information in core areas across the lifespan to individuals with Autism Spectrum Disorders (ASD) and other developmental disabilities, their families, caregivers, and professionals in the field.

Autism Speaks

888-288-4762 / 888-772-9050 (español) | autismspeaks.org

The adult services initiative provides resources that impact all facets of adult life including employment, housing, community life and post-secondary education.

Best Buddies

1341 West Mockingbird Lane Suite 103E

Dallas, TX 75247

(214) 242-9908 | bestbuddies.org

Offers one-to-one friendships, integrated employment and leadership development for people with intellectual and developmental disabilities (IDD).

Camp Summit

17210 Campbell Road Suite 180-W

Dallas, TX 75252

(972) 484-8900 | campsummittx.org

A residential or “sleep away” camp for children and adults with special needs. Provides barrier-free outdoor experiences that promote personal growth and foster independence for children and adults with disabilities.

Connection Kids Special Needs Directory

(888) 596-6366 | www.specialneedskidsdirectory.com

Provides referrals and resources to parents and families of special needs individuals

Denton ISD Regional Day School Program for the Deaf-Special Education

(940) 369-4084

Services for students, ages 0-21, who are eligible for special education services based on an auditory impairment and educational need.

Denton State Supported Living Center

3980 State School Road

Denton, TX 76210

(940) 891-0342

Provides residential services for individuals with special needs, including: 24 hour supervised care, comprehensive health care, skills training and work programs

Down Syndrome Guild of Dallas

1702 North Collins Boulevard Suite 170

Richardson, TX 75080

(214) 267-1374 | downsyndromedallas.org

Provides accurate and current information, resources, and support for people with Down syndrome, their families and the community. Also offers parent-to-parent support to families with new babies, young children, school-age children, and adults with Down syndrome through personal visits, information packets, and social gatherings

Easter Seals of North Texas

1424 Hemphill Street

Fort Worth, TX 76104

(888) 617-7171 | easterseals.com/northtexas

4443 North Josey Lane Suite 100

Carrollton, TX 75010 | (972) 394-8900

An organization serving children and adults with disabilities and other special needs locally by creating opportunities that advance the independence of these individuals

EduCare Community Living

2928 Metro Street Suite 101M

Denton, TX 76207

(940) 380-0113 | rescare.com/residential-services/

Residential services for people with intellectual and developmental disabilities. Services include 24-hour supervision, nursing, day habilitation, life skill training, recreation and leisure activities.

Home Instead Senior Care

2100 Justin Road Suite 201

Highland Village, TX 75077

(972) 200-1654 | homeinstead.com

Provides companionship care, personal care, meals and nutrition, transportation, help with household duties, respite care, hospice care support services, and 24 hour and live-in care.

Kids Together

kidstogether.org

Information and resources for children and adults with disabilities

Special Abilities of North Texas

1511 FM 407/Justin Rd Suite B

Lewisville, TX 75077

(972) 317-1515 | specialabilities.net

Flower Mound Campus Located inside Trietsch Memorial United Methodist Church

6101 Morriss Road

Flower Mound, TX 75028

(972) 317-1515

Provides a variety of opportunities to train, educate, support and develop clients and students. Highly trained professional staff and instructors implement daily programs in academics/continuing education, pre-vocational and vocational training, health, nutrition and fitness, community inclusion and social development, and home and independent living skills.

Spirit Horse International Therapeutic Riding Center

1960 Post Oak Drive

Corinth, TX

(940) 497-2946 | spirithorsenews.com

Free private horseback riding therapy program for children and some adults diagnosed with disabilities, including autism spectrum disorder, development delays, down syndrome, cerebral palsy, spina bifida, epilepsy, traumatic brain injury, and those with histories of abuse, veteran status, and at-risk youth

Texas Parent to Parent

1805 Rutherford Lane

Austin, TX 78705

(866) 896-6001 | txp2p.org

Provides a variety of resources, education and training to parents, family members, professionals, and others who share an interest in improving lives of children with a disability, chronic illness, or special health care need

Child/ Adolescent/ Parent

ALL Counseling Resources in Counseling Section

ADHD Center of North Dallas

2459 East Hebron Parkway Suite 130

Carrollton, TX 75010

(972) 428-7000/ (877) 881-2147 | www.adhdnorthdallas.com

Neuropsychological evaluations, IQ Testing, academic testing, ADHD testing, medication management, behavioral, cognitive, individual, sensory integration, parent interaction and family therapy, ADHD coaching and academic tutoring.

