

The COMPASS Program aims to identify and support individuals experiencing initial episodes of psychosis through comprehensive life skills training, mental health symptom management, and supportive educational and employment services.

2509 Scripture Street, Suite 103
Denton, TX 76205

Business Hours 8AM - 5PM
940-208-7714 or 940-381-5000
After Hours (Crisis Line) 800-762-0157



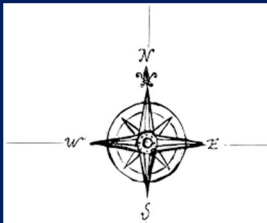
Denton County
MHMR Center



COMPASS

Collective
Opportunities to
Manage
Psychosis by
Adapting,
Sustaining, &
Succeeding

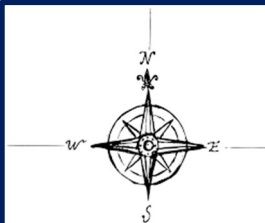
A First Episode Psychosis
Program Offered Through
Denton County MHMR



Why Provide a Referral?

The COMPASS Program was created based off the evidence of the Recovery After an Initial Schizophrenic Episode Implementation and Evaluation Study (RAISE-IES) that was funded by NIMH. This research suggests the following finding:

- The sooner treatment is initiated after a first episode of psychosis, the more likely the person will experience recovery
- Overall improvement in symptoms and functionality
- Cost-effective treatment
- Reduction in hospitalization episodes and length
- Improved provider and client relationship and engagement
- Improved understanding of diagnosis and management for clients and support systems



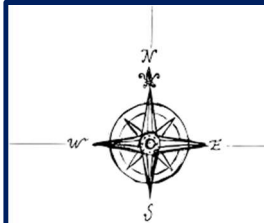
Who should you refer?

Consumers should fit the following criteria:

- Ages 15 to 30 years old
- Resident of Denton County
- Those experiencing psychotic symptoms with any diagnoses initial onset in the past 2 years
- Clients who would benefit from skills training, medication management, employment/education guidance, and counseling

Who is not eligible?

- Those experiencing psychosis due to substance use or withdrawal
- Those suffering from a traumatic brain injury



What services are provided?

- Individualized Weekly Meetings Specializing in:
 - Life Skills Training
 - Employment and/or education
 - Individual Counseling
 - Chemical Dependency Counseling
 - Peer Support Services
 - Family Partner Services
- Access to a psychiatrist and medication management
- Access to all other MHMR services

How to refer a client:

Please contact the COMPASS Program Manager directly via phone or email to start the referral process:
940-208-7714 or 940-381-5000
FEP@dentonmhm.org