

## Certified Community Behavioral Health Clinic (CCBHC) Needs Assessment 2023: Appendix

DENTON COUNTY MHMR CENTER

DENTON COUNTY, TEXAS

May 2023

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### Appendix A: Denton County Needs Assessment Questions

What is your Zip Code (if experiencing homelessness put 76201)? TEXT BOX

## What is your gender? □ Male □ Female □ Non-Binary □ Transgender □ Other What is your age? $\square$ Under 18 years old $\square$ 18-24 $\square$ 25-34 $\square$ 35-44 $\square$ 45-54 $\square$ 55-64 $\square$ 65 or older What is your race? □ American Indian □ Asian □ Black or African American □ Caucasian □ Hispanic or Latino □ Native Hawaiian or Pacific Islander □ Other What is your marital status? □ Single □ Married □ Widowed □ Divorced □ Separated What is your primary language? □ English □ Spanish □ Vietnamese □ Chinese □ German □ French □ Other What is your highest level of education? □ Some High School □ GED □ High School Diploma □ Vocational Training □ Some College □ Associate's Degree □ Bachelor's Degree □ Master's Degree □PhD What is your most reliable transportation? □ Own/Lease a Car □ Family or Friends □ Public Transportation □ Ride Share □ Community Organizations □ Other □ I do not have access to reliable transportation Did you serve in the U.S. Military? $\sqcap$ Yes $\sqcap$ No $\sqcap$ Prefer not to answer

*If you are a U.S. Military veteran, are you receiving benefits from the VA?*  $\square$  Yes  $\square$  No  $\square$  Prefer not to answer  $\square$  N/A

If you are a U.S. Military veteran, do you feel you are receiving adequate physical and mental health services?

 $\square$  Yes  $\square$  No  $\square$  Prefer not to answer  $\square$  N/A

#### How many children do you have?

□ 0 □ 1 □ 2 □ 3 □ 4 □ 5+

*If you have children, do you have any issues with childcare?* □ Yes □ No □ Prefer not to answer □ N/A

#### What is your employment status (select all that apply)?

□ Unemployed- Looking for work □ Unemployed- Not looking for work □ Disability □ Student □ Temporary Employment □ Part Time Employment □ Full Time Employment

If you are unemployed, please select the reason you are not working at this time (select all that apply):

<ul> <li>□ Lack of proper clothing □ Lack of skills/education □ Lack of transportation</li> <li>□ Lack of vital documents (state ID, social security card, birth certificate)</li> <li>□ Language barrier □ Layoff or Downsizing □ Mental health □ Substance use/ Addiction</li> <li>□ Physical health □ Domestic violence/ Sexual assault victim □ Criminal history □ Other</li> </ul>
Have you ever lost a job due to childcare?  □ Yes □ No □ Prefer not to answer □ N/A
Have you ever lost a job due to transportation issues?  □ Yes □ No □ Prefer not to answer
What is your household combined annual income?  □ No Income □ Less than \$20,000 □ \$20,000 to \$44,999 □ \$45,000 to \$139,999 □ \$140,000+
What is your housing status?  □ Own □ Rent □ Staying with Friends of Family □ Homeless of living at a shelter □ Hotel/Motel  □ Nursing Home or Long-Term Care □ Assisted Living □ Group Home □ Sober Living □ Other
Does your home need repair to be inhabitable? $\square$ Yes $\square$ No $\square$ Prefer not to answer $\square$ N/A
If you have a residence, how many people live in your home? $\Box$ 1 $\Box$ 2 $\Box$ 3 $\Box$ 4 $\Box$ 5 $\Box$ 6 $\Box$ 7 $\Box$ 8+
Do you have any issues paying your monthly bills?  □ Yes □ No □ Prefer not to answer □ N/A
If you do have issues paying monthly bills, what bills do you have issues paying each month (select all that apply)?  □ Mortgage or Rent □ Car or Transportation □ Food □ Gasoline □ Credit Cards □ Utilities □ Cable & Internet □ Phone □ Child Support □ Private or Payday Loans □ Student Loans □ Medical Bills □ Insurance (i.e. auto, medical, other) □ Other
Do you have health insurance for medical and/or mental health concerns?  □ Yes □ No □Insurance only provides medical and does not cover mental health  □ Prefer not to answer
If you do have insurance, who providers your health insurance? □ Self □ Employer □ Government □ Family Member □ Other
Do you receive mental health services and/or substance use services in Denton County, Texas?  □ Yes □ No □ Prefer not to answer
Do you receive physical health services in Denton County, Texas?  □ Yes □ No □ Prefer not to answer
Do you have a mental health diagnosis?  ☐ Yes ☐ No ☐ Prefer not to answer