Big Brothers and Big Sisters

Greater Dallas

450 E John Carpenter Fwy,

Suite 300, Irving, TX 75062

(888) 887-2447

Denton County Office

306 N Loop 288 Suite 107

Denton, TX 76209

(940) 206-4977 | bbbstx.com

Makes meaningful, monitored matches between adult volunteers (“Bigs”) and children (“Littles”), ages 6 through 18, in communities across the country and develops positive relationships that have a direct and lasting effect on the lives of young people.

CHADD

800-233-4050 | chadd.org

Organization serving people affected by ADHD and related conditions. Offers training about ADHD to parents through its Parent to Parent program and to educators through its Teacher to Teacher program. CHADD sponsors an annual international conference on ADHD and actively advocates for people affected by ADHD

Challenge Air

8001 Lemmon Avenue Suite 280

Dallas, TX 75209

(214) 351-3353 | challengeair.com

Hosts exciting special events nationwide, where they inspire physically, mentally challenged, and seriously ill children and young adults from 7 to 21 by providing the opportunity to fly in small airplanes piloted by both wheelchair and non-wheelchair aviators

Children's Advocacy Center for Denton County

Main Office: 1854 Cain Drive

Lewisville, TX 75077

(972) 317-2818/ (866) 875-1015 | cacdc.org

Denton Office (By appointment:

306 N Loop 288 Suite 300

Denton, TX 76209

Works as a team with Child Protective Services, Law Enforcement, Sexual Assault Nurse Examiner (SANEs), the District Attorney's Office, and mental health professionals to provide justice and healing for child victims of severe physical and sexual abuse.

Denton Area Home Childcare Association

1101 Raleigh Path

Denton, Texas 76208

dahcca.org – (940) 591-0328

A group of childcare professionals providing quality-loving care in their homes

Denton County Friends of the Family

Crisis line 24 hours a day, 7 days a week 800-572-4031 or 940-382-7273 –

www.dcf of.org

The shelter is staffed 24 hours a day, 7 days a week. Crisis intervention specialists answer the hotline, monitor the house, and assist clients with basic needs during night, weekend and holiday hours. Also offers advocacy services, counseling, child and adolescent counseling services, and violence intervention and prevention (VIPP).

Kiwanis Club Children’s Clinic

1001 North Elm Street

Denton, TX 76201

(940) 387-6323 | dentonkiwanisclub.org

Low-cost or no-cost medical and dental care, and prescription assistance to disadvantaged children in the Denton area

Denton ISD – Social Services and Assistance

1307 North Locust Street

Denton, TX 76201

(940) 369-0000

Provides services and support to families through coordination of services, information and referral, assistance with school supplies and coordination of specialized education programs

Denton ISD – Teen Parent Program

1307 North Locust Street

Denton, TX 76201

(940) 369-2027 / (940) 369-3035

Program designed to improve school attendance, increase graduation rates and enhance the parenting skills of students, both male and female, who are pregnant or parenting and enrolling in Denton Independent School District.

Early Childhood Intervention Services

hhs.texas.gov/services/disability/early-childhood-intervention-services | 1 (800) 628-5115

Statewide program that provides support for families with children, (birth to 3 years), with disabilities and developmental delays through developmental services provided by a variety of local agencies and organizations across Texas.

IMAGINE Programs

1947 Ave K Suite 100

Plano, TX 75074

(972) 423-6007 | imagineprograms.net

Intensive outpatient programs which include chemical dependency education, evaluations and assessments, group therapy, individual counseling, family and relationship counseling, communication training, relapse prevention, meditation/relaxation training, and art/music therapy

Journey to Dream

1960 Archer Ave

Lewisville, TX 75077

(940) 317-3935 | journeytodream.com

Programs that provide support and healing to students struggling with destructive behaviors, family addiction, divorce, or the illness or death of a loved one. The programs include school prevention assemblies, youth development groups, peer support groups, and community outreach

Family Residential Program

Cumberland Presbyterian Children's Home 909 Greenlee St

Denton, TX 76201

(940) 382 5112 | cpch.org

Provides safe residential care for single parent families. Services offered include parenting classes, strength-based counseling, spiritual guidance and education in independent living skills

Suicide and Crisis Center of North Texas

(214) 824-7020/24-hr crisis hotline: (214) 828-1000 | sccenter.org

Crisis text (Saturdays and Sundays) 8pm-10 pm 972-533-3323.

Operates a 24-hour crisis line, a Survivors of Suicide grief support program, outreach and education for teens, and offers community and professional education.

Miscellaneous Resources

Adapt of Texas in Dallas

2600 North Stemmons Freeway #151

Dallas, TX 75207

(888) 905-0595 | adaptusa.com

Provides community support and clinic services including recovery services, counseling, case management, psychiatric evaluations, crisis assessment and intervention

Allsup

800-279-4357/ (866) 488-8948 (español) | www.allsup.com

Provide assistance in application for SSDI. Free evaluations available

Catholic Charities of Dallas

1421 W Mockingbird Ln

Dallas, TX 75247

(866) 223-7500 | www.catholiccharitiesdallas.org

Provides children, family and senior services, immigration and legal services, refugee services, and financial stability and education services.

Texas Health and Human Services Commission

Denton County Office

3612 E McKinney St

Denton, Texas 76209

940-320-5700

State Headquarters

4900 N Lamar Blvd

Austin, Texas 78751

512-424-6500

Denton Central Appraisal District

3911 Morse Street
Denton, TX 76208
(940) 349-3800

Helps disabled veterans determine if they are eligible for property tax exemptions

Goodwill Industries

2030 West University Drive
Denton, TX 76201
(940) 566-0398 | goodwill.org

Services offered include donation site and retail store that sell clothes, furniture, house wares, vocational evaluations, job readiness services and job placement.

Hearts for Homes

826 East McKinney Street
Denton, TX
(940) 891-0947 | heartsforhomes.org

Offers services to improve the living conditions of low-income senior homeowners in Denton County

Low Income Taxpayer Clinic

400 South Carroll Blvd Suite 1000
Denton, TX 76201
(940) 293-2201 | ntcti.org

Provides pro bono representation in tax disputes with the IRS; educates low income taxpayers and ESL individuals about their rights and responsibilities as taxpayers; identifies and advocates for issues that impact low income and ESL taxpayers.

Medicare Hotline

1 (800) 633-4227
Information about billing, claims, medical records or expenses

Modest Needs Grants

(844) 667-3776 – modestneeds.org

Helps stop the cycle of poverty BEFORE it starts for thousands of hardworking, low-income families who don't qualify for most kinds of other assistance. Helps cover emergency expenses such as car repairs, rental assistance, doctor or utility bills

NAMI North Texas

2812 Swiss Ave

Dallas, Texas 75204

(214) 341-7133 | naminorthtexas.org

Provides support, education, and advocacy to those affected by mental illness in Denton County. Does not provide medical or counseling services.

Area Agency on Aging of North Texas

4309 Old Jacksboro Hwy #200

Wichita Falls, Texas 76302

(940) 322-5281 | nortexrpc.org/aaa

Helps with health care, drug, food and utility costs. Staff at the Benefits Enrollment Center can submit applications for individuals that qualify for Medicare Savings Programs (MSPs), Medicare Part D Extra Help (EH), SNAP food assistance, LIHEAP/CEAP utility assistance, SSI/Medicaid and programs for prescription help, tax relief or respite care.

Chisholm Trail RSVP, Inc.

1314 E McKinney Street

Denton, TX 76209

(940) 383-1508 | rsvpserves.org

Provides help by recruiting and placing adults 55 plus within the following focus areas: Disaster Services, Economic Opportunity, Education, Environmental Stewardship, Healthy Futures and other Community Priorities based on assessed needs.