 $\ \square$  Caregiver or Stay at Home Parent  $\ \square$  Lack of childcare  $\ \square$  Lack of permanent address

□ Yes □ No □ Prefer not to answer
Does anyone in your household have a mental health diagnosis? $\Box$ Yes $\Box$ No $\Box$ Prefer not to answer
Does anyone in your household have a substance use diagnosis? $\Box$ Yes $\Box$ No $\Box$ Prefer not to answer
Does anyone in your household have a physical health diagnosis? $\Box$ Yes $\Box$ No $\Box$ Prefer not to answer
Do you receive Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI)?  □ Yes □ No □ Prefer not to answer
In the past year, have you accessed a food pantry or food assistance program? $\Box$ Yes $\Box$ No $\Box$ Prefer not to answer
Do you have reliable access to a phone?  □ Yes □ No □ Prefer not to answer
Do you have reliable access to the internet?  ☐ Yes ☐ No ☐ Prefer not to answer
Do you feel that you benefit from health services provided by telehealth (i.e. video or phone)? $\square$ Yes $\square$ No $\square$ Prefer not to answer $\square$ N/A
What are your top health concerns in Denton County (select 3 answers)?  □ Mental Health Treatment □ Substance Use & Addiction Treatment □ Tobacco Use □ Physical Health Concerns □ Overweight & Obesity □ Crime & Violence □ Physical Activity & Nutrition □ HIV, Hepatitis, and Sexually Transmitted Diseases □ Teen Pregnancy □ Other
What are the primary needs of your household (select all that apply)?  □ Physical Health Care □ Pediatric Health Care (child) □ Prenatal Care □ Dental Services  □ Health Education & Prevention □ Nutrition & Exercise Programs □ Services for the Elderly  □ Services for those living with disabilities □ Crisis Services □ Substance Use Services & Addiction  □ Transportation □ Insurance & Funding □ Smoking Cessation □ Counseling □ Support Groups  □ Mental Health Services □ Prescription Assistance Programs
What are barriers to receiving mental health & substance use services in Denton County (select all that apply)?  □ Limited access or cannot get appointment □ Lack of evening or weekend hours  □ Lack of insurance or funding □ Inconsistent care/Different providers □ Distance from facility  □ Lack of childcare □ Lack of transportation to appointments □ Poor quality care  □ Lack of access to telehealth capabilities (i.e video or phone) □ Concerns about confidentiality

Do you have a substance use diagnosis?

□ Yes □ No □ Prefer not to answer

Do you have a physical health diagnosis?

□ Language barriers □ Unsure of the resources or providers □ Access to vital documents (i.e. social security card, birth certificate, state ID) □ Other
What are your top education needs in Denton County (select up to 3)?  □ More parental involvement in education □ Affordable education □ Affordable childcare □ More accessible counseling to prepare students for tech school or college □ More certificate of degree programs offered locally □ Affordable transportation □ Increasing community knowledge of available education resources □ Other
What are your top employment needs in Denton County (select up to 3)?  □ More job availability □ Increased pay and benefits □ More remote job options  □ More job trainings programs □ Affordable transportation □ Affordable childcare  □ Education and Support for Employment □ Improved workforce readiness  □ Increasing community knowledge of available employment resources  □ Increased adult care during work hours □ Other
What are your top housing needs in Denton County (select up to 3)?  □ Rental Assistance Programs □ Increased security/utility deposit programs  □ More financial counseling resources for homeowners □ Reduced energy cost  □ More grants that make home ownership and home rehab affordable  □ Programs that provide free home repair □ More income-based housing for disabilities & seniors  □ Community supports for homeless and homeless families □ Other
What are the top support services needs in Denton County (select up to 3)?  □ Child Support □ Legal Services □ Youth Services □ Meal Programs □ Transportation Services  □ Life Skills Programs & Services □ Disability Services □ In-Home Services □ Senior Centers  □ Elderly Services & Support □ Other
How would you rate your knowledge of Denton County MHMR Center services?  □ No Knowledge of MHMR Services □ Somewhat Knowledgeable □ Neutral □ Knowledgeable  □ Extremely Knowledgeable
I believe the following services are accessible in Denton County  Outpatient mental health services.  □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree
Substance use treatment and addiction services.  □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree
Crisis services (for mental health).  □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree
Housing resources and assistance.  □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree
<i>Inpatient psychiatric services.</i> □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree
Family support and education services.  □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree

Transportation services.

□ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree

Language assistance services.

□ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree

Is there anything we have not asked about that you feel is important?  $\ensuremath{\mathsf{TEXT}}\xspace$  BOX

## Appendix B: Denton County MHMR Center Individuals Served Specific Questions

Do you have a primary care provider (PCP) for your physical health needs?  $\Box$  Yes  $\Box$  No  $\Box$  Prefer not to answer

30. If you have a physical health provider, when was your most recent visit with your physical care provider (PCP)? □ With the last 6 months □ One year ago □ Two years ago □ Over three years ago How long have you received services at Denton County MHMR Center? □ Less than a year □ 1-4 years □ 5-9 years □ 10-14 years □ 15-19 years □ 20+ years How long does it take you to commute to an MHMR office? □ Less than 10 minutes □ 10-20 minutes □ 20-30 minutes □ 30-40 minutes □ 40+ minutes Would you refer a friend or family member to receive services at Denton County MHMR □ Yes □ No □ Prefer not to answer Please scale the following statements... I believe that language assistance services are accessible when at Denton County MHMR. □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree I think my cultural background is taken into consideration while receiving services at Denton County MHMR. □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree The process for completing an intake into Denton County MHMR services was easy. □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree *I feel heard while meeting with my prescriber.* □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree *I feel heard while meeting with my case manager.* □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree Denton County MHMR has services that meet my needs. □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree

## Appendix C: Denton County MHMR Staff Specific Questions

How long have you worked at Denton County MHMR Center?

Do you feel that your work is recognized by your direct management?

### $\square$ Less than a year $\square$ 1-4 years $\square$ 5-9 years $\square$ 10-14 years $\square$ 15-19 years $\square$ 20+ years What department do you currently work in? □ Adult Behavioral Health Services □ Child & Adolescent Behavioral Health Services □ Substance Use Services □ Crisis Services (MCOT, Psych Triage, CRU, Compass) □ Clinic Services (Providers, Nursing, Clinic Staff) □ IDD Provider Services □ Guardians □ Quality Management & Utilization Management □ IDD Direct Staff □ IDD Authority □ Special Projects (Housing Programs, Employment, LOSS Team, TCOOMMI, Grant Staff) □ Support Services (IT, Front Desk, Fiscal, Maintenance, Contracts) □ Management & Executive Management How many positions have you held during your employment at Denton County MHMR Center? □1□2□3□4□5+ Have you ever left your employment at Denton County MHMR Center and then chose to □ Yes □ No □ Prefer not to answer How long does it take you to commute to the office? □ Less than 10 minutes □ 10-20 minutes □ 20-30 minutes □ 30-40 minutes □ 40-50 minutes □ 50+ minutes Would you refer a friend or family member to work at Denton County MHMR Center? □ Yes □ No □ Prefer not to answer Please scale the following questions... Do you believe staff shortages are impacting Denton County MHMR services? □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree Do you believe staff shortages are impacting your desire to remain employed at Denton County MHMR? □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree Do you believe your direct management (program manager and/or director) supports you? □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree Do you believe the Executive Management Team supports you? □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree Do you feel comfortable discussing concerns with your direct supervisor? □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree Do you feel that Human Resources trainings and on-the-job training prepared you to complete your job tasks? □ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree

□ Strongly Disagree □ Disagree □ Neutral □ Agree □ Strongly Agree

Describe how staff shortages has impacted Denton County MHMR services, clients, and your employment...

TEXT BOX

What would you recommend to improve staff retention? TEXT BOX

What would you recommend to improve teamwork? TEXT BOX

What would you recommend to improve client care? TEXT BOX

What would you recommend to improve communication within the organization? TEXT BOX

What would you recommend to improve training? TEXT BOX

What would you recommend to improve support from management? TEXT BOX

What are the reasons that you have remained working for Denton County MHMR Center?

- □ Team Environment □ Potential for Career Advancement □ Flexible Schedule □ Benefits
- □ Compensation □ Executive Leadership is Supportive □ Direct Management is Supportive
- □ Professional Development Opportunities □ Other

What motivates you to perform your job and work with our clients? TEXT BOX

# Appendix D: Denton County MHMR Community Partner Specific Questions

What is your office Zip Code? TEXT BOX

Is your organization a non-profit?

□ Yes □ No □ Prefer not to answer

Please briefly describe your current position in your agency... TEXT BOX

What feedback do you have about Denton County MHMR services? TEXT BOX

What ideas do you have on how Denton County MHMR can better serve our individuals and the community? TEXT BOX

If needed, would you refer a family or friend to Denton County MHMR services? 

☐ Yes ☐ No ☐ Prefer not to answer

If NO, please consider leaving a comment below about the reason you would not refer a family member or friend.

TEXT BOX