Singing Oaks Church

101 Cardinal Drive Denton, TX 76209

(940) 387-4355 | singingoaks.org

Provides help to needy individuals and families in the community in need of food and clothing and facing financial difficulties.

Social Security Administration

2201 Colorado Boulevard

Denton, TX 76205

1 (888) 717-1530

Assists residents of Denton/Wise County file for retirement, disability and Medicare

Texas Department of State Health Services

512-776-2150/1-888-963-7111, ext. 2150 | dshs.texas.gov

Texas Paralyzed Veterans Association

1 (800) 933-4261 | texaspva.org

Leading advocate for health care, SCI/D research and education, veterans' benefits and rights, accessibility and the removal of architectural barriers, sports programs, and disability rights

The Plan of North Texas

1121 Rockingham Drive

Richardson, Texas 75080

(972) 690-7526 | planntx.org

An organization dedicated to providing comprehensive support to families and individuals with mental illness.

YMCA Cross Timbers Family

2021 Cross Timbers Road

Flower Mound, TX 75028

(972) 539-9622 | www.ymcadallas.org

Works side-by-side with neighbors right in the community to make sure that everyone, regardless of age, income, or background, can learn, grow and thrive. Complete application for financial assistance with membership dues.

ValueOptions NorthSTAR

(888) 800-6799 | valueoptions.com

Program that provides an integrated system of care with mental health care and chemical dependency services

Veteran Services

1505 East McKinney Street Suite 151 Denton, TX 76209 | (940) 349-2950

400 North Valley Parkway Suite 1134 Lewisville, TX | (972) 434-8813

1029 West Rosemeade Parkway Carrollton, TX 75056 | (972) 434-8813

Offers vital assistance to Denton County Veterans and their dependents in filling VA benefit claims.

No money or financial assistance.

Private Psychiatrists

Dr. Wallace Townsend-Parchman

1306 North Locust Street – Suite 2
Denton, TX 76201 – (940) 243-9367
No insurance/No sliding scale/Private pay only
\$240/80 minutes
\$125/25 min. follow-up

Dr. Lisa Pierce, MD

800 Parker Square Rd Suite 275
Flower Mound, Texas 75028
(972) 221-7722

Dr. N.M. Vasavada

4100 Fairway Court – Building 200
Carrollton, TX 75010 – (972) 221-1741

Dr. Paul Hamilton, MD

7707 San Jacinto Place – Suite 300
Plano, TX – (214) 227-1300
Aetna, Cigna or Private Pay. No sliding scale.

Support Groups (Local)

Ability Connection Texas.....	214-351-2500
AIDS Services of Dallas.....	214-941-0523
Alcoholics Anonymous.....	817-332-3533
Deaf Action Center – Dallas.....	214-521-0407
Grief Shared.....	800-395-5755
Immaculate Conception Grief Support Group.....	940-391-2462
Multiple Sclerosis Society.....	713-526-8967
REACH.....	940-383-1062
Touched by Suicide.....	469-968-7161
Visiting Nurses Association.....	940-349-5900

Transportation

DCTA Connect (940) 243-0077

Logisticare Dallas (877) 564-5660

Medicaid Transportation I (877) 633-8747

Vision and Hearing

American Foundation for the Blind.....800-232-5463 | afb.org
American Speech, Language, Hearing Association.....800-638-8255 | asha.org
Better Hearing Institute.....202-975-0905 | betterhearing.org
Deaf Action Dallas.....214-521-0407 | dactexas.org
Eye Care America (National Eye Care Program).....aao.org/eyecare-america
New Eyes for the Needy.....973-376-4903 | new-eyes.org
Speech and Hearing Clinic TWU.....940-898-2285 | twu.edu
Speech and Hearing Center – UNT.....940-565-2262 | unt.edu
Starkey Hearing Foundation.....800-328-8602 | starkeyhearingfoundation.org
Vision USA.....800-365-2219

Volunteer Services

Boy Scouts of America – Longhorn Council.....817-231-8500
Girl Scouts of Northeast Texas.....972-349-2400
Keep Denton Beautiful.....940-349-8737
Keep Lewisville Beautiful.....972-538-5949
Volunteer Program of Denton ISD.....940-369-0000